

MAY 2023 CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component **MUST** be served at every Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5/1/2023 229 TURKEY HAM & CHEESE ON WG CROISSANT 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	5/2/2023 261 SOY BUTTER & JELLY WG SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	5/3/2023 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	5/4/2023 237 TURKEY SALAMI & CHEESE ON WG SUB SANDWICH 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK NATIONAL DAY OF PRAYER	5/5/2023 404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK
5/8/2023 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	5/9/2023 228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 611 BABY CARROTS SNACK PACK or 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	5/10/2023 261 SOY BUTTER & JELLY WG SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	5/11/2023 237 TURKEY SALAMI & CHEESE ON WG SUB SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	5/12/2023 229 TURKEY HAM & CHEESE ON WG CROISSANT 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK
5/15/2023 228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	5/16/2023 229 TURKEY HAM & CHEESE ON WG CROISSANT 630 100% DRAGON PUNCH VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	5/17/2023 237 TURKEY SALAMI & CHEESE ON WG SUB SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	5/18/2023 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK	5/19/2023 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 506 CHOPPED ROMAINE SALAD 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK
5/22/2023 404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 632 100% WANGO MANGO VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	5/23/2023 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 611 BABY CARROTS SNACK PACK or 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	5/24/2023 229 TURKEY HAM & CHEESE ON WG CROISSANT 631 100% CHERRY STAR VEGETABLE JUICE 645 DOLE PINEAPPLE TIDBITS CUP or 670 FRESH FRUIT 100 WHITE MILK	5/25/2023 228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 506 CHOPPED ROMAINE SALAD 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	5/26/2023 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK
5/29/2023	5/30/2023 237 TURKEY SALAMI & CHEESE ON WG SUB SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	5/31/2023 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	6/1/2023 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	6/2/2023 404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK
MEMORIAL DAY				

MENU SUBJECT TO CHANGE

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

REMINDER: Water must be OFFERED every day!

WG = WHOLE GRAIN-RICH

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