



June 2022



High School Lunch

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Archdiocese of Philadelphia
222 N. 17th Street
Philadelphia, PA 19103
215-895-3470

SchoolMealsNDS

NDSSchoolLunchProgram

SchoolMealsNDS

www.nutritionaldevelopmentservices.org

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>30</p> <p>Memorial Day</p>	<p>31</p> <p>289 Pancakes with Sausage 634 Hash Browns 630 Dragon Punch Vegetable Juice 659 Watermelon Craisins 647 Dole Mandarin Orange Cup</p>	<p>1</p> <p>269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds 611 Bagged Baby Carrots 541 Chocolate Hummus 645 Dole Pineapple Cup 686 Rosati Water Ice Cup</p>	<p>2</p> <p>481 Hamburger 708 Romaine Salad with Spinach & Chickpeas 630 Dragon Punch Vegetable Juice 447 Mott's Apple White Grape Juice 684 Mixed Berry Applesauce 915 Hamburger Bun</p>	<p>3</p> <p>255 Cheese Stuffed Breadsticks 622 Marinara Sauce 631 Cherry Star Vegetable Juice 697 Bagged Sliced Apples 685 Rosati Water Ice</p>
<p>6</p> <p>482 Grilled Chicken Filet 623 Broccoli 631 Cherry Star Vegetable Juice 697 Bagged Sliced Apples 608 Dole Tropical Fruit Cup 915 Hamburger Bun</p>	<p>7</p> <p>271 Spaghetti & Meatballs 623 Broccoli 447 Mott's Apple White Grape Juice 659 Watermelon Craisins 903 Maple Biscuit</p>	<p>8</p> <p>234 Chicken Tenders with Potato Wedges 611 Bagged Baby Carrots 630 Dragon Punch Vegetable Juice 645 Dole Pineapple Cup 445 Mott's Fruit Punch Juice 932 Cinnamon Scooby Snacks</p>	<p>9</p> <p>253 Hot Dog with French Fries 603 Maple Baked Beans 608 Dole Tropical Fruit Cup 446 Mott's Apple Juice 906 Hot Dog Bun</p>	<p>10</p> <p>263 5" Round Cheese Pizza 634 Hash Browns 630 Dragon Punch Vegetable Juice 658 Cherry Craisins 684 Mixed Berry Applesauce 990 Chocolate Chip Cookie</p>
<p>13</p> <p>205 Popcorn Chicken 611 Bagged Baby Carrots 630 Dragon Punch Vegetable Juice 690 Apple Crisps 445 Mott's Fruit Punch Juice 990 Chocolate Chip Cookie</p>	<p>14</p> <p>215 Beef & Cheese Taco 620 Salsa 639 Corn 659 Watermelon Craisins 684 Mixed Berry Applesauce 941 Tostitos Scoops</p>	<p>15</p> <p>268 French Bread Cheese Pizza 623 Broccoli 631 Cherry Star Vegetable Juice 608 Dole Tropical Fruit Cup 690 Apple Crisps</p>	<p>16</p> <p>253 Hot Dog with French Fries 603 Maple Baked Beans 694 Kiwi Strawberry Sidekick 645 Dole Pineapple Cup 906 Hot Dog Bun</p>	<p>17</p> <p>217 Teriyaki Chicken with Brown Rice 624 Garlic Green Beans 633 Sunset Sip Vegetable Juice 658 Cherry Craisins 446 Mott's Apple Juice 909 Dinner Roll</p>

Have a great summer!