









MARCH 2023 AFTERSCHOOL HOT SUPPER MENU

Remember that at least one vegetable component **MUST** be served at every Supper!

MONDAY 3/6/2023	TUESDAY 3/7/2023	WEDNESDAY 3/8/2023	THURSDAY 3/9/2023	FRIDAY 3/10/2023
284 GRILLED CHICKEN STRIPS & BROCCOLI ALFREDO WITH WG PENNE PASTA 670 FRESH FRUIT 100 WHITE MILK 	281 WG POPCORN CHICKEN WITH ROASTED SEASONED POTATOES 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK ORDER DUE FOR WEEK OF MARCH 27	286 WG PENNE PASTA WITH MEAT SAUCE AND BLENDED VEGETABLES 670 FRESH FRUIT 100 WHITE MILK 	285 GRILLED CHICKEN STRIPS WITH HONEY MUSTARD SAUCE AND GREEN BEANS 506 CHOPPED ROMAINE SALAD OR 683 UNSWEETENED APPLESAUCE CUP 904 WHEAT BREAD 100 WHITE MILK	264 4" x 6" WG CHEESE PIZZA OR 263 5" ROUND WG CHEESE PIZZA 506 CHOPPED ROMAINE SALAD OR 611 BABY CARROTS PACK 670 FRESH FRUIT 100 WHITE MILK
3/13/2023 283 WG CHICKEN TENDERS WITH CORN 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	3/14/2023 293 WG CHICKEN PARMIGIANA WITH GREEN BEANS 670 FRESH FRUIT 100 WHITE MILK ORDER DUE FOR WEEK OF APRIL 3	3/15/2023 295 MEATLOAF & GRAVY WITH MASHED POTATOES 683 UNSWEETENED APPLESAUCE CUP 904 WHEAT BREAD 100 WHITE MILK	3/16/2023 225 WG CIABATTA GRILLED CHEESE SANDWICH 506 CHOPPED ROMAINE SALAD OR 611 BABY CARROTS PACK 670 FRESH FRUIT 100 WHITE MILK	3/17/2023 288 WG MACARONI & CHEESE WITH BROCCOLI 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK 
3/20/2023 280 BEEF PATTY WITH GREEN BEANS 670 FRESH FRUIT 914 WHEAT HAMBURGER BUN 100 WHITE MILK 	3/21/2023 281 WG POPCORN CHICKEN WITH ROASTED SEASONED POTATOES 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK ORDER DUE FOR WEEK OF APRIL 10	3/22/2023 287 WG CHEESE RAVIOLI WITH BLENDED VEGETABLES 670 FRESH FRUIT 100 WHITE MILK 	3/23/2023 291 GRILLED CHICKEN STRIPS WITH CARIBBEAN PINEAPPLE SAUCE BROWN RICE PILAF AND CARROTS 506 CHOPPED ROMAINE SALAD OR 670 FRESH FRUIT 100 WHITE MILK	3/24/2023 264 4" x 6" WG CHEESE PIZZA OR 263 5" ROUND WG CHEESE PIZZA 506 CHOPPED ROMAINE SALAD OR 611 BABY CARROTS PACK 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK
3/27/2023 284 GRILLED CHICKEN STRIPS & BROCCOLI ALFREDO WITH PENNE PASTA 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	3/28/2023 286 WG PENNE PASTA WITH MEAT SAUCE AND BLENDED VEGETABLES 670 FRESH FRUIT 100 WHITE MILK  DOUBLE ORDER DUE FOR APR 17 & 24	3/29/2023 288 WG MACARONI & CHEESE WITH BROCCOLI 670 FRESH FRUIT 100 WHITE MILK 	3/30/2023 296 SALIBURY STEAK WITH ROASTED SEASONED POTATOES 506 CHOPPED ROMAINE SALAD OR 684 MIXED BERRY APPLESAUCE CUP 904 WHEAT BREAD 100 WHITE MILK	3/31/2023 225 WG CIABATTA GRILLED CHEESE SANDWICH 506 CHOPPED ROMAINE SALAD OR 611 BABY CARROTS PACK 670 FRESH FRUIT 100 WHITE MILK 

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Milk: Either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk must be served.

MENU SUBJECT TO CHANGE

REMINDER: Water must be OFFERED every day!

WG = WHOLE GRAIN-RICH