

**BREAKFAST**



**FEBRUARY 2022**  
Middle & High School

**Nutritional Development Services**  
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>325 Cinnamon Chex Cup 446 Mott's Apple Juice 608 Dole Tropical Fruit Cup</p> <p>Alternative: 385 Trix Cereal Breakfast Kit</p> <p><b>31</b></p>	<p>328 Chocolate Chip Muffin 691 Strawberry Apple Crisps 684 Mixed Berry Applesauce</p> <p><b>1</b></p>	<p>366 Blueberry Bagel 445 Mott's Fruit Punch Juice 659 Watermelon Craisins</p> <p><b>2</b></p>	<p>333 Blueberry Chex Cereal 447 Mott's Apple White Grape Juice 684 Mixed Berry Applesauce</p> <p><b>3</b></p>	<p>319 Orange Cranberry Muffin 645 Dole Pineapple Cup 690 Apple Crisps</p> <p><b>4</b></p>
<p>334 Cinnamon Toast Crunch Cereal 446 Mott's Apple Juice 691 Strawberry Apple Crisps</p> <p>Alternative: 384 Cinnamon Toast Crunch Breakfast Kit</p> <p><b>7</b></p>	<p>359 Honey Scooters 445 Mott's Fruit Punch Juice 684 Mixed Berry Applesauce</p> <p><b>8</b></p>	<p>327 Pillsbury Maple Mini Waffles 447 Mott's Apple White Grape Juice 645 Dole Pineapple Cup</p> <p><b>9</b></p>	<p>319 Orange Cranberry Muffin 684 Mixed Berry Applesauce 659 Watermelon Craisins</p> <p><b>10</b></p>	<p>328 Chocolate chip Muffin 690 Apple Crisps 647 Dole Mandarin Orange Cup</p> <p><b>11</b></p>
<p>334 Cinnamon Toast Crunch Cereal 446 Mott's Apple Juice 691 Strawberry Apple Crisps</p> <p>Alternative: 385 Trix Cereal Breakfast Kit</p> <p><b>14</b></p>	<p>359 Honey Scooters 445 Mott's Fruit Punch Juice 609 Dole Mixed Fruit Cup</p> <p><b>15</b></p>	<p>327 Pillsbury Maple Mini Waffles 690 Apple Crisps 645 Dole Pineapple Cup</p> <p><b>16</b></p>	<p>319 Orange Cranberry Muffin 684 Mixed Berry Applesauce 659 Watermelon Craisins</p> <p><b>17</b></p>	<p>328 Chocolate Chip Muffin 447 Mott's Apple White Grape Juice 647 Dole Mandarin Orange Cup</p> <p><b>18</b></p>
<p>325 Cinnamon Chex Cup 445 Mott's Fruit Punch Juice 608 Dole Tropical Fruit Cup Alternative: 384 Cinnamon Toast Crunch Breakfast Kit</p> <p><b>21</b></p>	<p>328 Chocolate Chip Muffin 446 Mott's Apple Juice 684 Mixed Berry Applesauce</p> <p><b>22</b></p>	<p>366 Blueberry Bagel 691 Strawberry Apple Crisps 659 Watermelon Craisins</p> <p><b>23</b></p>	<p>334 Cinnamon Toast Crunch Cereal 658 Cherry Craisins 697 Bagged Sliced Apples</p> <p><b>24</b></p>	<p>319 Orange Cranberry Muffin 447 Mott's Apple White Grape Juice 690 Apple Crisps</p> <p><b>25</b></p>
<p><b>28</b></p>				



**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.