



# Elementary Cold Lunch September 2023

Slogan Winner: "School Lunch radiates positivity"  
- Emily R. Nazareth Academy, grade 7

Nutritional Development Services-Archdiocese of Philadelphia  
222 N 17th St, Philadelphia, PA 19103  
215-895-3470, option 1



NDSSchoolLunchProgram



SchoolMealsNDS



SchoolMealsNDS

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>4</b></p>  <p>September is National Food Safety Month!</p> 	<p><b>5</b></p> <p>227 Turkey Ham, Turkey Pepperoni &amp; Cheese Sub</p> <p>620 Salsa 631 Cherry Star Vegetable Juice 749 Apple Cherry Juice 941 Tostito Scoops</p>	<p><b>6</b></p> <p>404 Italian Combo Wrap</p> <p>611 Bagged Baby Carrots 541 Chocolate Brownie Hummus 752 Fruit Punch Juice 928 Goldfish Pretzels</p>	<p><b>7</b></p> <p>228 Turkey Ham &amp; Cheese Sub</p> <p>706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit</p> 	<p><b>8</b></p> <p>236 Turkey &amp; Two Cheese Wedge Sandwich</p> <p>630 Dragon Punch Vegetable Juice 546 Cheesy Pizza Hummus 657 Strawberry Craisins 942 Sunchips</p>
<p><b>11</b></p> <p>227 Turkey Ham, Turkey Pepperoni &amp; Cheese Sub</p> <p>633 Sunset Sip Vegetable Juice 602 Dutch Potato Salad 684 Mixed Berry Applesauce</p>	<p><b>12</b></p> <p>228 Turkey Ham &amp; Cheese Sub</p> <p>620 Salsa 630 Dragon Punch Vegetable Juice 658 Cherry Craisins 941 Tostito Scoops</p>	<p><b>13</b></p> <p>240 Turkey Bologna &amp; Cheese Sub</p> <p>621 Celery 542 Harvest Pumpkin Hummus 749 Apple Cherry Juice 932 Cinnamon Scooby Snacks</p>	<p><b>14</b></p> <p>238 Chicken, Turkey Pepperoni &amp; Cheese on a Croissant</p> <p>611 Bagged Babe Carrots 631 Cherry Star Vegetable Juice 609 Dole Mixed Fruit Cup</p> 	<p><b>15</b></p> <p>242 Chicken, Turkey Ham &amp; Two Cheese Wedge Sandwich</p> <p>708 Romaine Salad with Spinach &amp; Chickpeas 670 Fresh Fruit</p>
<p><b>18</b></p> <p>229 Turkey Ham &amp; Cheese on a Croissant</p> <p>631 Cherry Star Vegetable Juice 620 Salsa 649 Dole Orange Gello Bowl 941 Tostito Scoops</p>	<p><b>19</b></p> <p>228 Turkey Ham &amp; Cheese Sub</p> <p>632 Wango Mango Vegetable Juice 611 Bagged Baby Carrots 670 Fresh Fruit</p>	<p><b>20</b></p> <p>274 Toasted Cheese Sandwich</p> <p>633 Sunset Sip Vegetable Juice 546 Cheesy Pizza Hummus 684 Mixed Berry Applesauce 942 Sunchips</p>	<p><b>21</b></p> <p>242 Chicken, Turkey Ham &amp; Cheese Wedge</p> <p>706 Romaine Salad with Cherry Tomatoes 750 Apple Juice 990 Chocolate Chip Cookie</p>	<p><b>22</b></p> <p>404 Italian Combo</p> <p>602 Dutch Potato Salad 545 Cranberry Orange Hummus 670 Fresh Fruit 932 Cinnamon Scooby Snacks</p>
<p><b>25</b></p> <p>236 Turkey &amp; Two Cheese Wedge</p> <p>630 Dragon Punch Vegetable Juice 601 Home-style Potato Salad 684 Mixed Berry Applesauce 928 Goldfish Pretzels</p>	<p><b>26</b></p> <p>227 Turkey Ham, Turkey Pepperoni &amp; Cheese Sub</p> <p>632 Wango Mango Vegetable Juice 621 Celery 670 Fresh Fruit 992 Oatmeal Cookie</p>	<p><b>27</b></p> <p>238 Chicken, Turkey Pepperoni &amp; Cheese Croissant</p> <p>611 Bagged Baby Carrots 541 Chocolate Brownie Hummus 670 Fresh Fruit 935 All Spots Grahams</p>	<p><b>28</b></p> <p>228 Turkey Ham &amp; Cheese Sub</p> <p>620 Salsa 631 Cherry Star Vegetable Juice 753 Orange Juice 941 Tostito Scoops</p>	<p><b>29</b></p> <p>242 Chicken, Turkey Ham &amp; Two Cheese Wedge Sandwich</p> <p>708 Romaine Salad with Spinach &amp; Chickpeas 645 Dole Pineapple Cup</p>

**MENU IS SUBJECT TO CHANGE**

**PLEASE READ CAREFULLY** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

