

JULY 2022 CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

MONDAY 7/4/2022	TUESDAY 7/5/2022	WEDNESDAY 7/6/2022	THURSDAY 7/7/2022	FRIDAY 7/8/2022
<p>Happy Independence Day!</p>	251 WG BAKED CHICKEN NUGGETS 630 100% DRAGON PUNCH VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 631 100% CHERRY STAR VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK	238 TURKEY BREAST & AMERICAN CHEESE ON WG CROISSANT 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS PACK 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK
205 WG POPCORN CHICKEN 632 100% WANGO MANGO VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 631 100% CHERRY STAR VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS PACK 670 FRESH FRUIT 100 WHITE MILK	238 TURKEY BREAST & AMERICAN CHEESE ON WG CROISSANT 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK
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MENU SUBJECT TO CHANGE

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER: Water must be OFFERED every day!

WG = WHOLE GRAIN-RICH

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