



# Elementary Hot Lunch September 2023

Slogan Winner: "School Lunch radiates positivity"  
- Emily R. Nazareth Academy, grade 7

Nutritional Development Services-Archdiocese of Philadelphia  
222 N 17th St, Philadelphia, PA 19103  
215-895-3470, option 1

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.



NDSSchoolLunchProgram



SchoolMealsNDS



SchoolMealsNDS

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>4</b></p>  <p>September is National Food Safety Month!</p> 	<p><b>5</b></p> <p>215 Taco Stick OR 221 Two Cheese Chicken Quesadilla OR 236 Turkey &amp; Two Cheese Wedge 620 Salsa 633 Sunset Sip Vegetable Juice 644 Dole Pear Cup 941 Tostito Scoops</p>	<p><b>6</b></p> <p>284 Chicken Alfredo with Penne Pasta &amp; Broccoli OR 288 Mac &amp; Cheese with Broccoli ✓ 631 Cherry Star Vegetable Juice 656 Craisins 909 Dinner Rolls</p>	<p><b>7</b></p> <p>268 French Bread Pizza ✓ OR 264 4x6 Cheese Pizza ✓ OR 242 Chicken, Turkey Ham &amp; Cheese Wedge 630 Dragon Punch Vegetable Juice 686 Rosati Water Ice Football Freeze Cherry</p> 	<p><b>8</b></p> <p>200 Hamburger <i>NEW</i>, OR 201 Cheeseburger <i>NEW</i> OR 227 Turkey Ham, Turkey Pepperoni &amp; Cheese Sub 611 Bagged Baby Carrots 541 Chocolate Brownie Hummus 670 Fresh Fruit</p>
<p><b>11</b></p> <p>279 Chicken Mole with Rice &amp; Peas OR 295 Meatloaf with Gravy &amp; Mashed Potatoes 633 Sunset Sip Vegetable Juice 684 Mixed Berry Applesauce 901 Honey Biscuit</p>	<p><b>12</b></p> <p>225 Ciabatta Cheese Melt ✓ OR 217 Spicy Grilled Cheese <i>NEW</i>, ✓ OR 404 Italian Combo Wrap 622 Marinara Sauce 630 Dragon Punch Vegetable Juice 670 Fresh Fruit</p>	<p><b>13</b></p> <p>282 BBQ Popcorn Chicken with Sweet Mashed Potatoes OR 281 Popcorn Chicken with Roasted Potatoes 621 Celery 752 Fruit Punch Juice 909 Dinner Roll</p>	<p><b>14</b></p> <p>200 Hamburger OR 235 Waffle with Cheese Sandwich <i>NEW</i>, ✓ 704 Baked Beans 648 Strawberry Gello Bowl</p> 	<p><b>15</b></p> <p>255 Pizza Boli <i>NEW</i>, ✓ OR 270 Pepperoni Calzone <i>NEW</i>, OR 228 Turkey Ham &amp; Cheese Sub 708 Romaine Salad with Spinach &amp; Chickpeas 670 Fresh Fruit</p>
<p><b>18</b></p> <p>226 Philly Steak &amp; Cheese Pinwheel OR 218 Turkey Pepperoni Pinwheel OR 236 Turkey &amp; Two Cheese Wedge 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 749 Apple Cherry Juice</p>	<p><b>19</b></p> <p>273 Swedish Meatballs with Noodles &amp; Broccoli OR 288 Mac &amp; Cheese with Broccoli ✓ 630 Dragon Punch Vegetable Juice 609 Dole Mixed Fruit Cup 909 Dinner Roll</p>	<p><b>20</b></p> <p>283 Chicken Tenders with Corn OR 284 Chicken Alfredo with Penne Pasta &amp; Broccoli 631 Cherry Star Vegetable Juice 670 Fresh Fruit 990 Chocolate Chip Cookie</p>	<p><b>21</b></p> <p>268 French Bread Pizza ✓ OR 263 5"Round Cheese Pizza ✓ OR 242 Chicken, Turkey Ham &amp; Cheese Wedge 708 Romaine Salad with Spinach &amp; Chickpeas 752 Fruit Punch Juice</p>	<p><b>22</b></p> <p>215 Taco Stick OR 219 Turkey Pepperoni Pinwheel OR 227 Turkey Ham, Turkey Pepperoni &amp; Cheese Sub 620 Salsa 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 941 Tostito Scoops</p>
<p><b>25</b></p> <p>280 Hamburger with Green Beans OR 295 Meatloaf with Gravy &amp; Mashed Potatoes 630 Dragon Punch Vegetable Juice 658 Cherry Craisins 915 Hamburger Bun</p>	<p><b>26</b></p> <p>286 Penne Pasta with Meat Sauce &amp; Italian Vegetable Blend OR 282 BBQ Popcorn Chicken with Sweet Mashed Potatoes 632 Wango Mango Vegetable Juice 648 Strawberry Gello Cup 901 Honey Biscuit</p>	<p><b>27</b></p> <p>225 Ciabatta Cheese Melt ✓ OR 235 Waffle with Cheese Sandwich <i>NEW</i>, ✓ OR 404 Italian Combo Wrap 622 Marinara Sauce 546 Cheesy Pizza Hummus 670 Fresh Fruit 932 Cinnamon Scooby Snacks</p>	<p><b>28</b></p> <p>281 Popcorn Chicken with Roasted Potatoes OR 272 Buffalo Chicken Calzone <i>NEW</i> 611 Bagged Baby Carrots 631 Cherry Star Vegetable Juice 749 Apple Cherry Juice 992 Oatmeal Cookie</p>	<p><b>29</b></p> <p>255 Pizza Boli <i>NEW</i>, ✓ OR 268 French Bread Pizza ✓ OR 228 Turkey Ham &amp; Cheese Sub 708 Romaine Salad with Spinach &amp; Chickpeas 670 Fresh Fruit</p>

**MENU IS SUBJECT TO CHANGE**

*NEW*, = New Item    ✓ = Vegetarian

**PLEASE READ CAREFULLY** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

