

JANUARY 2022 CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/10/2022 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 631 100% CHERRY STAR VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	1/11/2022 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	1/12/2022 261 SOY BUTTER & JELLY WG SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	1/13/2022 205 WG POPCORN CHICKEN 506 CHOPPED ROMAINE SALAD <i>or</i> 611 BABY CARROTS PACK 670 FRESH FRUIT 100 WHITE MILK	1/14/2022 241 TURKEY HAM & AMERICAN CHEESE ON WG CROISSANT 506 CHOPPED ROMAINE SALAD 697 BAGGED APPLE SLICES 100 WHITE MILK
1/17/2022 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK Martin Luther King, Jr. Day	1/18/2022 251 WG BAKED CHICKEN NUGGETS 632 100% WANGO MANGO VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	1/19/2022 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 631 100% CHERRY STAR VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK	1/20/2022 241 TURKEY HAM & AMERICAN CHEESE ON WG CROISSANT 630 100% DRAGON PUNCH VEGETABLE JUICE <i>or</i> 611 BABY CARROTS PACK 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	1/21/2022 261 SOY BUTTER & JELLY WG SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK
1/24/2022 205 WG POPCORN CHICKEN 631 100% CHERRY STAR VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	1/25/2022 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	1/26/2022 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 632 100% WANGO MANGO VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK	1/27/2022 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD <i>or</i> 611 BABY CARROTS PACK 670 FRESH FRUIT 100 WHITE MILK	1/28/2022 241 TURKEY HAM & AMERICAN CHEESE ON WG CROISSANT 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK

MENU SUBJECT TO CHANGE

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER: Water must be OFFERED every day!

WG = WHOLE GRAIN-RICH

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