



# BREAKFAST



# MAY 2023 Elementary

## Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

### Monday

334 Cinnamon Toast Crunch Cereal OR  
921 Granola &  
133 Strawberry Banana Yogurt  
752 Fruit Punch Juice  
670 Fresh Fruit  
Pre-K: 343 Rice Chex Cereal  
**Weekly Alternate:**  
388 Honey Bunches of Oats Breakfast Kit

1

### Tuesday

322 Blueberry Muffin OR  
262 Turkey Sausage Breakfast Pizza (HOT)  
753 Orange Juice  
645 Dole Pineapple Cup  
Pre-K: 330 Blueberry Muffin

2

### Wednesday

326 Trix Cereal Cup OR  
336 Apple Churro  
748 Grape Juice  
670 Fresh Fruit  
Pre-K: 369 Pillsbury Berry Blast Mini French Toast

3

### Thursday

369 Berry Blast Mini French Toast OR  
305 Apple Cinnamon Oatmeal (HOT)  
750 Apple Juice  
691 Strawberry Apple Crisp  
Pre-K: 340 Honey Cheerios Cereal

4

### Friday

328 Chocolate Chip Muffin OR  
366 Blueberry Bagel  
749 Apple Cherry Juice  
656 Craisins  
Pre-K: 331 Corn Muffin

5

324 Cocoa Puffs OR  
315 Apple Cinnamon Toast (HOT)  
691 Strawberry Apple Crisps  
684 Mixed Berry Applesauce  
Pre-K: 335 Banana Muffin  
**Weekly Alternate:**  
384 Cinnamon Toast Crunch Breakfast Kit

8

327 Pillsbury Maple Mini Waffles OR  
922 Cinnamon Granola &  
137 Peach Yogurt  
609 Dole Mixed Fruit Cup  
658 Cherry Craisins  
Pre-K: 344 Chex Cereal

9

325 Cinnamon Chex Cereal OR  
308 Strawberry Mini Bagel  
656 Craisins  
647 Dole Mandarin Oranges  
Pre-K: 346 Cinnamon Toast Crunch Cereal

10

323 Apple Cinnamon Muffin OR  
306 Apple Baked Frudel (HOT)  
752 Fruit Punch Juice  
670 Fresh Fruit  
Pre-K: 366 Blueberry Muffin

11

319 Orange Cranberry Muffin OR  
368 Plain Bagel  
750 Apple Juice  
670 Fresh Fruit  
Pre-K: 349 Corn Chex Cereal

12

328 Chocolate Chip Muffin OR  
367 Cinnamon Raisin Bagel  
649 Dole Mandarin Oranges  
657 Strawberry Craisins  
Pre-K: 342 Cheerios  
**Weekly Alternate:**  
387 Fruit Loop Breakfast Kit

15

369 Pillsbury Berry Blast Mini French Toast OR  
337 Raspberry Churro  
670 Fresh Fruit  
752 Fruit Punch Juice  
Pre-K: 339 Cranberry Orange Muffin

16

350 Peach Cheerios Cereal Bar OR  
302 Egg, Cheese & Turkey Sausage Breakfast Wrap (HOT)  
684 Mixed Berry Applesauce  
697 Bagged Sliced Apples  
Pre-K: 347 Cinnamon Chex Cereal

17

334 Cinnamon Toast Crunch Cereal OR  
921 Granola &  
136 Vanilla Yogurt  
670 Fresh Fruit  
750 Apple Juice  
Pre-K: 345 Honey Scooters Cereal

18

321 Banana Muffin OR  
338 French Toast (HOT)  
670 Fresh Fruit  
608 Dole Tropical Fruit Cup  
Pre-K: 330 Blueberry Muffin

19

368 Plain Bagel OR  
315 Apple Cinnamon Toast (HOT)  
752 Fruit Punch Juice  
670 Fresh Fruit  
Pre-K: 327 Pillsbury Maple Mini Waffles  
**Weekly Alternate:**  
385 Trix Cereal Breakfast Kit

22

333 Blueberry Chex Cereal OR  
922 Cinnamon Granola  
133 Strawberry Banana Yogurt  
691 Strawberry Apple Crisps  
670 Fresh Fruit  
Pre-K: 332 Apple Cinnamon Muffin

23

323 Apple Cinnamon Muffin OR  
336 Apple Churro  
648 Dole Strawberry Gello Bowl  
658 Cherry Craisins  
Pre-K: 343 Rice Chex Cereal

24

324 Cocoa Puffs Cereal OR  
306 Apple Baked Frudel (HOT)  
684 Mixed Berry Applesauce  
748 Grape Juice  
Pre-K: 331 Corn Muffin

25

319 Orange Cranberry Muffin OR  
367 Cinnamon Raisin Bagel  
670 Fresh Fruit  
749 Apple Cherry Juice  
Pre-K: 346 Cinnamon Toast Crunch Cereal

26

### Memorial Day

29

326 Trix Cereal Cup OR  
338 French Toast Sticks (HOT)  
659 Watermelon Craisins  
750 Apple Juice  
Pre-K: 335 Banana Muffin  
**Weekly Alternate:**  
388 Honey Bunches of Oats Breakfast Kit

30

319 Orange Cranberry Muffin OR  
921 Granola &  
134 Cherry Vanilla Yogurt  
752 Fruit Punch Juice  
684 Mixed Berry Applesauce  
Pre-K: 340 Honey Cheerios Cereal

31

327 Pillsbury Maple Mini Waffles OR  
366 Blueberry Bagel  
753 Orange Juice  
670 Fresh Fruit  
Pre-K: 339 Orange Cranberry Muffin

1

359 Honey Scooters Cereal OR  
262 Turkey Sausage Breakfast Pizza (HOT)  
670 Fresh Fruit  
648 Dole Strawberry Gello Bowl  
Pre-K: 369 Pillsbury Berry Blast Mini French Toast

2

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.