

MAY 2022 CHILD CARE SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5/2/2022 936 WG VANILLA BEAR GRAHAMS 138 BLUEBERRY YOGURT	5/3/2022 988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP or 100 WHITE MILK	5/4/2022 931 WHOLE GRAIN ANIMAL CRACKERS 136 VANILLA YOGURT	5/5/2022 928 PEPPERIDGE FARM WG GOLDFISH PRETZELS or 939 HEARTZELS PRETZELS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE)	5/6/2022 930 WG CHEEZ-IT BAKED CRACKERS 752 100% FRUIT JUICE BLEND (4 OUNCE) 444 100% FRUIT JUICE BLEND (6 OUNCE)
5/9/2022 937 WG APPLE CINNAMON BEAR GRAHAMS 133 STRAWBERRY BANANA YOGURT	5/10/2022 989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP or 100 WHITE MILK	5/11/2022 934 WG DINO BITES GRAHAMS 134 CHERRY VANILLA YOGURT	National Day of Prayer 5/12/2022 927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 748 100% GRAPE JUICE (4 OUNCE) 441 100% GRAPE JUICE (6 OUNCE)	5/13/2022 930 WG CHEEZ-IT BAKED CRACKERS or 926 GARDEN SALSA SUNCHIPS 749 100% APPLE CHERRY JUICE (4 OUNCE) 450 100% APPLE CHERRY JUICE (6 OUNCE)
5/16/2022 931 WHOLE GRAIN ANIMAL CRACKERS 138 BLUEBERRY YOGURT	5/17/2022 988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP or 100 WHITE MILK	5/18/2022 936 WG VANILLA BEAR GRAHAMS 137 PEACH YOGURT	5/19/2022 928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 753 100% ORANGE JUICE (4 OUNCE) 442 100% ORANGE JUICE (6 OUNCE)	5/20/2022 938 WG SAVORY BITES WHEAT CRACKERS or 942 MULTIGRAIN SUNCHIPS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE)
5/23/2022 935 WG ALL SPORTS GRAHAMS 136 VANILLA YOGURT	5/24/2022 989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP or 100 WHITE MILK	5/25/2022 937 WG APPLE CINNAMON BEAR GRAHAMS 133 STRAWBERRY BANANA YOGURT	5/26/2022 927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 752 100% FRUIT JUICE BLEND (4 OUNCE) 444 100% FRUIT JUICE BLEND (6 OUNCE)	5/27/2022 930 WG CHEEZ-IT BAKED CRACKERS or 940 PRETZELS & CHEDDAR SUNCHIPS MIX 749 100% APPLE CHERRY JUICE (4 OUNCE) 450 100% APPLE CHERRY JUICE (6 OUNCE)
5/30/2022 Memorial Day	5/31/2022 988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP or 100 WHITE MILK	6/1/2022 934 WG DINO BITES GRAHAMS 134 CHERRY VANILLA YOGURT	Ascension Thursday 6/2/2022 928 PEPPERIDGE FARM WG GOLDFISH PRETZELS or 939 HEARTZELS PRETZELS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE)	6/3/2022 938 WG SAVORY BITES WHEAT CRACKERS 752 100% FRUIT JUICE BLEND (4 OUNCE) 444 100% FRUIT JUICE BLEND (6 OUNCE)

MENU SUBJECT TO CHANGE

SERVE 4 OUNCE JUICE TO CHILDREN AGES 1 THROUGH 5. SERVE 6 OUNCE JUICE TO CHILDREN AGE 6 & OLDER.

WHEN SERVING A GRAIN WITH YOGURT OR A SOY BUTTER CUP, YOU ARE ENCOURAGED TO SERVE WATER; NEITHER JUICE NOR MILK ARE PROVIDED FOR THESE SNACKS.

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

WG = WHOLE GRAIN-RICH REMINDER: Water must be OFFERED every day!

Nutritional Development Services - Archdiocese of Philadelphia, 222 N. 17th Street, Philadelphia, PA 19103 Phone: 215-895-3470