

May 2022 High School Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
2 482 Grilled Chicken Filet 630 Dragon Punch Vegetable Juice 634 Hash Browns 608 Dole Tropical Fruit Cup 659 Watermelon Craisins 915 Hamburger Bun	3 292 Penne Pasta with Meat Sauce 623 Broccoli 659 Watermelon Craisins 447 Mott's Apple White Grape Juice 932 Cinnamon Scooby Snacks	4 234 Chicken Tenders with Potato Wedges 624 Garlic Green Beans 631 Cherry Star Vegetable Juice 645 Dole Pineapple Cup 445 Mott's Fruit Punch Juice 932 Cinnamon Scooby Snacks	5 253 Hot Dog with French Fries 603 Maple Baked Beans 608 Dole Tropical Fruit Cup 446 Mott's Apple Juice 906 Hot Dog Bun	6 263 5" Round Cheese Pizza 633 Sunset Sip Vegetable Juice 611 Bagged Baby Carrots 658 Cherry Craisins 684 Mixed Berry Applesauce 990 Chocolate Chip Cookie
9 205 Popcorn Chicken 611 Bagged Baby Carrots 630 Dragon Punch Vegetable Juice 445 Mott's Fruit Punch Juice 690 Apple Crisps 990 Chocolate Chip Cookie	10 221 Two Cheese Chicken Quesadilla 620 Salsa 639 Corn 684 Mixed Berry Applesauce 659 Watermelon Craisins 941 Tostitos Scoops	11 226 Philly Cheesesteak Pinwheel 623 Broccoli 630 Dragon Punch Vegetable Juice 608 Dole Tropical Fruit Cup 690 Apple Crisps	12 253 Hot Dog with French Fries 603 Maple Baked Beans 694 Kiwi Strawberry Sidekick 645 Dole Pineapple Cup 906 Hot Dog Bun	13 217 Teriyaki Chicken with Brown Rice 624 Garlic Green Beans 633 Sunset Sip Vegetable Juice 648 Cherry Craisins 446 Mott's Apple Juice 909 Dinner Roll
16 255 Cheese Stuffed Breadsticks 622 Marinara 633 Sunset Sip Vegetable Juice 697 Bagged Sliced Apples 685 Rosati Water Ice	17 483 Chicken Nuggets 611 Bagged Baby Carrots 541 Chocolate Hummus 603 Maple Baked Beans 659 Watermelon Craisins 686 Rosati Water Ice 993 Holiday Cookie	18 480 Cheeseburger 634 Hash Browns 630 Dragon Punch Vegetable Juice 647 Dole Mandarin Orange Cup 446 Mott's Apple Juice 915 Hamburger Bun	19 263 5" Round Cheese Pizza 708 Romaine Salad with Spinach & Chickpeas 634 Hash Browns 684 Mixed Berry Applesauce 445 Mott's Fruit Punch Juice 990 Chocolate Chip Cookie	20 234 Chicken Tenders with Potato Wedges 623 Broccoli 631 Cherry Star Vegetable Juice 690 Apple Crisps 658 Cherry Craisins 932 Cinnamon Scooby Snacks
23 253 Hot Dog with French Fries 603 Maple Baked Beans 658 Cherry Craisins 445 Mott's Fruit Punch Juice 906 Hot Dog Bun	24 482 Grilled Chicken Filet 704 French Fries 632 Wango Mango Vegetable Juice 684 Mixed Berry Applesauce 690 Apple Crisps 915 Hamburger Bun	25 270 Chicken Tenders with Mac & Cheese OR 234 Chicken Tenders with Potato Wedges 623 Broccoli 630 Dragon Punch Vegetable Juice 684 Mixed Berry Applesauce 608 Dole Tropical Fruit Cup 909 Dinner Roll	26 205 Popcorn Chicken OR 483 Chicken Nuggets 639 Corn 694 Kiwi Strawberry Sidekick 691 Strawberry Apple Crisps 941 Tostitos Scoops 620 Salsa	27 272 Four Cheese Panini 611 Bagged Baby Carrots 632 Wango Mango Vegetable Juice 447 Mott's Apple White Grape Juice 645 Dole Pineapple Cup

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Archdiocese of Philadelphia
222 N. 17th Street
Philadelphia, PA 19103
215-895-3470

SchoolMealsNDS

NDSSchoolLunchProgram

SchoolMealsNDS

www.nutritionaldevelopmentservices.com

PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.