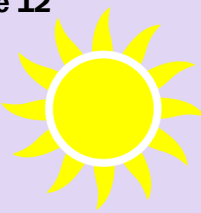





# Summer 2023- Breakfast Menu




Monday	Tuesday	Wednesday	Thursday	Friday
<b>June 12</b> 	<b>June 13</b> 	<b>June 14</b> <b>386 Frosted Flakes Breakfast Kit</b> Frosted Flakes Cereal Cheez-Its 100% Apple Juice Strawberry Applesauce Milk Variety	<b>June 15</b> <b>384 Cinnamon Toast Crunch Cereal Breakfast Kit</b> Cinnamon Toast Crunch Cereal Mini Cinnamon Grahams 100% Fruit Juice Strawberry Applesauce Milk Variety	<b>June 16</b> <b>385 Trix Breakfast Kit with</b> Trix Cereal Mini Cinnamon Grahams 100% Fruit Juice Unsweetened Applesauce Milk Variety
<b>June 19</b> 	<b>June 20</b> <b>382 Cinnamon Toast Crunch Cereal Bar Breakfast Kit</b> Cinnamon Toast Crunch Cereal Bar Animal Crackers 100% Fruit Juice Strawberry Applesauce Milk Variety	<b>June 21</b> <b>385 Trix Breakfast Kit</b> Trix Cereal Mini Cinnamon Grahams 100% Fruit Juice Unsweetened Applesauce Milk Variety	<b>June 22</b> <b>383 Cheerios Cereal Bar Breakfast Kit</b> Cheerios Cereal Bar Mini Cinnamon Grahams 100% Apple Juice Unsweetened Applesauce Milk Variety	<b>June 23</b> <b>386 Frosted Flakes Breakfast Kit</b> Frosted Flakes Cereal Cheez-Its 100% Apple Juice Strawberry Applesauce Milk Variety
<b>June 26</b> <b>384 Cinnamon Toast Crunch Breakfast Kit</b> Cinnamon Toast Crunch Cereal Mini Cinnamon Grahams 100% Fruit Juice Strawberry Applesauce Milk Variety	<b>June 27</b> <b>386 Frosted Flakes Breakfast Kit</b> Frosted Flakes Cereal Cheez-Its 100% Apple Juice Strawberry Applesauce Milk Variety	<b>June 28</b> <b>383 Cheerios Cereal Bar Breakfast Kit</b> Cheerios Cereal Bar Mini Cinnamon Grahams 100% Apple Juice Unsweetened Applesauce Milk Variety	<b>June 29</b> <b>387 Froot Loop Breakfast Kit</b> Froot Loops Cereal Animal Crackers 100% Fruit Juice Unsweetened Applesauce Milk Variety	<b>June 30</b> <b>385 Trix Breakfast Kit</b> Trix Cereal Mini Cinnamon Grahams 100% Fruit Juice Unsweetened Applesauce Milk Variety
<b>July 3</b> <b>382 Cinnamon Toast Crunch Cereal Bar Breakfast Kit</b> Cinnamon Toast Crunch Cereal Bar Animal Crackers 100% Fruit Juice Strawberry Applesauce Milk Variety	<b>July 4</b> <b>Happy 4th of July</b> 	<b>July 5</b> <b>390 Chocolate Chip Muffin Breakfast Kit</b> Chocolate Chip Muffin Animal Crackers 100% Apple Juice Raspberry Lemonade Craisins Milk Variety	<b>July 6</b> <b>383 Cheerios Cereal Bar Breakfast Kit</b> Cheerios Cereal Bar Mini Cinnamon Grahams 100% Apple Juice Unsweetened Applesauce Milk Variety	<b>July 7</b> <b>384 Cinnamon Toast Crunch Breakfast Kit</b> Cinnamon Toast Crunch Cereal Mini Cinnamon Grahams 100% Fruit Juice Strawberry Applesauce Milk Variety
<b>July 10</b> <b>387 Froot Loop Breakfast Kit</b> Froot Loops Cereal Animal Crackers 100% Fruit Juice Unsweetened Applesauce Milk Variety	<b>July 11</b> <b>382 Cinnamon Toast Crunch Cereal Bar Breakfast Kit</b> Cinnamon Toast Crunch Cereal Bar Animal Crackers 100% Fruit Juice Strawberry Applesauce Milk Variety	<b>July 12</b> <b>391 Blueberry Muffin Breakfast Kit</b> Blueberry Muffin Strawberry Bites 100% Fruit Juice Raspberry Lemonade Craisins Milk Variety	<b>July 13</b> <b>382 Cheerios Cereal Bar Breakfast Kit</b> Cheerios Cereal Bar Mini Cinnamon Grahams 100% Apple Juice Unsweetened Applesauce Milk Variety	<b>July 14</b> <b>386 Frosted Flakes Breakfast Kit</b> Frosted Flakes Cereal Cheez-Its 100% Apple Juice Strawberry Applesauce Milk Variety

## Nutritional Development Services

Menu is subject to change, a variety of low fat and skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich., all items are pork-free.

**Archdiocese of Philadelphia**  
**222 N. 17th Street**  
**Philadelphia, PA 19103**  
**215-895-3470**

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[www.nutritionaldevelopmentservices.org](http://www.nutritionaldevelopmentservices.org)

## PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's summer program shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information

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# Summer 2023- Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>July 17</b> <b>384 Cinnamon Toast Crunch Breakfast Kit</b> Cinnamon Toast Crunch Cereal Mini Cinnamon Grahams 100% Fruit Juice Strawberry Applesauce	<b>July 18</b> <b>386 Frosted Flakes Breakfast Kit</b> Frosted Flakes Cereal Cheez-Its 100% Apple Juice Strawberry Applesauce Milk Variety	<b>July 19</b> <b>390 Chocolate Chip Muffin Breakfast Kit</b> Chocolate Chip Muffin Animal Crackers 100% Apple Juice Raspberry Lemonade Craisins	<b>July 20</b> <b>387 Froot Loop Breakfast Kit</b> Froot Loops Cereal Animal Crackers 100% Fruit Juice Unsweetened Applesauce Milk Variety	<b>July 21</b> <b>385 Trix Breakfast Kit</b> Trix Cereal Mini Cinnamon Grahams 100% Fruit Juice Unsweetened Applesauce Milk Variety
<b>July 24</b> <b>382 Cinnamon Toast Crunch Cereal Bar Breakfast Kit</b> Cinnamon Toast Crunch Cereal Bar Animal Crackers 100% Fruit Juice Strawberry Applesauce	<b>July 25</b> <b>387 Froot Loops Breakfast Kit</b> Froot Loops Cereal Animal Crackers 100% Fruit Juice Unsweetened Applesauce Milk Variety	<b>July 26</b> <b>391 Blueberry Muffin Breakfast Kit</b> Blueberry Muffin Strawberry Bites 100% Fruit Juice Raspberry Lemonade Craisins Milk Variety	<b>July 27</b> <b>383 Cheerios Cereal Bar Breakfast Kit</b> Cheerios Cereal Bar Mini Cinnamon Grahams 100% Apple Juice Unsweetened Applesauce Milk Variety	<b>July 28</b> <b>384 Cinnamon Toast Crunch Breakfast Kit</b> Cinnamon Toast Crunch Cereal Mini Cinnamon Grahams 100% Fruit Juice Strawberry Applesauce
<b>July 31</b> <b>387 Froot Loop Breakfast Kit</b> Froot Loops Cereal Animal Crackers 100% Fruit Juice Unsweetened Applesauce Milk Variety	<b>August 1</b> <b>382 Cinnamon Toast Crunch Cereal Bar Breakfast Kit</b> Cinnamon Toast Crunch Cereal Bar Animal Crackers 100% Fruit Juice Strawberry Applesauce	<b>August 2</b> <b>390 Chocolate Chip Muffin Breakfast Kit</b> Chocolate Chip Muffin Animal Crackers 100% Fruit Juice Raspberry Lemonade Craisins	<b>August 3</b> <b>382 Cheerios Cereal Bar Breakfast Kit</b> Cheerios Cereal Bar Mini Cinnamon Grahams 100% Apple Juice Unsweetened Applesauce Milk Variety	<b>August 4</b> <b>386 Frosted Flakes Breakfast Kit</b> Frosted Flakes Cereal Cheez-Its 100% Apple Juice Strawberry Applesauce Milk Variety
<b>August 7</b> <b>384 Cinnamon Toast Crunch Breakfast Kit</b> Cinnamon Toast Crunch Cereal Mini Cinnamon Grahams 100% Fruit Juice Strawberry Applesauce Milk Variety	<b>August 8</b> <b>386 Frosted Flakes Breakfast Kit</b> Frosted Flakes Cereal Cheez-Its 100% Apple Juice Strawberry Applesauce Milk Variety	<b>August 9</b> <b>391 Blueberry Muffin Breakfast Kit</b> Blueberry Muffin Strawberry Bites 100% Fruit Juice Raspberry Lemonade Craisins Milk Variety	<b>August 10</b> <b>387 Froot Loop Breakfast Kit</b> Froot Loops Cereal Animal Crackers 100% Fruit Juice Unsweetened Applesauce Milk Variety	<b>August 11</b> <b>385 Trix Breakfast Kit</b> Trix Cereal Mini Cinnamon Grahams 100% Fruit Juice Unsweetened Applesauce Milk Variety
<b>August 14</b> <b>382 Cinnamon Toast Crunch Cereal Bar Breakfast Kit</b> Cinnamon Toast Crunch Cereal Bar Animal Crackers 100% Fruit Juice Strawberry Applesauce	<b>August 15</b> <b>387 Froot Loops Breakfast Kit</b> Froot Loops Cereal Animal Crackers 100% Fruit Juice Unsweetened Applesauce Milk Variety	<b>August 16</b> <b>386 Frosted Flakes Breakfast Kit</b> Frosted Flakes Cereal Cheez-Its 100% Apple Juice Strawberry Applesauce Milk Variety	<b>August 17</b> <b>383 Cheerios Cereal Bar Breakfast Kit</b> Cheerios Cereal Bar Mini Cinnamon Grahams 100% Apple Juice Unsweetened Applesauce Milk Variety	<b>August 18</b> <b>384 Cinnamon Toast Crunch Breakfast Kit</b> Cinnamon Toast Crunch Cereal Mini Cinnamon Grahams 100% Fruit Juice Strawberry Applesauce
<b>August 21</b> <b>387 Froot Loop Breakfast Kit</b> Froot Loops Cereal Animal Crackers 100% Fruit Juice Unsweetened Applesauce Milk Variety	<b>August 22</b> <b>382 Cinnamon Toast Crunch Cereal Bar Breakfast Kit</b> Cinnamon Toast Crunch Cereal Bar Animal Crackers 100% Fruit Juice Strawberry Applesauce Milk Variety	<b>August 23</b> <b>385 Trix Breakfast Kit</b> Trix Cereal Mini Cinnamon Grahams 100% Fruit Juice Unsweetened Applesauce Milk Variety	<b>August 24</b> <b>382 Cheerios Cereal Bar Breakfast Kit</b> Cheerios Cereal Bar Mini Cinnamon Grahams 100% Apple Juice Unsweetened Applesauce Milk Variety	<b>August 25</b> <b>386 Frosted Flakes Breakfast Kit</b> Frosted Flakes Cereal Cheez-Its 100% Apple Juice Strawberry Applesauce Milk Variety

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