

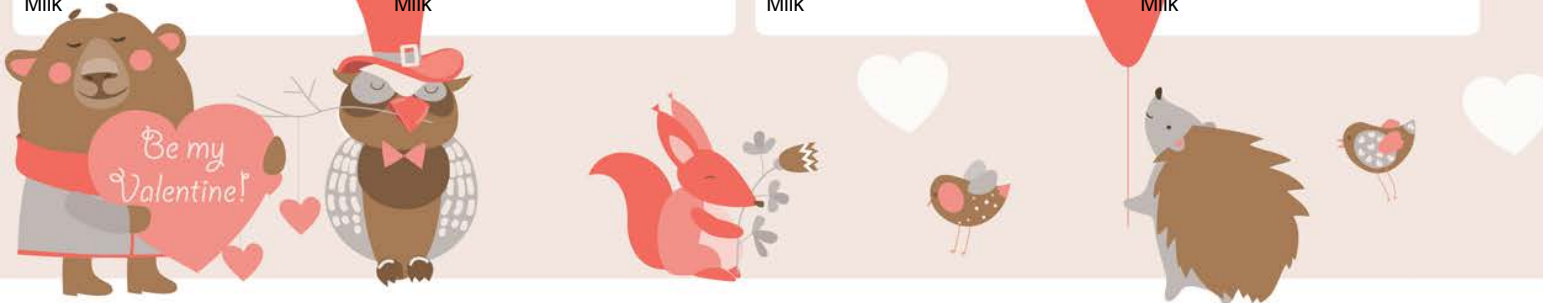
FEBRUARY 2022

High School Cold Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p>31</p> <p>Beef Bologna & Cheese On Wheat Bread Potato Salad Cherry Star Vegetable Juice Fresh Fruit Cherry Craisins Milk</p>	<p>1</p> <p>Chicken Salad on a Whole Grain Bun Celery Sticks Wango Mango Vegetable Juice Fresh Fruit Dole Pineapple Cup Milk</p>	<p>2</p> <p>Tuna Sandwich on Whole Grain Flatbread Bagged Baby Carrots Dragon Punch Vegetable Juice Fresh Fruit Dole Tropical Fruit Cup Milk</p>	<p>3</p> <p>Buffalo Chicken Salad Romaine Mix Bagged Baby Carrots Fresh Fruit Mott's Apple White Grape Juice Whole Grain Roll Milk</p>	<p>4</p> <p>Egg Salad on a Whole Grain Bun White Bean Salad Dragon Punch Vegetable Juice Fresh Fruit Mixed Berry Applesauce Milk</p>
<p>7</p> <p>Turkey & Cheese on Whole Grain Wheat Three Bean Salad Bagged Baby Carrots Fresh Fruit Dole Pineapple Cup Milk</p>	<p>8</p> <p>Chicken Caesar Salad Romaine Mix Dragon Punch Vegetable Juice Fresh Fruit Apple Crisps Whole Grain Dinner Roll Milk</p>	<p>9</p> <p>Roast Beef & Cheese on a Whole Grain Kaiser Roll Potato Salad Sunset Sip Vegetable Juice Fresh Fruit Mott's Apple Juice Milk</p>	<p>10</p> <p>Turkey Hoagie on a Whole Grain Hoagie Roll Carrot Raisin Salad Cherry Star Vegetable Juice Fresh Fruit Mixed Berry Applesauce Milk</p>	<p>11</p> <p>Tuna Salad Cucumber Salad Wango Mango Vegetable Juice Fresh Fruit Apple Crisps Whole Grain Flatbread Milk</p>
<p>14</p> <p>Grilled Chicken on a Whole Grain Pretzel Roll Sliced Cucumbers Wango Mango Vegetable Juice Fresh Fruit Cherry Craisins Milk</p>	<p>15</p> <p>Chipotle Turkey Wrap on a Whole Grain Tortilla Garbanzo Bean Salad Cherry Star Vegetable Juice Fresh Fruit Dole Pineapple Cup Milk</p>	<p>16</p> <p>Italian Wrap on a Whole Grain Tortilla Fiesta Corn Salsa Dragon Punch Vegetable Juice Fresh Fruit Mott's Apple White Grape Juice Milk</p>	<p>17</p> <p>Turkey & Cheese on Wheat Bread Bagged Baby Carrots Sunset Sip Vegetable Juice Fresh Fruit Dole Tropical Fruit Cup Milk</p>	<p>18</p> <p>Garden Salad with Egg Romaine Mix Dragon Punch Vegetable Juice Fresh Fruit Watermelon Craisins Whole Grain Dinner Roll Milk</p>
<p>21</p> <p>Turkey Ham & Cheese on a Whole Grain Club Roll White Bean Salad Wango Mango Vegetable Juice Fresh Fruit Mixed Berry Applesauce Milk</p>	<p>22</p> <p>Tuna on a Whole Grain Kaiser Roll Celery Sticks Cherry Star Vegetable Juice Fresh Fruit Mott's Fruit Punch Juice Milk</p>	<p>23</p> <p>Southwest Chicken Fajita Wrap on a Whole Grain Tortilla Fiesta Corn Salad Dragon Punch Vegetable Juice Fresh Fruit Dole Tropical Fruit Cup Milk</p>	<p>24</p> <p>Chicken & Strawberry Salad Fresh Spinach Cherry Star Vegetable Juice Fresh Fruit Watermelon Craisins Whole Grain Dinner Roll Milk</p>	<p>25</p> <p>American Cheese Hoagie on a Whole Grain Club Roll Salsa Cup & Chips Bagged Baby Carrots Fresh Fruit Mott's Apple Juice Milk</p>



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PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.