

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



298 Turkey Chili with Italian Vegetables  
OR  
293 Parmesan Popcorn Chicken with Green Beans  
620 Salsa  
752 Fruit Punch Juice  
941 Tostito Scoops

295 Meatloaf with Mashed Potatoes  
OR  
280 Hamburger with Green Beans  
630 Dragon Punch Vegetable Juice  
670 Fresh Fruit  
901 Honey Biscuit

202 Cheeseburger with Bun  
OR  
226 Philly Cheesesteak Pinwheel  
703 Roasted Potatoes  
670 Fresh Fruit  
990 Chocolate Chip Cookie

282 BBQ Popcorn Chicken with Sweet Mashed Potatoes  
OR  
228 Turkey Ham & Cheese Sub  
611 Bagged Baby Carrots  
546 Cheesy Pizza Hummus  
659 Watermelon Craisins  
909 Dinner Roll

256 Cheese Stuffed Breadsticks & 622 Marinara OR  
268 French Bread Pizza OR  
227 Turkey Ham, Turkey Pepperoni & Cheese Sandwich  
708 Romaine Salad with Spinach & Chickpeas  
648 Strawberry Gello Bowl

273 Swedish Meatballs with Broccoli  
OR  
288 Mac & Cheese with Broccoli  
631 Cherry Star Vegetable Juice  
670 Fresh Fruit  
909 Dinner Roll

281 Popcorn Chicken with Roasted Potatoes  
OR  
283 Chicken Tenders with Corn  
611 Bagged Baby Carrots  
749 Apple Cherry Juice

286 Penne Pasta with Meat Sauce & Italian Vegetables  
OR  
284 Chicken Alfredo with Penne Pasta & Broccoli  
630 Dragon Punch Vegetable Juice  
684 Mixed Berry Applesauce

277 Chicken Fajita Bowl with Rice, Blacked Beans & Tomatoes  
686 Rosati Water Ice  
993 Holiday Cookie

264 4x6 Cheese Pizza OR  
263 Round Cheese Pizza OR  
242 Chicken Turkey Ham & Cheese Wedge  
706 Romaine Salad with Cherry Tomatoes  
750 Apple Juice  
992 Oatmeal Cookie

283 Chicken Tenders with Corn  
OR  
281 Popcorn Chicken with Roasted Potatoes  
541 Chocolate Hummus  
749 Apple Cherry Juice  
932 Cinnamon Scooby Snacks

297 Chicken & Vegetable Dumplings with Green Beans  
OR  
282 BBQ Popcorn Chicken with Sweet Mashed Potatoes  
630 Dragon Punch Vegetable Juice  
670 Fresh Fruit  
909 Dinner Roll

284 Chicken Alfredo with Penne Pasta & Broccoli  
OR  
273 Swedish Meatballs with Noodles & Broccoli  
631 Cherry Star Vegetable Juice  
659 Watermelon Craisins  
990 Chocolate Chip Cookie

202 Cheeseburger on a Bun  
OR  
221 Two Cheese Chicken Quesadilla  
604 Baked Beans  
752 Fruit Punch Juice

268 French Bread Pizza  
OR  
263 5" Round Cheese Pizza  
611 Bagged Baby Carrots  
647 Dole Mandarin Oranges

282 BBQ Popcorn Chicken with Sweet Mashed Potatoes  
OR  
286 Penne Pasta with Meat Sauce & Italian Vegetables  
630 Dragon Punch Vegetable Juice  
609 Dole Mixed Fruit Cup  
903 Maple Biscuit

215 Taco Stick & 620 Salsa  
OR  
253 Cheese Stuffed Breadsticks & 622 Marinara Sauce OR  
242 Chicken Turkey Ham & Cheese Wedge & 620 Salsa  
633 Sunset Sip Vegetable Juice  
658 Cherry Craisins  
941 Tostito Scoops

298 Turkey Chili with Italian Vegetables  
OR  
295 Meatloaf with Gravy & Mashed Potatoes  
611 Bagged Baby Carrots  
685 Rosati Water Ice  
993 Holiday Cookie

288 Mac & Cheese with Broccoli  
OR  
284 Chicken Alfredo with Penne Pasta & Broccoli  
540 Garlic Hummus  
670 Fresh Fruit  
942 Sunchips

264 4x6 Cheese Pizza  
OR  
268 French Bread Pizza  
OR  
228 Turkey Ham & Cheese Sub  
708 Romaine Salad with Spinach & Chickpeas  
753 Orange Juice

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.