



SEPTEMBER 2022

Elementary

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
281 Popcorn Chicken with Roasted Potatoes 611 Bagged Baby Carrots 749 Apple Cherry Juice 990 Chocolate Chip Cookie 29	215 Taco Stick 620 Salsa 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 941 Tostitos Scoops 30	280 Hamburger with Green Beans 541 Chocolate Hummus 659 Craisins 932 Cinnamon Scooby Snacks 31	263 5" Round Cheese Pizza 708 Romaine Salad with Spinach & Chickpeas 670 Fresh Fruit 1	282 BBQ Popcorn Chicken with Sweet Mashed Potatoes 632 Wango Mango Vegetable Juice 608 Dole Fruit Cup 915 Hamburger Bun 2
Labor Day 5	283 Chicken Fingers & Corn 631 Cherry Star Vegetable Juice 645 Dole Pineapple Cup 929 Elf Grahams 6	286 Penne pasta with Meat Sauce, Cheese & Italian Vegetables 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 901 Honey Biscuit 7	218 Mozzarella Pinwheels 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 670 Fresh Fruit 8	274 Toasted Cheese Sandwich 706 Romaine Salad with Cherry Tomatoes 752 Fruit Punch Juice 9
284 Chicken Alfredo with Penne Pasta & Broccoli 631 Cherry Star Vegetable Juice 670 Fresh Fruit 908 Dinner Rolls 12	280 Hamburger with Green Beans 611 Bagged Baby Carrots 750 Apple Juice 13	281 Popcorn Chicken with Roasted Potatoes 541 Chocolate Hummus 749 Apple Cherry Juice 932 Cinnamon Scooby Snacks 14	264 4x6 Cheese Pizza 708 Romaine Salad with Chickpeas 670 Fresh Fruit 15	215 Taco Stick 620 Salsa 632 Wango Mango Vegetable Juice 670 Fresh Fruit 941 Tostitos Scoops 16
285 Chicken Strips & Green Beans 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 19	252 Hot Dog 604 Baked Beans 685 Rosati Water Ice 928 Goldfish Pretzels 20	282 BBQ Popcorn Chicken With Sweet Mashed Potatoes 632 Wango Mango Vegetable Juice 690 Apple Crisps 915 Hamburger Bun 932 Cinnamon Scooby Snacks 21	218 Mozzarella Pinwheels 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit 992 Oatmeal Cookie 22	276 Chicken Teriyaki with Rice & Carrots 752 Fruit Punch Juice 903 Maple Biscuits 23
283 Chicken Fingers & Corn 542 Harvest Pumpkin Hummus 670 Fresh Fruit 932 Cinnamon Scooby Snacks 26	286 Penne Pasta with Meat Sauce, Cheese & Italian Vegetables 611 Bagged Baby Carrots 750 Apple Juice 908 Dinner Rolls 27	215 Taco Stick 620 Salsa 632 Wango Mango Vegetable Juice 670 Fresh Fruit 941 Tostitos Scoops 28	277 Chicken Fajita Bowl with Brown Rice, Black Beans & Tomato 630 Dragon Punch Vegetable Juice 657 Strawberry Craisins 29	263 5" Round Cheese Pizza 708 Romaine Salad with Chickpeas 670 Fresh Fruit 928 Goldfish 30

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.