

# NOVEMBER 2022 AFTERSCHOOL COLD SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10/31/2022</p> <p>118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE</p> <p>546 CHEESY PIZZA HUMMUS</p> <p>611 <b>BABY CARROTS PACK</b></p> <p>683 UNSWEETENED APPLESAUCE CUP</p> <p>942 MULTIGRAIN SUNCHIPS</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2402</p> <p style="text-align: center;"><b>Halloween</b></p> 	<p>11/1/2022</p> <p>136 VANILLA YOGURT</p> <p>132 DRY ROASTED ORGANIC PUMPKIN SEEDS</p> <p>630 100% DRAGON PUNCH VEGETABLE JUICE</p> <p>670 FRESH FRUIT</p> <p>345 HONEY SCOOTERS CEREAL</p> <p>100 WHITE MILK 2407</p> <p style="text-align: center;"><b>All Saints Day</b></p> <p style="text-align: center;">ORDER DUE FOR WEEK OF NOV 21</p>	<p>11/2/2022</p> <p>228 TURKEY HAM &amp; CHEESE ON WG SUB SANDWICH</p> <p>611 <b>BABY CARROTS PACK</b></p> <p>684 MIXED BERRY APPLESAUCE CUP</p> <p>963 MUSTARD</p> <p>943 RANCH DRESSING</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2430</p> 	<p>11/3/2022</p> <p>124 JENNIE-O SMOKE HOUSE TURKEY BREAD STICK</p> <p>126 LAND O LAKES CO-JACK CHEESE STICK</p> <p>631 100% CHERRY STAR VEGETABLE JUICE</p> <p>670 FRESH FRUIT</p> <p>928 PEPPERIDGE FARM WG GOLDFISH PRETZELS</p> <p>100 WHITE MILK 2405</p> <p style="text-align: right;">2405</p>	<p>11/4/2022</p> <p>139 CHEDDAR CHEESE CUP</p> <p>129 HONEY ROASTED SUNFLOWER KERNELS</p> <p>620 RED GOLD SALSA CUP</p> <p>670 FRESH FRUIT</p> <p>941 TOSTITOS SCOOPS</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2413</p> 
<p>11/7/2022</p> <p>118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE</p> <p>543 RED PEPPER HUMMUS</p> <p>611 <b>BABY CARROTS PACK</b></p> <p>683 UNSWEETENED APPLESAUCE CUP</p> <p>939 HEARTZELS PRETZELS</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2402</p> 	<p>11/8/2022</p> <p>137 PEACH YOGURT</p> <p>130 SUNFLOWER KERNELS</p> <p>632 100% WANGO MANGO VEGETABLE JUICE</p> <p>696 RAISINS</p> <p>922 BAGGED WG PREMIUM GRANOLA</p> <p>100 WHITE MILK 2407</p> <p style="text-align: center;"><b>Election Day</b></p> <p style="text-align: center;">ORDER DUE FOR WEEK OF NOV 28</p>	<p>11/9/2022</p> <p>242 CHICKEN, TURKEY HAM &amp; TWO CHEESE WG WEDGE SANDWICH</p> <p>611 <b>BABY CARROTS PACK</b></p> <p>670 FRESH FRUIT</p> <p>963 MUSTARD</p> <p>943 RANCH DRESSING</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2415</p>	<p>11/10/2022</p> <p>139 CHEDDAR CHEESE CUP</p> <p>132 DRY ROASTED ORGANIC PUMPKIN SEEDS</p> <p>631 100% CHERRY STAR VEGETABLE JUICE</p> <p>670 FRESH FRUIT</p> <p>926 GARDEN SALSA SUNCHIPS</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2413</p>	<p>11/11/2022</p> <p>126 LAND O LAKES CO-JACK CHEESE STICK</p> <p>129 HONEY ROASTED SUNFLOWER KERNELS</p> <p>630 100% DRAGON PUNCH VEGETABLE JUICE</p> <p>684 MIXED BERRY APPLESAUCE CUP</p> <p>341 WG VANILLA HONEY BUNCHES OF OATS CEREAL</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2402</p> <p style="text-align: center;"><b>Veterans Day</b></p>
<p>11/14/2022</p> <p>118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE</p> <p>546 CHEESY PIZZA HUMMUS</p> <p>611 <b>BABY CARROTS PACK</b></p> <p>683 UNSWEETENED APPLESAUCE CUP</p> <p>941 TOSTITOS SCOOPS</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2402</p>	<p>11/15/2022</p> <p>133 STRAWBERRY BANANA YOGURT</p> <p>130 SUNFLOWER KERNELS</p> <p>631 100% CHERRY STAR VEGETABLE JUICE</p> <p>670 FRESH FRUIT</p> <p>346 CINNAMON TOAST CRUNCH CEREAL</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2407</p> <p style="text-align: center;"><b>DOUBLE ORDER DUE: DEC 5 &amp; 12</b></p>	<p>11/16/2022</p> <p>228 TURKEY HAM &amp; CHEESE ON WG SUB SANDWICH</p> <p>611 <b>BABY CARROTS PACK</b></p> <p>670 FRESH FRUIT</p> <p>963 MUSTARD</p> <p>943 RANCH DRESSING</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2430</p> 	<p>11/17/2022</p> <p>125 JENNIE-O SWEET BBQ TURKEY BREAD STICK</p> <p>132 DRY ROASTED ORGANIC PUMPKIN SEEDS</p> <p>632 100% WANGO MANGO VEGETABLE JUICE</p> <p>684 MIXED BERRY APPLESAUCE CUP</p> <p>927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH</p> <p>100 WHITE MILK 2405</p> <p style="text-align: right;">2405</p>	<p>11/18/2022</p> <p>139 CHEDDAR CHEESE CUP</p> <p>129 HONEY ROASTED SUNFLOWER KERNELS</p> <p>630 100% DRAGON PUNCH VEGETABLE JUICE</p> <p>670 FRESH FRUIT</p> <p>942 MULTIGRAIN SUNCHIPS</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2413</p>
<p>11/21/2022</p> <p>118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE</p> <p>543 RED PEPPER HUMMUS</p> <p>611 <b>BABY CARROTS PACK</b></p> <p>683 UNSWEETENED APPLESAUCE CUP</p> <p>939 HEARTZELS PRETZELS</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2402</p> 	<p>11/22/2022</p> <p>138 BLUEBERRY YOGURT</p> <p>130 SUNFLOWER KERNELS</p> <p>632 100% WANGO MANGO VEGETABLE JUICE</p> <p>696 RAISINS</p> <p>922 BAGGED WG PREMIUM GRANOLA</p> <p>100 WHITE MILK 2407</p> <p style="text-align: center;"><b>NO ORDER THIS WEEK</b></p>	<p>11/23/2022</p> <p>242 CHICKEN, TURKEY HAM &amp; TWO CHEESE WG WEDGE SANDWICH</p> <p>611 <b>BABY CARROTS PACK</b></p> <p>670 FRESH FRUIT</p> <p>963 MUSTARD</p> <p>943 RANCH DRESSING</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2415</p>	<p>11/24/2022</p> <p style="text-align: center;"><b>Thanksgiving Day</b></p> 	<p>11/25/2022</p> <p>126 LAND O LAKES CO-JACK CHEESE STICK</p> <p>129 HONEY ROASTED SUNFLOWER KERNELS</p> <p>631 100% CHERRY STAR VEGETABLE JUICE</p> <p>670 FRESH FRUIT</p> <p>347 CINNAMON CHEX CEREAL</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2402</p>
<p>11/28/2022</p> <p>118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE</p> <p>546 CHEESY PIZZA HUMMUS</p> <p>611 <b>BABY CARROTS PACK</b></p> <p>684 MIXED BERRY APPLESAUCE CUP</p> <p>926 GARDEN SALSA SUNCHIPS</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2402</p>	<p>11/29/2022</p> <p>134 CHERRY VANILLA YOGURT</p> <p>132 DRY ROASTED ORGANIC PUMPKIN SEEDS</p> <p>630 100% DRAGON PUNCH VEGETABLE JUICE</p> <p>670 FRESH FRUIT</p> <p>922 BAGGED WG PREMIUM GRANOLA</p> <p>100 WHITE MILK 2407</p> <p style="text-align: center;"><b>TRIPLE ORDER: DEC 19, 26 &amp; JAN 2</b></p>	<p>11/30/2022</p> <p>228 TURKEY HAM &amp; CHEESE ON WG SUB SANDWICH</p> <p>611 <b>BABY CARROTS PACK</b></p> <p>683 UNSWEETENED APPLESAUCE CUP</p> <p>963 MUSTARD</p> <p>943 RANCH DRESSING</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2430</p> 	<p>12/1/2022</p> <p>126 LAND O LAKES CO-JACK CHEESE STICK</p> <p>129 HONEY ROASTED SUNFLOWER KERNELS</p> <p>632 100% WANGO MANGO VEGETABLE JUICE</p> <p>670 FRESH FRUIT</p> <p>345 HONEY SCOOTERS CEREAL</p> <p>100 WHITE MILK 2402</p> <p style="text-align: right;">2402</p>	<p>12/2/2022</p> <p>139 CHEDDAR CHEESE CUP</p> <p>130 SUNFLOWER KERNELS</p> <p>620 RED GOLD SALSA CUP</p> <p>670 FRESH FRUIT</p> <p>941 TOSTITOS SCOOPS</p> <p>100 WHITE MILK</p> <p style="text-align: right;">2413</p> 

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**MEALS CONTAINING HIGHLIGHTED FRESH ITEMS CANNOT BE CHANGED OR CANCELLED    MENU SUBJECT TO CHANGE**  
**Milk: Either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk must be served.**  
**REMINDER: Water must be OFFERED every day!    WG=WHOLE GRAIN**