

JUNE 2023 CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/5/2023	6/6/2023	6/7/2023	6/8/2023	6/9/2023
242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 633 100% SUNSET SIP VEGETABLE JUICE 684 MIXED BERRY APPLESauce CUP 100 WHITE MILK Weekly Sandwich Alternate 133 STRAWBERRY BANANA YOGURT LAND O LAKES LIGHT MOZZARELLA 118 STRING CHEESE 921 GRANOLA	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 611 BABY CARROTS SNACK PACK or 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 683 UNSWEETENED APPLESauce CUP 100 WHITE MILK	404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	229 TURKEY HAM & CHEESE ON WG CROISSANT 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK
6/12/2023	6/13/2023	6/14/2023	6/15/2023	6/16/2023
228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK Weekly Sandwich Alternate 543 RED PEPPER HUMMUS 126 LAND O LAKES CO-JACK CHEESE STICK 924 HARVEST CHEDDAR SUNCHIPS	229 TURKEY HAM & CHEESE ON WG CROISSANT 630 100% DRAGON PUNCH VEGETABLE JUICE 683 UNSWEETENED APPLESauce CUP 100 WHITE MILK	242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK	274 TOASTED CHEESE SANDWICH 506 CHOPPED ROMAINE SALAD 684 MIXED BERRY APPLESauce CUP 100 WHITE MILK
6/19/2023	6/20/2023	6/21/2023	6/22/2023	6/23/2023
237 TURKEY SALAMI & CHEESE ON WG SUB SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 683 UNSWEETENED APPLESauce CUP 100 WHITE MILK Weekly Sandwich Alternate 138 BLUEBERRY YOGURT LAND O LAKES LIGHT MOZZARELLA 118 STRING CHEESE 989 WG HONEY GRAHAM CRACKERS	242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 611 BABY CARROTS SNACK PACK or 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	229 TURKEY HAM & CHEESE ON WG CROISSANT 633 100% SUNSET SIP VEGETABLE JUICE 645 DOLE PINEAPPLE TIDBITS CUP or 670 FRESH FRUIT 100 WHITE MILK	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 506 CHOPPED ROMAINE SALAD 684 MIXED BERRY APPLESauce CUP 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK
6/26/2023	6/27/2023	6/28/2023	6/29/2023	6/30/2023
274 TOASTED CHEESE SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK Weekly Sandwich Alternate 139 CHEDDAR CHEESE CUP 130 SUNFLOWER KERNELS 941 WG TOSTITOS SCOOPS	237 TURKEY SALAMI & CHEESE ON WG SUB SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 684 MIXED BERRY APPLESauce CUP 100 WHITE MILK	404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK

MENU SUBJECT TO CHANGE

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

REMINDER: Water must be OFFERED every day!

WG = WHOLE GRAIN-RICH

Nutritional Development Services - Archdiocese of Philadelphia, 222 North 17th Street, Philadelphia, PA 19103 Phone: 215-895-3470