## Elementary Breakfast October 2023



Nutritional Development Services-Archdiocese of Philadelphia 215-895-3470, option 1

f NDSSchoolLunchProgram O SchoolMegisNDS SchoolMegisNDS

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free

Weekly Alternate	Monday	Tuesday	Wednesday	Thursday	Friday
382 Cinnamon Toast Crunch Cereal Bar Breakfast Kit	2 334 Cinnamon Toast Crunch Cereal OR 315 Apple Cinnamon Toast HOT 670 Fresh Fruit 752 Fruit Punch Juice Pre-K: 335 Banana Muffin	3 323 Apple Cinnamon Muffin OR 359 Honey Scooters 644 Dole Pear Cup 690 Apple Crisps Pre-K: 327 Pillsbury Maple Mini Waffles	4 308 Strawberry Mini Bagel OR 262 Turkey Sausage Breakfast Pizza <i>HOT</i> 670 Fresh Fruit 656 Craisins Pre-K: 346 Cinnamon Toast Crunch	5 325 Cinnamon Chex Cereal Cup OR 360 Cinnamon Pop-Tarts NEW 697 Bagged Sliced Apples 753 Orange Juice Pre-K: 332 Apple Cinnamon Muffin	6 328 Chocolate Chip Muffin OR 302 Egg, Cheese & Turkey Sausage Breakfast Wrap HOT 670 Fresh Fruit 749 Apple Cherry Juice Pre-K: 349 Corn Chex Cereal
387 Fruit Loops Breakfast Kit	9 319 Orange Cranberry Muffin OR 350 Peach Cheerios Bar 691 Strawberry Apple Crisps 748 Grape Juice Pre-K: 345 Honey Scooters Cereal	10 359 Honey Scooters OR 306 Apple Baked Frudel HOT 670 Fresh Fruit 749 Apple Cherry Juice Pre-K: 339 Cranberry Orange Muffin	11 369 Pillsbury Berry Blast Mini French Toast OR 336 Apple Churro 659 Watermelon Craisins 670 Fresh Fruit Pre-K: 347 Cinnamon Chex Cereal	12 366 Blueberry Bagel OR 239 Chicken Sausage & Cheese Waffle Sandwich NEW,HOT 644 Dole Pear Cup 750 Apple Juice Pre-K: 343 Rice Chex	13 321 Banana Muffin OR 367 Cinnamon Raisin Bagel 670 Fresh Fruit 684 Mixed Berry Applesauce Pre-K: 330 Blueberry Muffin
390 Chocolate Chip Breakfast Kit	16 319 Orange Cranberry Muffin OR 338 French Toast HOT 749 Grape Juice 608 Dole Tropical Fruit Cup Pre-K: 369 Pillsbury Berry Blast Mini French Toast	17 324 Cocoa Puffs Cereal OR 336 Apple Churro 749 Apple Cherry Juice 658 Cherry Craisins Pre-K: 367 Cinnamon Raisin Bagel	18 327 Pillsbury Maple Mini Waffles OR 133 Strawberry Banana Yogurt & 921 Granola 750 Apple Juice 690 Apple Crisps Pre-K: 340 Honey Cheerios	19 350 Peach Cheerios Cereal Bar OR 302 Egg, Cheese & Turkey Sausage Wrap HOT 752 Fruit Punch Juice 670 Fresh Fruit Pre-K: 331 Corn Muffin	20 321 Banana Muffin OR 367 Cinnamon Raisin Bagel 753 Orange Juice 670 Fresh Fruit Pre-K: 349 Corn Chex Cereal
386 Frosted Flakes Breakfast Kit	23 329 Honey Nut Cheerios OR 366 Blueberry Bagel 750 Apple Juice 670 Fresh Fruit Pre-K: 335 Banana Muffin	24 328 Chocolate Chip Muffin OR 262 Turkey Sausage Breakfast Pizza HOT 748 Grape Juice 644 Dole Pear Cup Pre-K: 346 Cinnamon Toast Crunch Cereal	25 334 Cinnamon Toast Crunch Cereal OR 315 Apple Cinnamon Toast HOT 752 Fruit Punch Juice 659 Watermelon Craisins Pre-K: 347 Cinnamon Chex Cereal	26 369 Pillsbury Berry Blast Mini French Toast OR 361 Strawberry Pop-Tarts NEW 753 Orange Juice 670 Fresh Fruit Pre-K: 330 Blueberry Muffin	27 320 Corn Muffin OR 239 Chicken Sausage & Cheese Waffle Sandwich NEW, HOT 749 Apple Cherry Juice 691 Strawberry Apple Crisps Pre-K: 345 Honey Scooters Cereal

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.