

High School Breakfast

October 2023



Nutritional Development Services—Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1

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Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free

Weekly Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
382 Cinnamon Toast Crunch Cereal Bar Breakfast Kit OR 319 Orange Cranberry Muffin	334 Cinnamon Toast Crunch Cereal OR 315 Apple Cinnamon Toast HOT 670- Fresh Fruit 684 Mixed Berry Applesauce	323 Apple Cinnamon Muffin OR 359 Honey Scooters 644 Dole Pear Cup 670 Fresh Fruit	308 Strawberry Mini Bagel OR 262 Turkey Sausage Breakfast Pizza HOT 670 Fresh Fruit 445 Mott's Fruit Punch Juice	325 Cinnamon Chex Cereal Cup OR 133 Strawberry Banana Yogurt & 922 Cinnamon Granola 697 Bagged Sliced Apples 670 Fresh Fruit	328 Chocolate Chip Muffin OR 302 Egg, Cheese & Turkey Sausage Breakfast Wrap HOT 670 Fresh Fruit 446 Mott's Apple Juice
	9	10	11	12	13
387 Fruit Loops Breakfast Kit OR 334 Cinnamon Toast Crunch Cereal	319 Orange Cranberry Muffin OR 350 Peach Cheerios Bar 691 Strawberry Apple Crisps 670 Fresh Fruit	359 Honey Scooters OR 306 Apple Baked Frudel HOT 670 Fresh Fruit 445 Mott's Fruit Punch Juice	369 Pillsbury Berry Blast Mini French Toast OR 336 Apple Churro 659 Watermelon Craisins 446 Mott's Apple Juice	366 Blueberry Bagel OR 338 French Toast HOT 644 Dole Pear Cup 670 Fresh Fruit	321 Banana Muffin OR 367 Cinnamon Raisin Bagel 670 Fresh Fruit 684 Mixed Berry Applesauce
	16	17	18	19	20
390 Chocolate Chip Breakfast Kit OR 329 Honey Nut Cheerios	319 Orange Cranberry Muffin OR 338 French Toast Sticks HOT 670 Fresh Fruit 608 Dole Tropical Fruit Cup	324 Cocoa Puffs Cereal OR 336 Apple Churro 445 Mott's Fruit Punch Juice 658 Cherry Craisins	327 Pillsbury Maple Mini Waffles OR 133 Strawberry Banana Yogurt & 921 Granola 446 Mott's Apple Juice 690 Apple Crisps	350 Peach Cheerios Cereal Bar OR 302 Egg, Cheese & Turkey Sausage Breakfast Wrap HOT 445 Mott's Fruit Punch Juice 670 Fresh Fruit	321 Banana Muffin OR 367 Cinnamon Raisin Bagel 684 Mixed Berry Applesauce 670 Fresh Fruit
	23	24	25	26	27
386 Frosted Flakes Breakfast Kit OR 323 Apple Cinnamon Muffin	329 Honey Nut Cheerios OR 366 Blueberry Bagel 445 Mott's Fruit Punch Juice 670 Fresh Fruit	328 Chocolate Chip Muffin OR 262 Turkey Sausage Breakfast Pizza HOT 670 Fresh Fruit 644 Dole Pear Cup	334 Cinnamon Toast Crunch Cereal OR 315 Apple Cinnamon Toast HOT 684 Mixed Berry Applesauce 659 Watermelon Craisins	369 Berry Blast Mini French Toast OR 361 Strawberry Pop-Tarts NEW 445 Mott's Fruit Punch Juice 670 Fresh Fruit	320 Corn Muffin OR 239 Chicken Sausage & Cheese Waffle Sandwich HOT 446 Mott's Apple Juice 691 Strawberry Apple Crisps

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.