

AUGUST 2022 CHILD CARE SNACK MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| 8/1/2022 | 8/2/2022 | 8/3/2022 | 8/4/2022 | 8/5/2022 |
| 936 WG VANILLA BEAR GRAHAMS 137 PEACH YOGURT | 988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK | 931 WHOLE GRAIN ANIMAL CRACKERS 136 VANILLA YOGURT | 928 PEPPERIDGE FARM WG GOLDFISH PRETZELS <i>or</i> 939 HEARTZELS PRETZELS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE) | 930 WG CHEEZ-IT BAKED CRACKERS 752 100% FRUIT JUICE BLEND (4 OUNCE) 444 100% FRUIT JUICE BLEND (6 OUNCE) |
| 8/8/2022 | 8/9/2022 | 8/10/2022 | 8/11/2022 | 8/12/2022 |
| 937 WG APPLE CINNAMON BEAR GRAHAMS 133 STRAWBERRY BANANA YOGURT | 989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK | 934 WG DINO BITES GRAHAMS 134 CHERRY VANILLA YOGURT | 927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 748 100% GRAPE JUICE (4 OUNCE) 441 100% GRAPE JUICE (6 OUNCE) | 930 WG CHEEZ-IT BAKED CRACKERS <i>or</i> 926 GARDEN SALSA SUNCHIPS 749 100% APPLE CHERRY JUICE (4 OUNCE) 450 100% APPLE CHERRY JUICE (6 OUNCE) |
| 8/15/2022 | 8/16/2022 | 8/17/2022 | 8/18/2022 | 8/19/2022 |
| 935 WG ALL SPORTS GRAHAMS 138 BLUEBERRY YOGURT | 988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK | 936 WG VANILLA BEAR GRAHAMS 137 PEACH YOGURT | 928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 753 100% ORANGE JUICE (4 OUNCE) 442 100% ORANGE JUICE (6 OUNCE) | 938 WG SAVORY BITES WHEAT CRACKERS <i>or</i> 942 MULTIGRAIN SUNCHIPS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE) |
| Assumption of Mary | | | | |
| 8/22/2022 | 8/23/2022 | 8/24/2022 | 8/25/2022 | 8/26/2022 |
| 931 WHOLE GRAIN ANIMAL CRACKERS 136 VANILLA YOGURT | 989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK | 937 WG APPLE CINNAMON BEAR GRAHAMS 133 STRAWBERRY BANANA YOGURT | 927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 752 100% FRUIT JUICE BLEND (4 OUNCE) 444 100% FRUIT JUICE BLEND (6 OUNCE) | 930 WG CHEEZ-IT BAKED CRACKERS <i>or</i> 940 PRETZELS & CHEDDAR SUNCHIPS MIX 749 100% APPLE CHERRY JUICE (4 OUNCE) 450 100% APPLE CHERRY JUICE (6 OUNCE) |
| 8/29/2022 | 8/30/2022 | 8/31/2022 | 9/1/2022 | 9/2/2022 |
| 934 WG DINO BITES GRAHAMS 134 CHERRY VANILLA YOGURT | 988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK | 935 WG ALL SPORTS GRAHAMS 138 BLUEBERRY YOGURT | 928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE) | 930 WG CHEEZ-IT BAKED CRACKERS <i>or</i> 924 HARVEST CHEDDAR SUNCHIPS 752 100% FRUIT JUICE BLEND (4 OUNCE) 444 100% FRUIT JUICE BLEND (6 OUNCE) |

MENU SUBJECT TO CHANGE

SERVE 4 OUNCE JUICE TO CHILDREN AGES 1 THROUGH 5. SERVE 6 OUNCE JUICE TO CHILDREN AGE 6 & OLDER.

WHEN SERVING A GRAIN WITH YOGURT OR A SOY BUTTER CUP, YOU ARE ENCOURAGED TO SERVE WATER; NEITHER JUICE NOR MILK ARE PROVIDED FOR THESE SNACKS.

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

WG = WHOLE GRAIN-RICH REMINDER: Water must be OFFERED every day!

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