

# FEBRUARY 2023 CHILD CARE SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/6/2023	2/7/2023	2/8/2023	2/9/2023	2/10/2023
937 WG APPLE CINNAMON BEAR GRAHAMS 133 STRAWBERRY BANANA YOGURT	989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK	934 WG DINO BITES GRAHAMS 134 CHERRY VANILLA YOGURT	927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 748 100% GRAPE JUICE (4 OUNCE) 441 100% GRAPE JUICE (6 OUNCE)	930 WG CHEEZ-IT BAKED CRACKERS <i>or</i> 926 GARDEN SALSA SUNCHIPS 749 100% APPLE CHERRY JUICE (4 OUNCE) 450 100% APPLE CHERRY JUICE (6 OUNCE)
2/13/2023	2/14/2023	2/15/2023	2/16/2023	2/17/2023
935 WG ALL SPORTS GRAHAMS 138 BLUEBERRY YOGURT	988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK	936 WG VANILLA BEAR GRAHAMS 137 PEACH YOGURT	928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 753 100% ORANGE JUICE (4 OUNCE) 442 100% ORANGE JUICE (6 OUNCE)	938 WG SAVORY BITES WHEAT CRACKERS <i>or</i> 942 MULTIGRAIN SUNCHIPS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE)
	<b>Valentine's Day</b>			
2/20/2023	2/21/2023	2/22/2023	2/23/2023	2/24/2023
931 WHOLE GRAIN ANIMAL CRACKERS 136 VANILLA YOGURT	989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK	937 WG APPLE CINNAMON BEAR GRAHAMS 133 STRAWBERRY BANANA YOGURT	927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 752 100% FRUIT JUICE BLEND (4 OUNCE) 444 100% FRUIT JUICE BLEND (6 OUNCE)	930 WG CHEEZ-IT BAKED CRACKERS <i>or</i> 939 HEARTZELS PRETZELS 749 100% APPLE CHERRY JUICE (4 OUNCE) 450 100% APPLE CHERRY JUICE (6 OUNCE)
<b>Presidents' Day</b>		<b>Ash Wednesday</b>		
2/27/2023	2/28/2023	3/1/2023	3/2/2023	3/3/2023
936 WG VANILLA BEAR GRAHAMS 137 PEACH YOGURT	988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK	935 WG ALL SPORTS GRAHAMS 134 CHERRY VANILLA YOGURT	928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE)	938 WG SAVORY BITES WHEAT CRACKERS <i>or</i> 924 HARVEST CHEDDAR SUNCHIPS 753 100% ORANGE JUICE (4 OUNCE) 442 100% ORANGE JUICE (6 OUNCE)

**MENU SUBJECT TO CHANGE**

**SERVE 4 OUNCE JUICE TO CHILDREN AGES 1 THROUGH 5. SERVE 6 OUNCE JUICE TO CHILDREN AGE 6 & OLDER.**

\*\*\*WHEN SERVING A GRAIN WITH YOGURT OR A SOY BUTTER CUP, YOU ARE ENCOURAGED TO SERVE WATER; NEITHER JUICE NOR MILK ARE PROVIDED FOR THESE SNACKS.\*\*\*

**Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.**

**WG = WHOLE GRAIN-RICH      REMINDER: Water must be OFFERED every day!**

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