



APRIL 2023

Elementary

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday

Beef Bologna & Cheese on Wheat Bread **3**
Fiesta Corn Salsa
Fresh Fruit
Milk

Turkey & Cheese on Wheat Bread **10**
Three Bean Salad
Fresh Fruit
Milk

Grilled Chicken on a Whole Grain Bun **17**
Cole Slaw
Fresh Fruit
Milk

Turkey Ham & Cheese on Wheat Bread **24**
Three Bean Salad
Fresh Fruit
Milk

Tuesday

Chicken Salad on a Whole Grain Bun **4**
Celery Sticks
Fresh Fruit
Milk

Chicken Caesar Salad **11**
Romaine Mix
Fresh Fruit
Whole Grain Dinner Roll
Milk

Turkey & Cheese on a Club Roll **18**
Garbanzo Bean Salad
Fresh Fruit
Milk

Harvest Turkey Salad on a Whole Grain Bun **25**
Celery Sticks
Fresh Fruit
Milk

Wednesday

DIY Cheese Pizza Kit **5**
Bagged Baby Carrots
Fresh Fruit
Whole Grain Flatbread
Milk

Roast Beef & Cheese on Wheat Bread **12**
Potato Salad
Fresh Fruit
Milk

Italian Hoagie on a Club Roll **19**
Fiesta Corn Salsa
Fresh Fruit
Milk

Southwest Chicken Fajita **26**
Wrap on a Whole Grain Tortilla
Fiesta Corn Salad
Fresh Fruit
Milk

Thursday

Garden Salad with Chicken **6**
Romaine Mix
Fresh Fruit
Whole Grain Roll
Milk

Turkey & Cheese Hoagie on a Club Roll **13**
Diced Tomato Salad
Fresh Fruit
Milk

Turkey & Cheese Wrap on a Whole Grain Tortilla **20**
Bagged Baby Carrots
Fresh Fruit
Milk

Chicken & Strawberry Spinach Salad **27**
Fresh Spinach
Fresh Fruit
Whole Grain Dinner Roll
Milk

Friday

Egg Salad on a Whole Grain Bun **7**
White Bean Salad
Fresh Fruit
Milk

Tuna Salad **14**
Cucumber Salad
Fresh Fruit
Whole Grain Flatbread
Milk

Garden Salad with Egg **21**
Romaine Mix
Fresh Fruit
Whole Grain Dinner Roll
Milk

American Cheese Hoagie on a Club Roll **28**
Salsa Cup & Chips
Fresh Fruit
Milk



PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.