

# JUNE 2023 AFTER SCHOOL COLD SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/5/2023	6/6/2023	6/7/2023	6/8/2023	6/9/2023
118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 546 CHEESY PIZZA HUMMUS 611 <b>BABY CARROTS PACK</b> 683 UNSWEETENED APPLESAUCE CUP 942 MULTIGRAIN SUNCHIPS 100 WHITE MILK <div style="text-align: right;">2402</div>	136 VANILLA YOGURT 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 346 CINNAMON TOAST CRUNCH CEREAL 100 WHITE MILK <div style="text-align: right;">2407</div>	124 JENNIE-O SMOKE HOUSE TURKEY BREAST STICK 126 LAND O LAKES COLBY JACK CHEESE STICK 611 <b>BABY CARROTS PACK</b> 670 FRESH FRUIT 331 WG CORN MUFFIN 100 WHITE MILK <div style="text-align: right;">2405</div>	404 ITALIAN COMBO WRAP (cheese, Turkey Ham & Turkey Pepperoni, Turkey Salami on WG Tortilla) 631 100 % CHERRY STAR VEGETABLE JUICE 609 DOLE MIXED FRUIT CUP 963 MUSTARD 100 WHITE MILK <div style="text-align: right;">2435</div>	139 CHEDDAR CHEESE CUP 129 HONEY ROASTED SUNFLOWER KERNELS 620 RED GOLD SALSA CUP 670 FRESH FRUIT 941 TOSTITOS SCOOPS 100 WHITE MILK <div style="text-align: right;">2413</div>
6/12/2023	6/13/2023	6/14/2023	6/15/2023	6/16/2023
118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 543 RED PEPPER HUMMUS 611 <b>BABY CARROTS PACK</b> 683 UNSWEETENED APPLESAUCE CUP 939 HEARTZELS PRETZELS 100 WHITE MILK <div style="text-align: right;">2402</div>	137 PEACH YOGURT 130 SUNFLOWER KERNELS 632 100% WANGO MANGO VEGETABLE JUICE 696 RAISINS 922 BAGGED WG PREMIUM GRANOLA 100 WHITE MILK <div style="text-align: right;">2407</div>	242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 611 <b>BABY CARROTS PACK</b> 670 FRESH FRUIT 963 MUSTARD 943 RANCH DRESSING 100 WHITE MILK <div style="text-align: right;">2415</div>	139 CHEDDAR CHEESE CUP 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 630 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 926 GARDEN SALSA SUNCHIPS 953 FRENCH DRESSING 100 WHITE MILK <div style="text-align: right;">2413</div>	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 129 HONEY ROASTED SUNFLOWER KERNELS 633 SUNSET SIP VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 346 <b>BLUEBERRY CHEX CEREAL</b> 100 WHITE MILK <div style="text-align: right;">2402</div>



**FIRST IN FIRST OUT: MEALS LEFT OVER TODAY WILL BE SERVED TOMORROW**

Nutritional Development Services - Archdiocese of Philadelphia  
 222 North 17th Street, Philadelphia, PA 19103

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**PLEASE READ CAREFULLY:** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.

**MEALS CONTAINING HIGHLIGHTED FRESH ITEMS CANNOT BE CHANGED OR CANCELLED**

**Milk: Either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk must be served.**

**REMINDER: Water must be OFFERED every day! WG=WHOLE GRAIN**

**MENU SUBJECT TO CHANGE**