

JUNE 2023 AFTERSCHOOL HOT SUPPER MENU

Remember that at least one vegetable component MUST be served at every Supper!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/5/2023 288 MACARONI AND CHEESE WITH BROCCOLI 684 MIXED BERRY APPLESAUCE 100 WHITE MILK	6/6/2023 281 POPCORN CHICKEN WITH ROASTED POTATOES 670 FRESH FRUIT 100 WHITE MILK	6/7/2023 286 WG PENNE PASTA WITH MEAT SAUCE AND BLENDED VEGETABLES 609 DOLE MIXED FRUIT CUP 100 WHITE MILK	6/8/2023 277 CHICKEN FAJITA BOWL WITH BLACK BEANS 506 CHOPPED ROMAINE SALAD OR 670 FRESH FRUIT 100 WHITE MILK	6/9/2023 284 CHICKEN ALFREDO WITH PENNE AND BROCCOLI 506 CHOPPED ROMAINE SALAD OR 683 UNSWEETENED APPLESAUCE 100 WHITE MILK
6/12/2023 283 CHICKEN TENDERS WITH CORN 684 MIXED BERRY APPLESAUCE CUP 904 WHEAT BREAD 100 WHITE MILK	6/13/2023 297 CHICKEN & VEGETABLE DUMPLINGS WITH GREEN BEANS 670 FRESH FRUIT 100 WHITE MILK	6/14/2023 268 FRENCH BREAD PIZZA OR 263 5 " ROUND PIZZA 611 BAGGED CARROTS 100 WHITE MILK	6/15/2023 202 CHEESEBURGER ON BUN 604 BAKED BEANS 506 CHOPPED ROMAINE SALAD OR 670 FRESH FRUIT 100 WHITE MILK	6/16/2023 264 SWEDISH MEATBALLS WITH BROCCOLI 506 CHOPPED ROMAINE SALAD OR 683 UNSWEETENED APPLESAUCE 100 WHITE MILK



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Milk: Either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk must be served.

REMINDER: Water must be OFFERED every day!
WG = WHOLE GRAIN-RICH
 MEALS CONTAINING HIGHLIGHTED FRESH ITEMS CANNOT BE CHANGED OR CANCELLED