





JANUARY 2022 AFTERSCHOOL COLD SUPPER MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/10/2022 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 546 CHEESY PIZZA HUMMUS 611 BABY CARROTS PACK 683 UNSWEETENED APPLESAUCE CUP 942 MULTIGRAIN SUNCHIPS 100 WHITE MILK  2402	1/11/2022 136 VANILLA YOGURT 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 630 100% DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 345 HONEY SCOOTERS CEREAL 100 WHITE MILK 2407	1/12/2022 205 WG POPCORN CHICKEN 611 BABY CARROTS PACK 670 FRESH FRUIT 958 KETCHUP 943 RANCH DRESSING 100 WHITE MILK 2410 ORDER DUE FOR WEEK OF JAN 31	1/13/2022 124 JENNIE-O SMOKE HOUSE TURKEY BREAST STICK 126 LAND O LAKES CO-JACK CHEESE STICK 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 939 HEARTZELS PRETZELS 100 WHITE MILK 2405	1/14/2022 139 CHEDDAR CHEESE CUP 129 HONEY ROASTED SUNFLOWER KERNELS 620 RED GOLD SALSA CUP 697 BAGGED APPLE SLICES 941 TOSTITOS SCOOPS 100 WHITE MILK 2413
1/17/2022 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 543 RED PEPPER HUMMUS 611 BABY CARROTS PACK 683 UNSWEETENED APPLESAUCE CUP 926 GARDEN SALSA SUNCHIPS 100 WHITE MILK 2402 Martin Luther King, Jr. Day	1/18/2022 133 STRAWBERRY BANANA YOGURT 130 SUNFLOWER KERNELS 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 922 BAGGED WG PREMIUM GRANOLA 100 WHITE MILK 2407	1/19/2022 205 WG POPCORN CHICKEN 611 BABY CARROTS PACK 696 RAISINS 954 BARBECUE SAUCE 943 RANCH DRESSING 100 WHITE MILK 2410 ORDER DUE FOR WEEK OF FEB 7	1/20/2022 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 963 MUSTARD 100 WHITE MILK 2415	1/21/2022 126 LAND O LAKES CO-JACK CHEESE STICK 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 631 100% CHERRY STAR VEGETABLE JUICE 697 BAGGED APPLE SLICES 341 WG VANILLA HONEY BUNCHES OF OATS CEREAL 100 WHITE MILK 2402
1/24/2022 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 546 CHEESY PIZZA HUMMUS 611 BABY CARROTS PACK 684 MIXED BERRY APPLESAUCE CUP 941 TOSTITOS SCOOPS 100 WHITE MILK 2402	1/25/2022 138 BLUEBERRY YOGURT 129 HONEY ROASTED SUNFLOWER KERNELS 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 346 CINNAMON TOAST CRUNCH CEREAL 100 WHITE MILK 2407	1/26/2022 205 WG POPCORN CHICKEN 611 BABY CARROTS PACK 670 FRESH FRUIT 965 HONEY MUSTARD 943 RANCH DRESSING 100 WHITE MILK 2410 ORDER DUE FOR WEEK OF FEB 14	1/27/2022 126 LAND O LAKES CO-JACK CHEESE STICK 130 SUNFLOWER KERNELS 630 100% DRAGON PUNCH VEGETABLE JUICE 697 BAGGED APPLE SLICES 942 MULTIGRAIN SUNCHIPS 100 WHITE MILK 2402	1/28/2022 139 CHEDDAR CHEESE CUP 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 631 100% CHERRY STAR VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 939 HEARTZELS PRETZELS 100 WHITE MILK  2413

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MEALS CONTAINING HIGHLIGHTED FRESH ITEMS CANNOT BE CHANGED OR CANCELLED.

Milk: Either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk must be served.

REMINDER: Water must be OFFERED every day!

WG = WHOLE GRAIN-RICH

MENU SUBJECT TO CHANGE

