



BREAKFAST



MAY 2023 High School

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday

334 Cinnamon Toast Crunch Cereal OR **1**
921 Granola &
133 Strawberry Banana Yogurt
445 Mott's Fruit Punch Juice
670 Fresh Fruit
Weekly Alternates:
388 Honey Bunches of Oats Breakfast Kit
324 Cocoa Puffs Cereal

324 Cocoa Puffs OR **8**
315 Apple Cinnamon Toast (HOT)
691 Strawberry Apple Crisps
684 Mixed Berry Applesauce
Weekly Alternates:
384 Cinnamon Toast Crunch Breakfast Kit
326 Trix Cereal Cup

328 Chocolate Chip Muffin OR **15**
367 Cinnamon Raisin Bagel
649 Dole Orange Gello Bowl
657 Strawberry Craisins
Weekly Alternates:
387 Fruit Loop Breakfast Kit
323 Apple Cinnamon Muffin

368 Plain Bagel OR **22**
315 Apple Cinnamon Toast (HOT)
446 Mott's Apple Juice
670 Fresh Fruit
Weekly Alternates:
385 Trix Cereal Breakfast Kit
334 Cinnamon Toast Crunch Cereal

Memorial Day

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Tuesday

322 Blueberry Muffin OR **2**
262 Turkey Sausage Breakfast Pizza (HOT)
446 Mott's Apple Juice
645 Dole Pineapple Cup

327 Pillsbury Maple Mini Waffles OR **9**
922 Cinnamon Granola &
137 Peach Yogurt
609 Dole Mixed Fruit Cup
658 Cherry Craisins

369 Pillsbury Berry Blast Mini French Toast OR **16**
337 Raspberry Churro
670 Fresh Fruit
446 Mott's Apple Juice

333 Blueberry Chex Cereal OR **23**
922 Cinnamon Granola &
133 Strawberry Banana Yogurt
691 Strawberry Apple Crisps
670 Fresh Fruit

326 Trix Cereal Cup OR **30**
338 French Toast Sticks (HOT)
659 Watermelon Craisins
445 Mott's Fruit Punch Juice
Weekly Alternates:
388 Honey Bunches of Oats Breakfast Kit
324 Cocoa Puffs Cereal

Wednesday

326 Trix Cereal Cup **3**
684 Mixed Berry Applesauce
670 Fresh Fruit

325 Cinnamon Chex Cereal OR **10**
308 Strawberry Mini Bagel
656 Craisins
647 Dole Mandarin Oranges

350 Peach Cheerios Cereal Bar OR **17**
302 Egg, Cheese & Turkey Sausage Breakfast Wrap (HOT)
684 Mixed Berry Applesauce
697 Bagged Sliced Apples

323 Apple Cinnamon Muffin OR **24**
336 Apple Churro
648 Dole Strawberry Gello Bowl
658 Cherry Craisins

319 Orange Cranberry Muffin OR **31**
921 Granola &
134 Cherry Vanilla Yogurt
446 Mott's Apple Juice
684 Mixed Berry Applesauce

Thursday

369 Berry Blast Mini French Toast OR **4**
305 Apple Cinnamon Oatmeal (HOT)
445 Mott's Fruit Punch Juice
691 Strawberry Apple Crisp

323 Apple Cinnamon Muffin OR **11**
306 Apple Baked Frudel (HOT)
446 Mott's Apple Juice
670 Fresh Fruit

334 Cinnamon Toast Crunch Cereal OR **18**
921 Granola &
136 Vanilla Yogurt
670 Fresh Fruit
445 Mott's Fruit Punch Juice

324 Cocoa Puffs Cereal OR **25**
306 Apple Baked Frudel (HOT)
684 Mixed Berry Applesauce
445 Mott's Fruit Punch Juice

327 Pillsbury Maple Mini Waffles OR
366 Blueberry Bagel
690 Apple Crisps
670 Fresh Fruit

Friday

328 Chocolate Chip Muffin OR **5**
366 Blueberry Bagel
670 Fresh Fruit
656 Craisins

319 Orange Cranberry Muffin OR **12**
368 Plain Bagel
445 Mott's Fruit Punch Juice
670 Fresh Fruit

321 Banana Muffin OR **19**
338 French Toast (HOT)
670 Fresh Fruit
608 Dole Tropical Fruit Cup

319 Orange Cranberry Muffin OR **26**
367 Cinnamon Raisin Bagel
670 Fresh Fruit
446 Mott's Apple Juice

359 Honey Scooters Cereal OR
262 Turkey Sausage Breakfast Pizza (HOT)
670 Fresh Fruit
648 Dole Strawberry Gello Bowl

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.