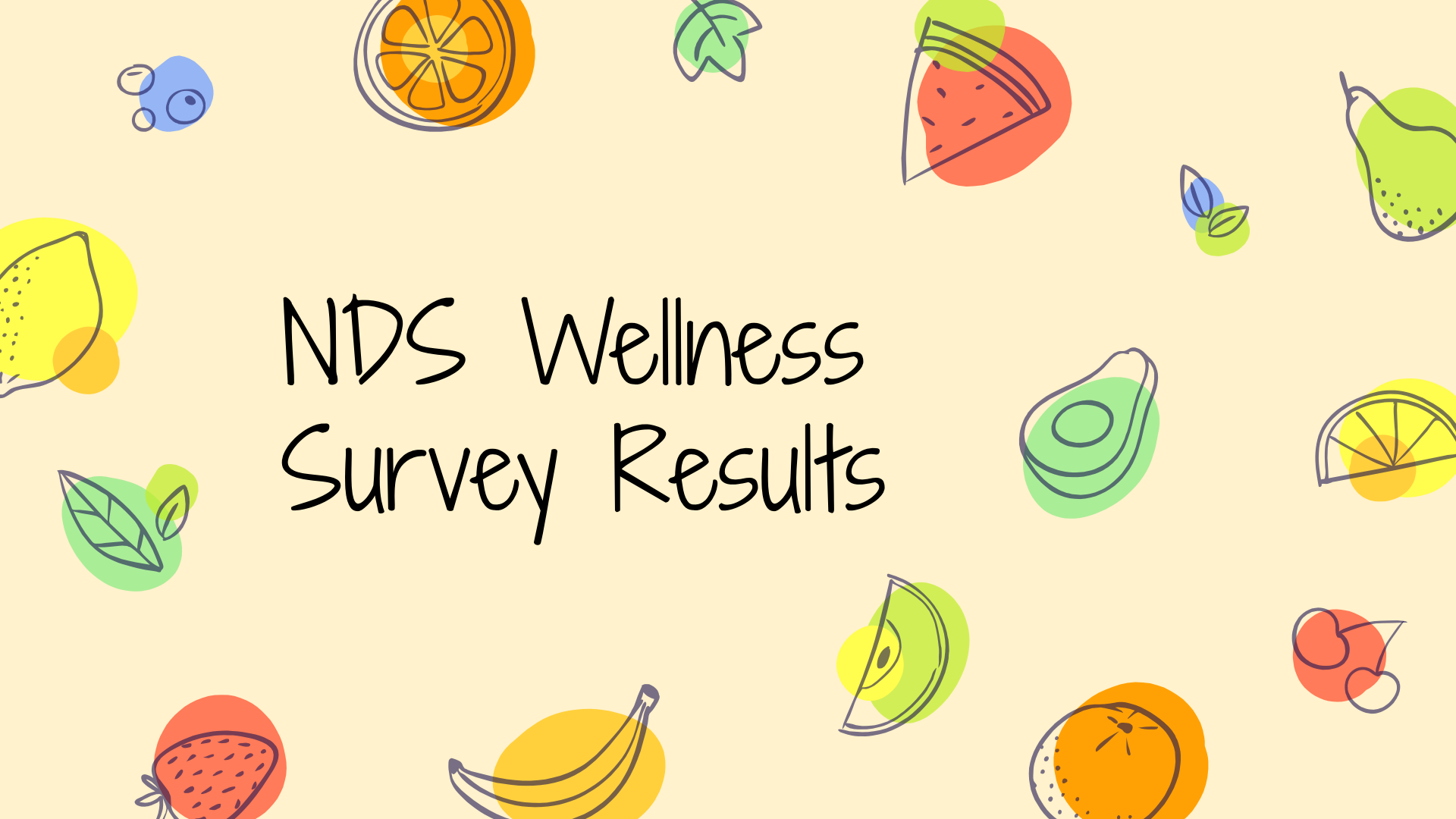


NDS Wellness Survey Results



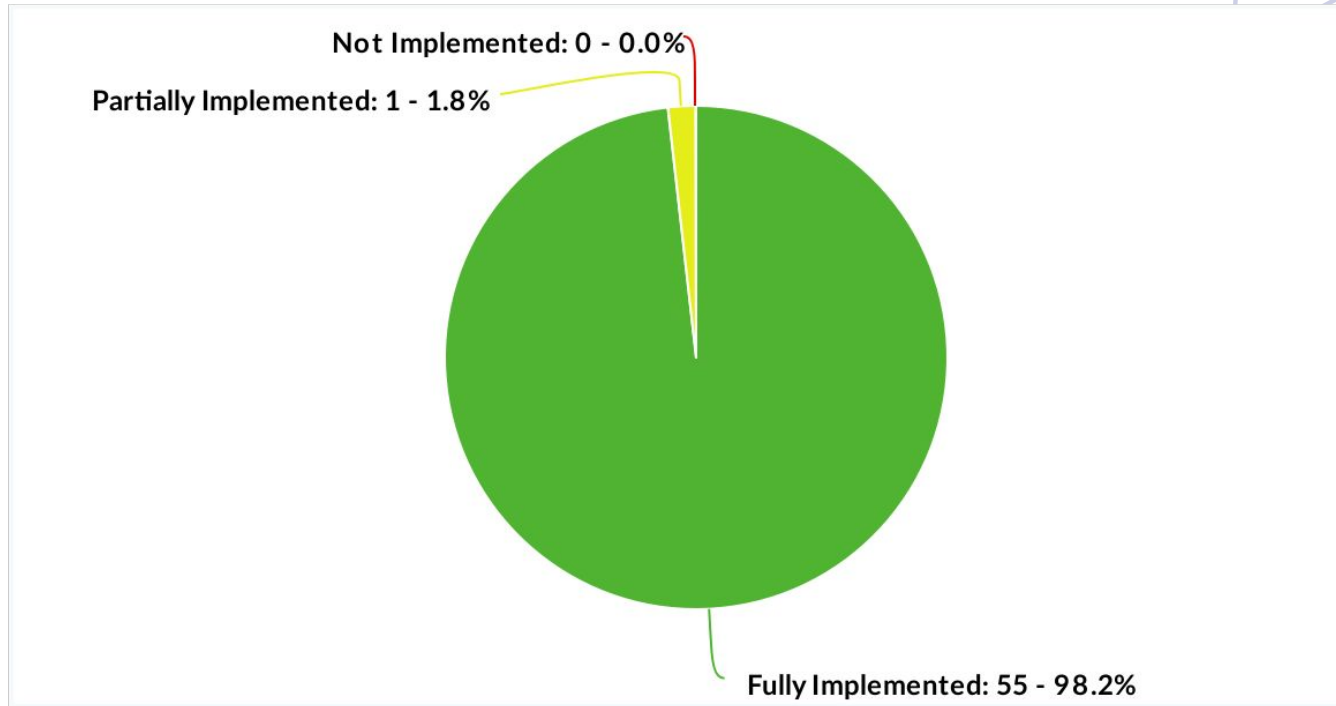
Summary

- ✗ Designed by the Department of Education
- ✗ Sent to all sponsored buildings - 56 respondents
- ✗ 53 questions - listed various wellness policies with options of fully, partially, or not implemented
- ✗ Categories: nutrition education, nutrition promotion, physical activity, physical education, other school-based wellness activities, and nutrition guidelines for all foods and beverages at school

5 Most Successfully Implemented Wellness Policies



We provide a safe and clean meal environment for students.

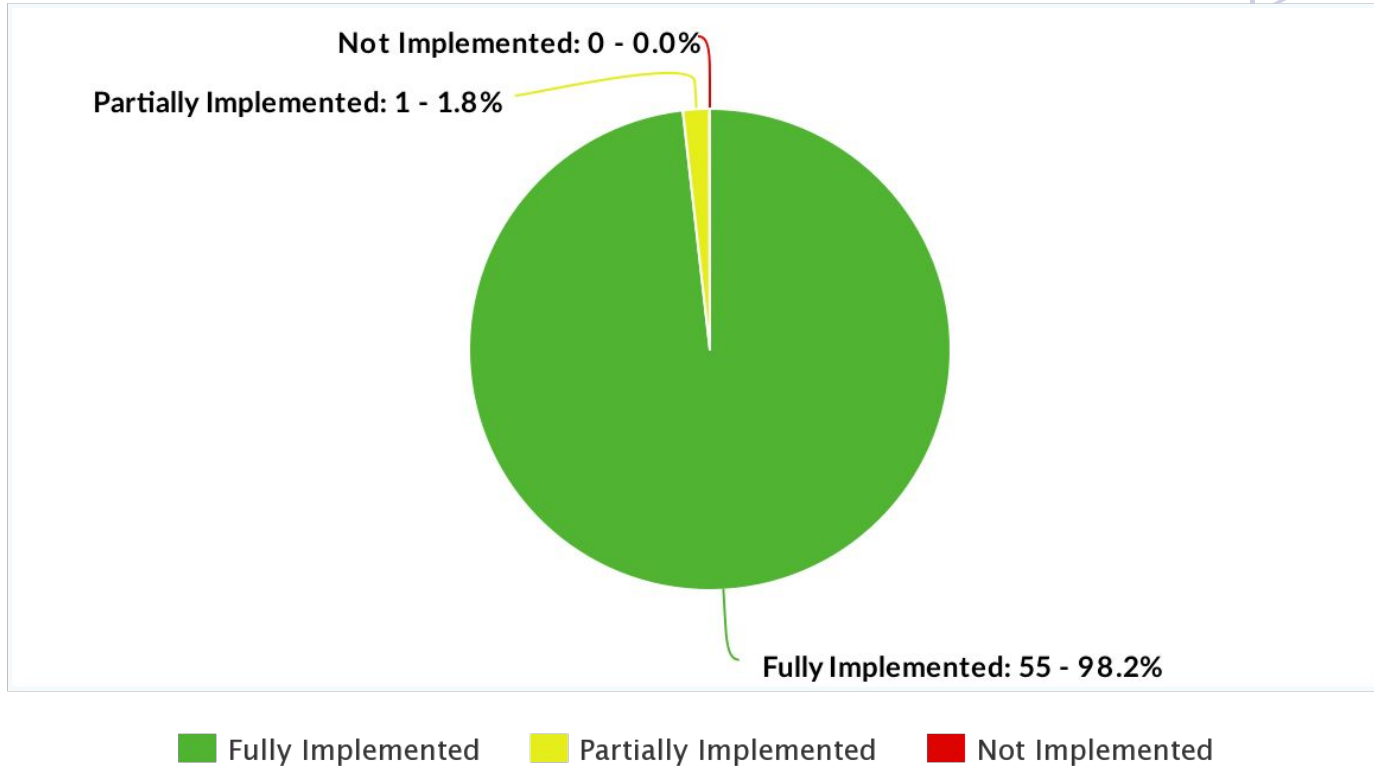


■ Fully Implemented ■ Partially Implemented ■ Not Implemented

meta-chart.com

Most Successfully Implemented

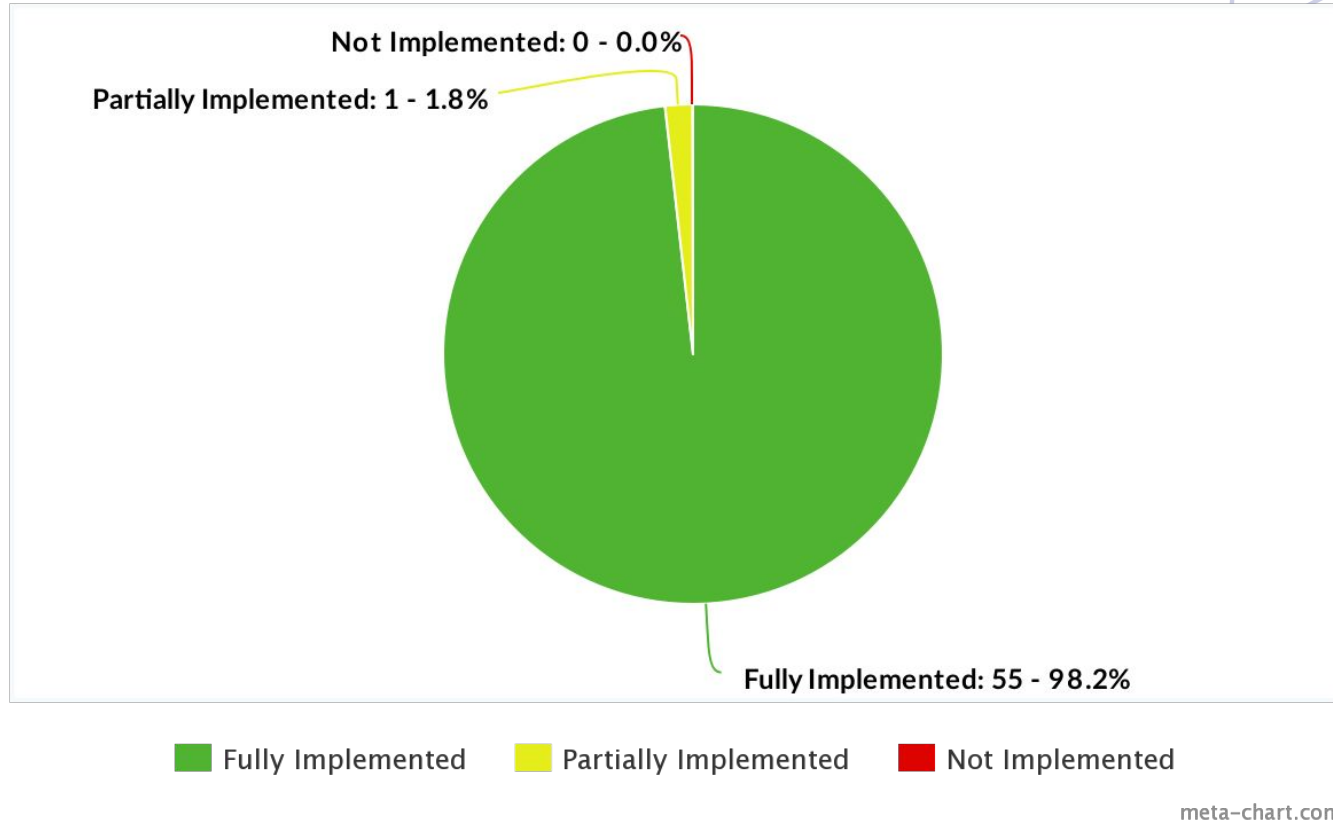
We offer students enough time to eat (10 minutes sit down time for breakfast; 20 minutes sit down time for lunch) and schedule meal periods at appropriate hours.



meta-chart.com

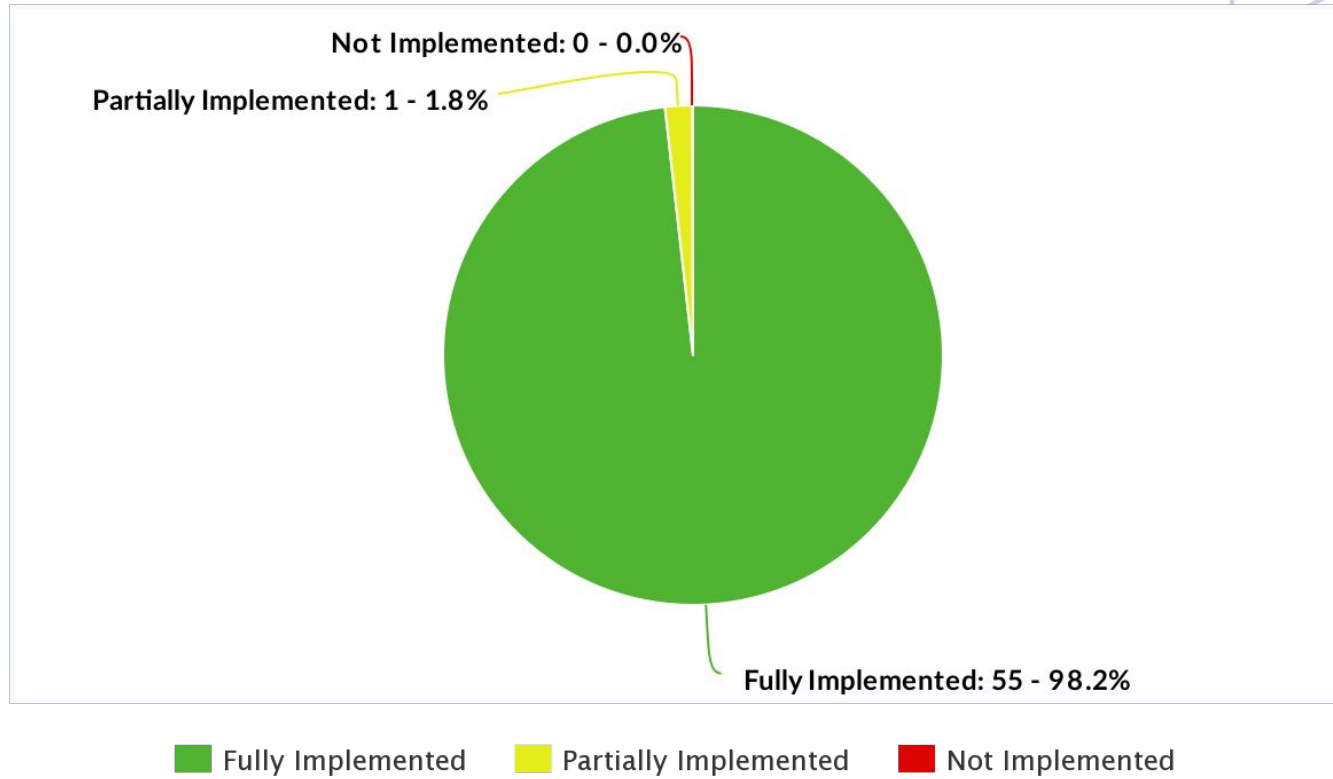
Most Successfully Implemented

Students have access to hand washing or sanitizing before meals.



Most Successfully Implemented

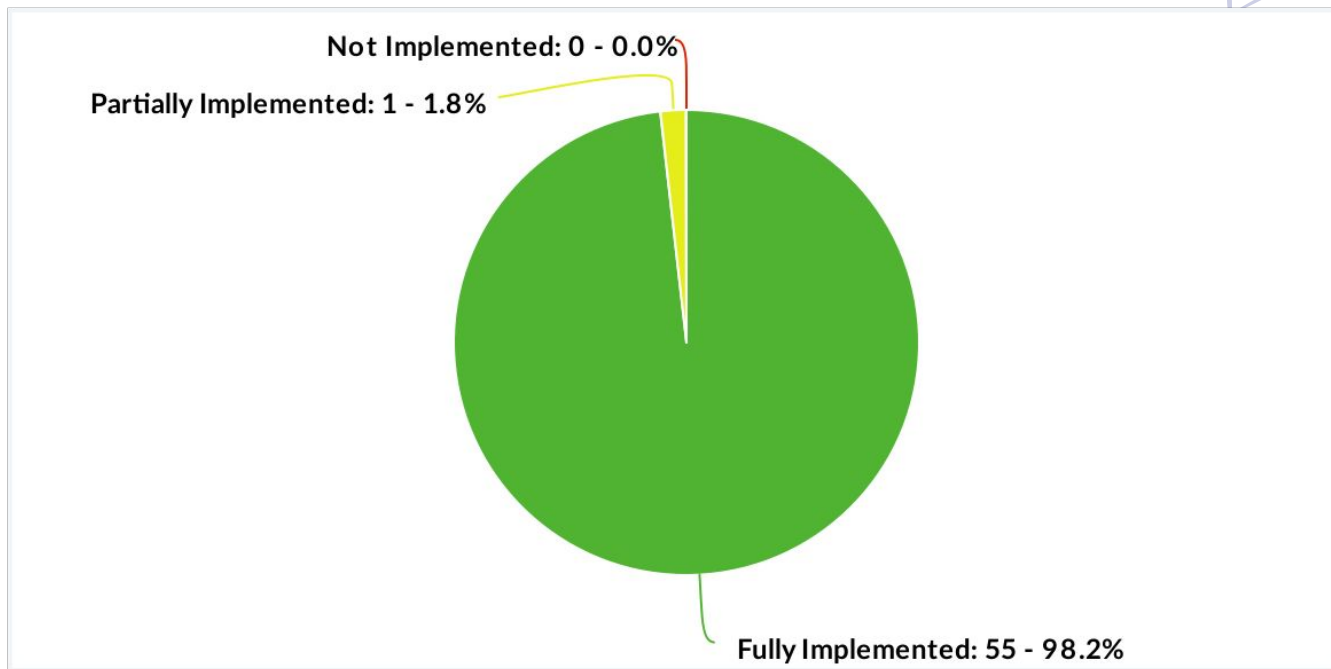
Only authorized staff have access to the food service operation.



meta-chart.com

Most Successfully Implemented

Foods and beverages provided through the National School Lunch and School Breakfast Programs comply with federal meal standards.



■ Fully Implemented ■ Partially Implemented ■ Not Implemented

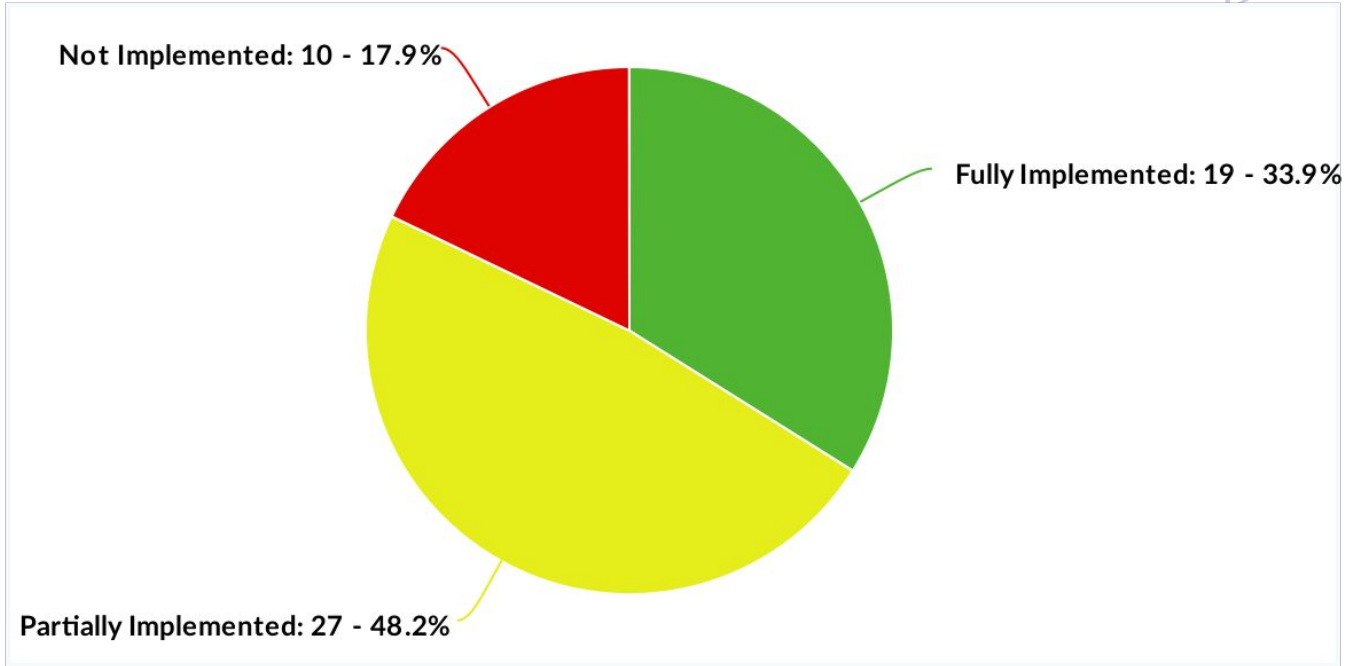
meta-chart.com

Most Successfully Implemented

5 Least Successfully Implemented Wellness Policies



We provide a list of nonfood ideas and healthy food/beverage alternatives to staff and parents/guardians.

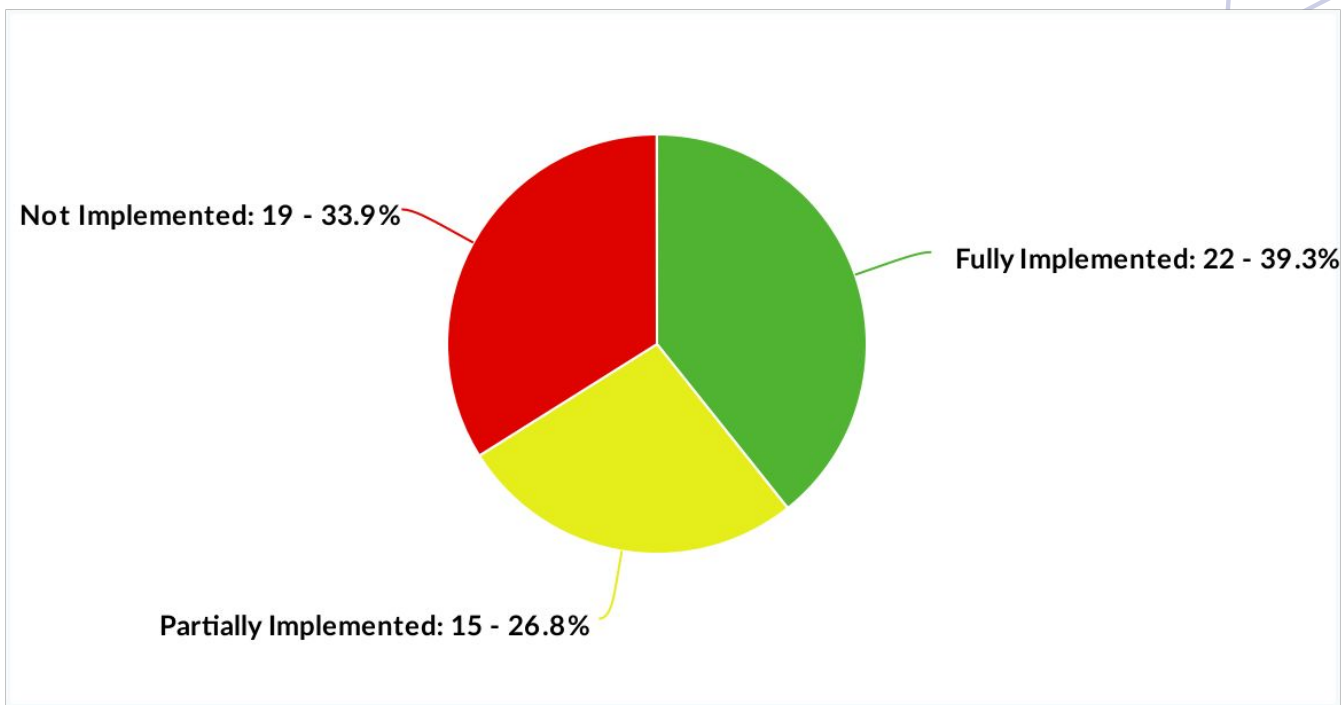


■ Fully Implemented ■ Partially Implemented ■ Not Implemented

meta-chart.com

Least Successfully Implemented

School food service and nutrition education classes work together to create a learning laboratory.

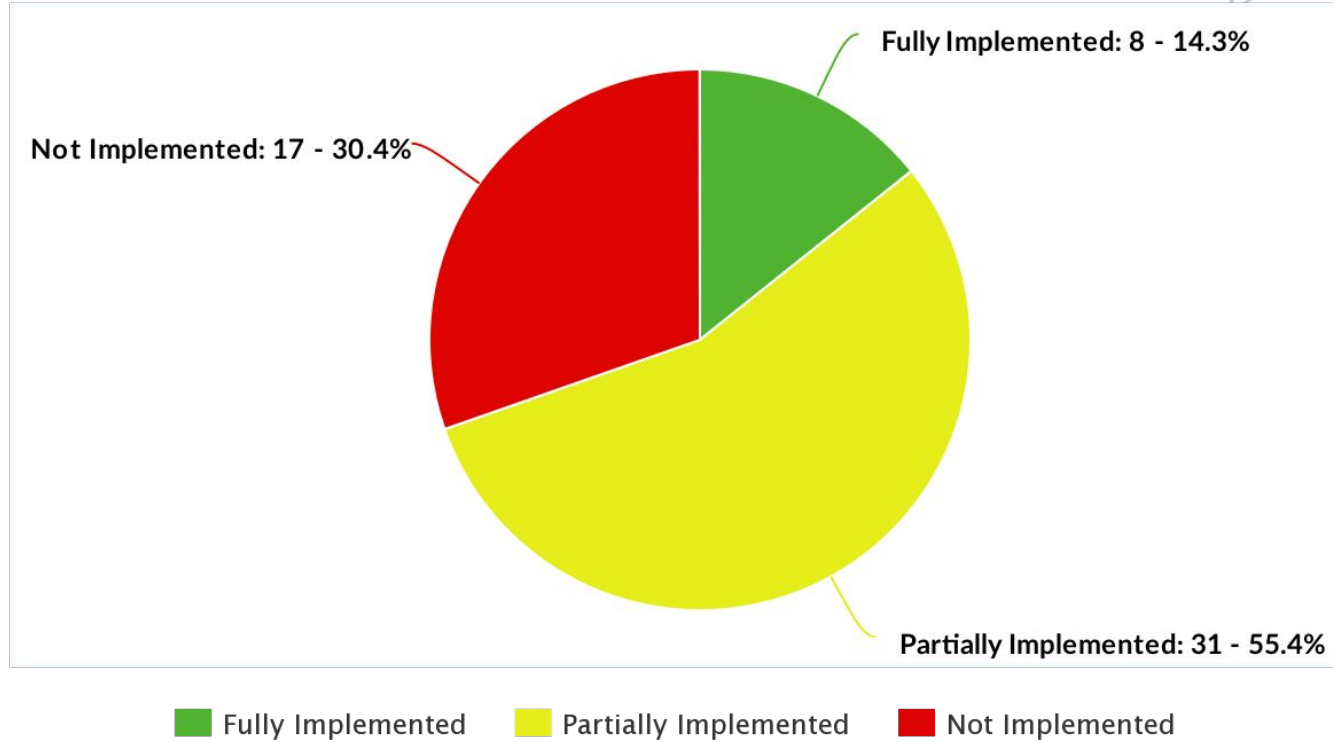


■ Fully Implemented ■ Partially Implemented ■ Not Implemented

meta-chart.com

Least Successfully Implemented

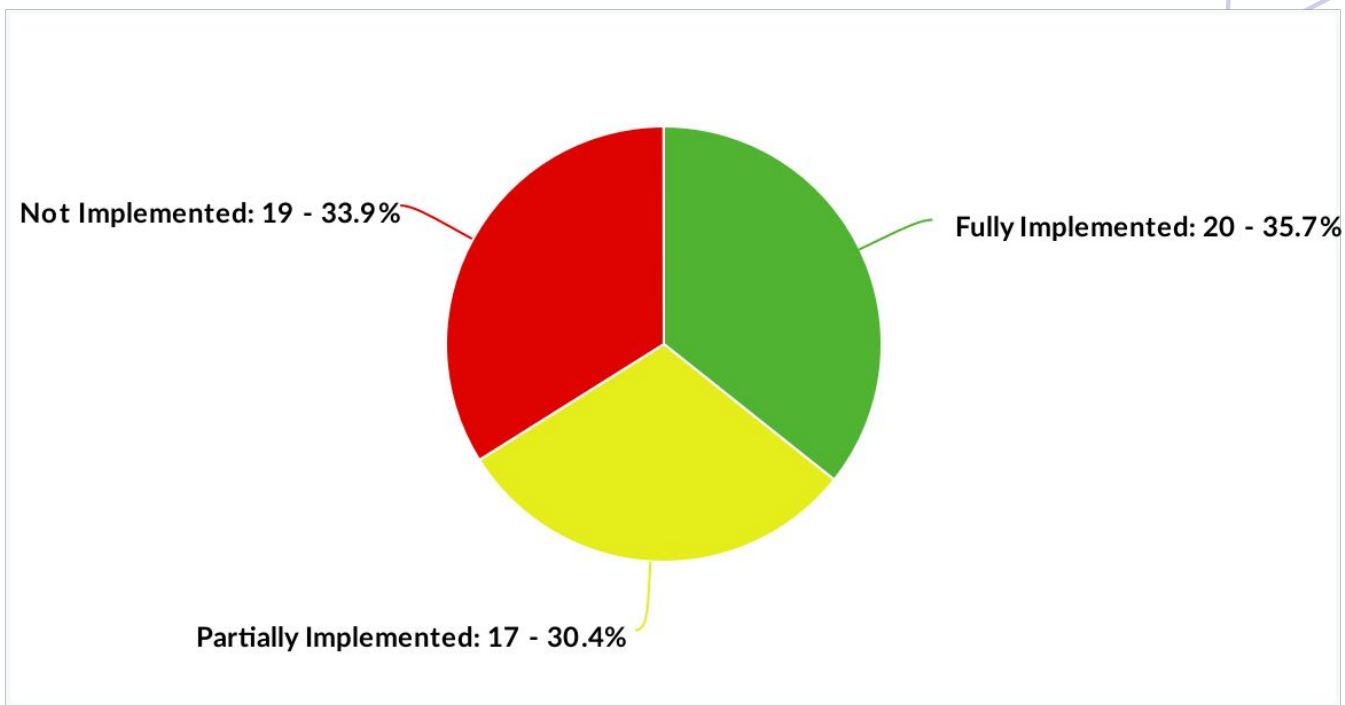
We cooperate with community agencies and organizations to provide opportunities for student projects related to nutrition.



meta-chart.com

Least Successfully Implemented

Staff providing nutrition education receive standards-based training and professional development.

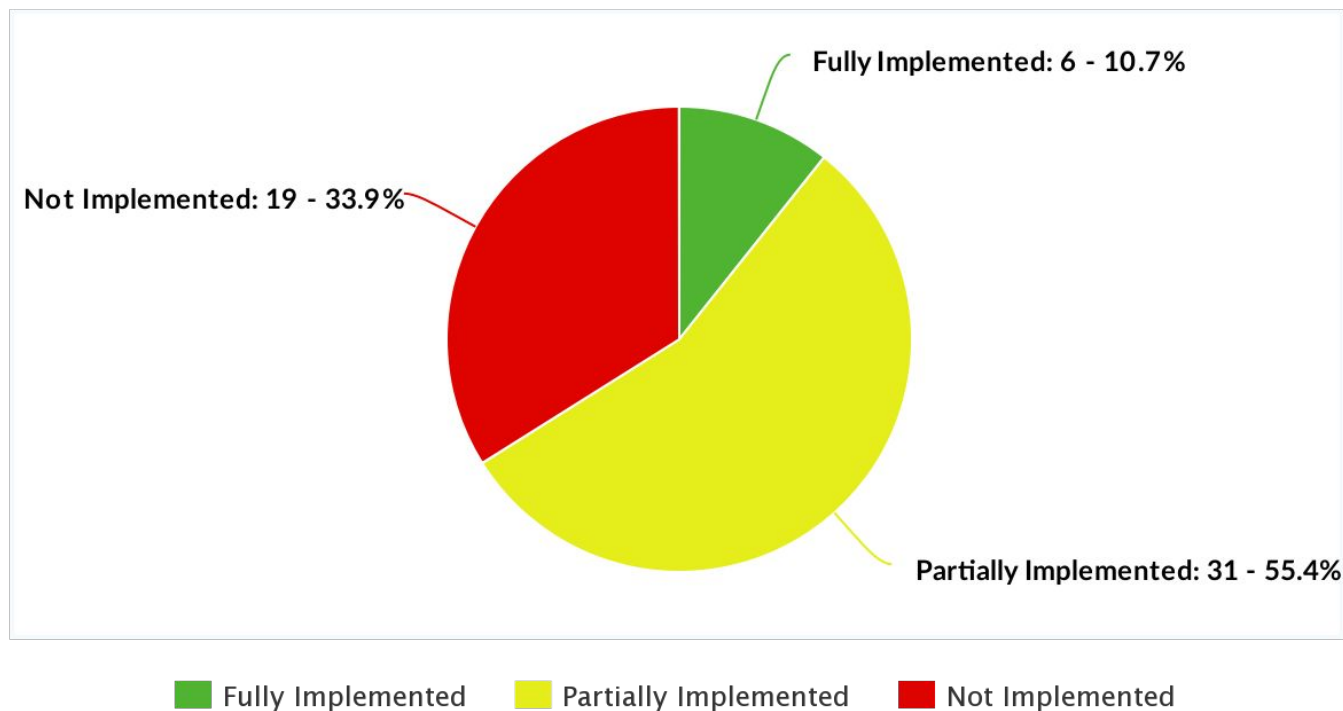


■ Fully Implemented ■ Partially Implemented ■ Not Implemented

meta-chart.com

Least Successfully Implemented

We promote nutrition through the implementation of activities such as having a school garden, taste testing local products, incorporating local foods into school meals, and educating students in the classroom and on field trips about local agriculture.



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Least Successfully Implemented

Selected Areas for Improvement

- × We provide a list of non-food ideas and healthy food / beverage alternatives to staff and parents / guardians.
- × We train all staff on the components of the school wellness policy.
- × We promote nutrition through the implementation of activities such as:
 - having a school garden
 - taste testing local products
 - incorporating local foods into school meals
 - educating students in the classroom and on field trips about local agriculture



Resources

We promote nutrition through the implementation of activities such as having a school garden, taste testing local products, incorporating local foods into school meals, and educating students in the classroom and on field trips about local agriculture.

Virtual

[Bright Farms Virtual Greenhouse Tour and Quiz](#)

[Bartram's Garden Virtual Field Trip](#)

[Rodale Institute Nutrition and Agriculture Webinars](#)

[American Dairy Association North East Virtual Farm Tours](#)

[Dutch Hollow Farm Virtual Farm Tour](#)

Reach out to local producers for virtual interviews:

[Philly Foodworks Producers](#)

[Community-Supported Agriculture Programs Urban Agriculture/Farms in Philly](#)

In-Person

[Bartram's Garden Youth Summer Camps and Paid High School Internships](#)

Reach out to local producers about taking a field trip to tour their facilities:
[Philly Foodworks Producers](#)
[Community-Supported Agriculture Programs Urban Agriculture/Farms in Philly](#)

[Awbury Arboretum Free Events, Tours, and Educational Center](#)

[Wyck Tours and Events](#)

[Pick-Your-Own Farms Near Philadelphia](#)

Other

[Pennsylvania Horticultural Society School Gardening Resources](#)

[Greensgrow Urban Farming and Gardening Resources](#)

Goals for the 2021-2022 School Year

- × Working on a trimester basis
- × Fall - developing local agriculture/school gardening resources
- × Winter - providing a list of non-food/beverage ideas for parents and guardians
- × Spring - providing staff training resources regarding the wellness policies

