

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



283 Chicken Fingers with Corn OR **9**  
281 Popcorn Chicken with Roasted Potatoes  
620 Salsa  
752 Fruit Punch Juice  
941 Tostitos Scoops

291 Caribbean Pineapple Chicken with Rice & Carrots OR **10**  
282 BBQ Popcorn Chicken with Sweet Mashed Potatoes  
611 Bagged Baby Carrots  
659 Watermelon Craisins  
928 Goldfish Pretzels

279 Chicken Mole with Rice & Green Peas OR **11**  
286 Penne Pasta with Meat Sauce, Cheese & Italian Vegetables  
631 Cherry Star Vegetable Juice  
649 Dole Orange Gello Bowl  
909 Dinner Roll

280 Hamburger with Green Beans OR **12**  
295 Meatloaf with Mashed Potatoes  
630 Dragon Punch Vegetable Juice  
670 Fresh Fruit  
915 Hamburger Bun

268 French Bread Pizza OR **13**  
264 4x6 Cheese Pizza OR  
242 Chicken, Turkey Ham & Cheese Wedge  
706 Romaine Salad with Cherry Tomatoes  
749 Apple Cherry Juice

**Martin Luther King Jr. Day** **16**

225 Ciabatta Cheese Melt OR **17**  
253 Cheese Stuffed Breadsticks OR  
227 Turkey Ham, Turkey Pepperoni & Cheese Sandwich  
622 Marinara Sauce  
611 Bagged Baby Carrots  
691 Strawberry Apple Crisps

285 Chicken Strips with Green Beans OR **18**  
541 Chocolate Hummus  
750 Apple Juice  
932 Scooby Snacks

215 Taco Stick OR **19**  
252 Turkey Hot Dog with Bun OR  
228 Turkey Ham & Cheese Sub  
620 Salsa  
633 Sunset Sip Vegetable Juice  
608 Dole Tropical Fruit Cup  
941 Tostito Scoops

263 Round Cheese Pizza OR **20**  
268 French Bread Pizza OR  
237 Turkey Salami & Cheese Sandwich  
708 Romaine Salad with Spinach & Chickpeas  
670 Fresh Fruit  
992 Oatmeal Cookie

273 Swedish Meatballs with Noodles & Broccoli OR **23**  
288 Mac & Cheese with Broccoli  
631 Cherry Star Vegetable Juice  
670 Fresh Fruit  
909 Dinner Roll

281 Popcorn Chicken with Roasted Potatoes OR **24**  
283 Chicken Fingers with Corn  
611 Bagged Baby Carrots  
749 Apple Cherry Juice

286 Penne Pasta with Meat Sauce, Cheese & Italian Vegetables OR **25**  
284 Chicken Alfredo with Penne Pasta & Broccoli  
630 Dragon Punch Vegetable Juice  
684 Mixed Berry Applesauce

264 4x6 Cheese Pizza OR **26**  
263 Round Cheese Pizza OR  
242 Chicken, Turkey Ham & Cheese Wedge  
706 Romaine Salad with Cherry Tomatoes  
740 Apple Juice  
992 Oatmeal Cookie

277 Chicken Fajita Bowl with Rice, Black Beans & Tomatoes **27**  
670 Fresh Fruit

298 Turkey Chili with Italian Vegetables OR **30**  
293 Parmesan Chicken with Green Beans  
620 Salsa  
752 Fruit Punch Juice  
941 Tostito Scoops

295 Meatloaf with Mashed Potatoes OR **31**  
280 Hamburger with Green Beans  
630 Dragon Punch Vegetable Juice  
670 Fresh Fruit  
915 Hamburger Bun

256 Cheese Stuffed Breadsticks & 622 Marinara Sauce OR **1**  
268 French Bread Pizza  
632 Wango Mango Vegetable Juice  
648 Dole Strawberry Gello Bowl

282 BBQ Popcorn Chicken with Sweet Mashed Potatoes OR **2**  
228 Turkey Ham & Cheese Sub  
611 Bagged Baby Carrots  
546 Cheesy Pizza Hummus  
659 Watermelon Craisins  
909 Dinner Roll

202 Cheeseburger with Bun OR **3**  
226 Philly Cheesesteak Pinwheel OR  
227 Turkey Ham, Turkey Pepperoni & Cheese Sandwich  
708 Romaine Salad with Spinach & Chickpeas  
670 Fresh Fruit  
990 Chocolate Chip Cookie

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information please call (215) 895-3470 during normal business hours.