



Elementary Breakfast September 2023

Nutritional Development Services-Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1



NDSSchoolLunchProgram



SchoolMealsNDS



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Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>4</p>  <p>September is National Food Safety Month!</p>  <p>329 Honey Nut Cheerios OR 366 Blueberry Bagel 750 Apple Juice 670 Fresh Fruit</p> <p>Pre-K: Pillsbury Maple Madness Mini Waffles Weekly Alternate: 386 Frosted Flakes Breakfast Kit</p> | <p>5</p> <p>324 Cocoa Puffs Cereal OR 336 Apple Churro 658 Cherry Craisins 749 Apple Cherry Juice</p> <p>Pre-K: 339 Orange Cranberry Muffin Weekly Alternate: 390 Chocolate Chip Muffin Breakfast Kit</p> | <p>6</p> <p>327 Pillsbury Maple Mini Waffles OR 133 Strawberry Banana Yogurt & 921 Granola 750 Apple Juice 690 Apple Crisps</p> <p>Pre-K: 343 Rice Chex Cereal</p> | <p>7</p> <p>350 Peach Cheerios Cereal Bar OR 338 French Toast (HOT) 752 Fruit Punch Juice 670 Fresh Fruit</p> <p>Pre-K: 369 Pillsbury Berry Blast Mini French Toast</p> | <p>8</p> <p>321 Banana Muffin OR 367 Cinnamon Raisin Bagel 753 Orange Juice 670 Fresh Fruit</p> <p>Pre-K: 330 Blueberry Muffin</p> |
| <p>11</p> <p>329 Honey Nut Cheerios OR 366 Blueberry Bagel 750 Apple Juice 670 Fresh Fruit</p> <p>Pre-K: Pillsbury Maple Madness Mini Waffles Weekly Alternate: 386 Frosted Flakes Breakfast Kit</p> | <p>12</p> <p>328 Chocolate Chip Muffin OR 262 Turkey Sausage Breakfast Pizza (HOT) 748 Grape Juice 644 Dole Pear Cup</p> <p>Pre-K: 332 Apple Cinnamon Muffin</p> | <p>13</p> <p>344 Cinnamon Toast Crunch Cereal OR 315 Apple Cinnamon Toast (HOT) 752 Fruit Punch Juice 659 Watermelon Craisins</p> <p>Pre-K: 340 Honey Cheerios Cereal</p> | <p>14</p> <p>369 Pillsbury Berry Blast Mini French Toast OR 134 Cherry Vanilla Yogurt & 922 Cinnamon Granola 753 Orange Juice 670 Fresh Fruit</p> <p>Pre-K: 331 Corn Muffin</p> | <p>15</p> <p>320 Corn Muffin OR 302 Egg & Cheese Turkey Sausage Wrap (HOT) 749 Apple Cherry Juice 691 Strawberry Apple Crisps</p> <p>Pre-K: 346 Cinnamon Toast Crunch Cereal</p> |
| <p>18</p> <p>308 Strawberry Mini Bagel OR 338 French Toast (HOT) 752 Fruit Punch Juice 657 Strawberry Craisins</p> <p>Pre-K: 345 Honey Scooters Cereal Weekly Alternate: 391 Blueberry Muffin Kit</p> | <p>19</p> <p>322 Blueberry Muffin OR 136 Vanilla Yogurt & 921 Granola 753 Orange Juice 670 Fresh Fruit</p> <p>Pre-K: 335 Banana Muffin</p> | <p>20</p> <p>325 Cinnamon Chex Cup OR 306 Apple Baked Frudel (HOT) 750 Apple Juice 646 Dole Peach Cup</p> <p>Pre-K: 344 Blueberry Chex Cereal</p> | <p>21</p> <p>323 Apple Cinnamon Muffin OR 368 Plain Bagel 749 Apple Cherry Juice 690 Apple Crisps</p> <p>Pre-K: 339 Orange Cranberry Muffin</p> | <p>22</p> <p>350 Peach Cheerios Bar OR 351 Cinnamon Toast Crunch Bar 748 Grape Juice 670 Fresh Fruit</p> <p>Pre-K: 369 Pillsbury Berry Blast Mini French Toast</p> |
| <p>25</p> <p>328 Chocolate Chip Muffin OR 337 Raspberry Churro 750 Apple Juice 691 Strawberry Apple Crisps</p> <p>Pre-K: 344 Blueberry Chex Cereal Weekly Alternate: 385 Trix Breakfast Kit</p> | <p>26</p> <p>333 Blueberry Chex Cup OR 315 Apple Cinnamon Toast (HOT) 749 Apple Cherry Juice 684 Mixed Berry Applesauce</p> <p>Pre-K: 340 Honey Cheerios</p> | <p>27</p> <p>327 Pillsbury Maple Mini Waffles OR 262 Turkey Sausage Breakfast Pizza (HOT) 752 Fruit Punch Juice 670 Fresh Fruit</p> <p>Pre-K: 327 Pillsbury Maple Mini Waffles</p> | <p>28</p> <p>329 Honey Nut Cheerios OR 302 Egg & Cheese Turkey Sausage Breakfast Wrap (HOT) 749 Grape Juice 658 Cherry Craisins</p> <p>Pre-K: 343 Rice Chex</p> | <p>29</p> <p>319 Orange Cranberry Muffin OR 137 Peach Yogurt & 922 Cinnamon Granola 753 Orange Juice 670 Fresh Fruit</p> <p>Pre-K: 331 Corn Muffin</p> |

MENU IS SUBJECT TO CHANGE

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

