

Monday



6
Beef Bologna & Cheese
on Wheat Bread
Fiesta Corn Salsa
Fresh Fruit
Milk

13
Turkey & Cheese on
Wheat
Three Bean Salad
Fresh Fruit
Milk

20
Grilled Chicken on a
Whole Grain Bun
Cole Slaw
Fresh Fruit
Milk

27
Turkey Ham & Cheese on
Wheat
Three Bean Salad
Fresh Fruit
Milk

Tuesday

7
Chicken Salad on a Whole
Grain Bun
Celery Sticks
Fresh Fruit
Milk

14
Chicken Caesar Salad
Romaine Mix
Fresh Fruit
Whole Grain Dinner Roll
Milk

21
Turkey & Cheese on a
Whole Grain Club Roll
Garbanzo Bean Salad
Fresh Fruit
Milk

28
Harvest Turkey Salad on
Whole Grain Bun
Celery Sticks
Fresh Fruit
Milk

Wednesday

1
8
DIY Cheese Pizza Kit
Bagged Baby Carrots
Fresh Fruit
Whole Grain Flatbread
Milk

15
Roast Beef & Cheese on
Wheat
Potato Salad
Fresh Fruit
Milk

22
Italian Hoagie on a Whole
Grain Club Roll
Fiesta Corn Salsa
Fresh Fruit
Milk

1
Southwest Chicken Fajita
on a Whole Grain
Tortilla
Fiesta Corn Salad
Fresh Fruit
Milk

Thursday



2
9
Garden Salad with
Chicken
Romaine Mix
Fresh Fruit
Whole Grain Roll
Milk

16
Turkey & Cheese Hoagie
on a Whole Grain
Club Roll
Diced Tomato Salad
Fresh Fruit
Milk

23
Turkey & Cheese Wrap on
a Whole Grain Tortilla
Bagged Baby Carrots
Fresh Fruit
Milk

2
Chicken & Strawberry
Spinach Salad
Fresh Spinach
Fresh Fruit
Whole Grain Dinner Roll
Milk

Friday

3
10
Egg Salad on a Whole Grain
Bun
White Bean Salad
Fresh Fruit
Milk

17
Tuna Salad
Cucumber Salad
Fresh Fruit
Whole Grain Flatbread
Milk

24
Garden Salad with Egg
Romaine Mix
Fresh Fruit
Whole Grain Dinner Roll
Milk

3
American Cheese Hoagie
Whole Grain Club Roll
Salsa Cup & Chips
Fresh Fruit
Milk

