

JULY 2022 CHILD CARE SNACK MENU

MONDAY 7/4/2022	TUESDAY 7/5/2022	WEDNESDAY 7/6/2022	THURSDAY 7/7/2022	FRIDAY 7/8/2022
Happy Independence Day!	988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP or 100 WHITE MILK	931 WHOLE GRAIN ANIMAL CRACKERS 136 VANILLA YOGURT	928 PEPPERIDGE FARM WG GOLDFISH PRETZELS or 939 HEARTZELS PRETZELS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE)	930 WG CHEEZ-IT BAKED CRACKERS 752 100% FRUIT JUICE BLEND (4 OUNCE) 444 100% FRUIT JUICE BLEND (6 OUNCE)
7/11/2022	7/12/2022	7/13/2022	7/14/2022	7/15/2022
937 WG APPLE CINNAMON BEAR GRAHAMS 133 STRAWBERRY BANANA YOGURT	989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP or 100 WHITE MILK	934 WG DINO BITES GRAHAMS 134 CHERRY VANILLA YOGURT	927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 748 100% GRAPE JUICE (4 OUNCE) 441 100% GRAPE JUICE (6 OUNCE)	930 WG CHEEZ-IT BAKED CRACKERS or 926 GARDEN SALSA SUNCHIPS 749 100% APPLE CHERRY JUICE (4 OUNCE) 450 100% APPLE CHERRY JUICE (6 OUNCE)
7/18/2022	7/19/2022	7/20/2022	7/21/2022	7/22/2022
931 WHOLE GRAIN ANIMAL CRACKERS 138 BLUEBERRY YOGURT	988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP or 100 WHITE MILK	936 WG VANILLA BEAR GRAHAMS 137 PEACH YOGURT	928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 753 100% ORANGE JUICE (4 OUNCE) 442 100% ORANGE JUICE (6 OUNCE)	938 WG SAVORY BITES WHEAT CRACKERS or 942 MULTIGRAIN SUNCHIPS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE)
7/25/2022	7/26/2022	7/27/2022	7/28/2022	7/29/2022
935 WG ALL SPORTS GRAHAMS 136 VANILLA YOGURT	989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP or 100 WHITE MILK	937 WG APPLE CINNAMON BEAR GRAHAMS 133 STRAWBERRY BANANA YOGURT	927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 752 100% FRUIT JUICE BLEND (4 OUNCE) 444 100% FRUIT JUICE BLEND (6 OUNCE)	930 WG CHEEZ-IT BAKED CRACKERS or 940 PRETZELS & CHEDDAR SUNCHIPS MIX 749 100% APPLE CHERRY JUICE (4 OUNCE) 450 100% APPLE CHERRY JUICE (6 OUNCE)

MENU SUBJECT TO CHANGE

SERVE 4 OUNCE JUICE TO CHILDREN AGES 1 THROUGH 5. SERVE 6 OUNCE JUICE TO CHILDREN AGE 6 & OLDER.

*****WHEN SERVING A GRAIN WITH YOGURT OR A SOY BUTTER CUP, YOU ARE ENCOURAGED TO SERVE WATER; NEITHER JUICE NOR MILK ARE PROVIDED FOR THESE SNACKS.*****

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

WG = WHOLE GRAIN-RICH REMINDER: Water must be OFFERED every day!

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