













JANUARY 2022 AFTERSCHOOL SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/10/2022 927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 450 100% APPLE CHERRY JUICE (6 OUNCE)	1/11/2022 938 WG SAVORY BITES WHEAT CRACKERS 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 	1/12/2022 930 WG CHEEZ-IT BAKED CRACKERS 444 100% FRUIT JUICE BLEND (6 OUNCE) ORDER DUE FOR WEEK OF JAN 31	1/13/2022 936 WG VANILLA BEAR GRAHAMS 137 PEACH YOGURT 	1/14/2022 928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 126 LAND O LAKES CO-JACK CHEESE STICK 
1/17/2022 930 WG CHEEZ-IT BAKED CRACKERS 440 100% APPLE JUICE (6 OUNCE) Martin Luther King, Jr. Day	1/18/2022 939 HEARTZELS PRETZELS 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 	1/19/2022 927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 444 100% FRUIT JUICE BLEND (6 OUNCE) ORDER DUE FOR WEEK OF FEB 7	1/20/2022 937 WG APPLE CINNAMON BEAR GRAHAMS 134 CHERRY VANILLA YOGURT 	1/21/2022 989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP 
1/24/2022 930 WG CHEEZ-IT BAKED CRACKERS 450 100% APPLE CHERRY JUICE (6 OUNCE) 	1/25/2022 928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 126 LAND O LAKES CO-JACK CHEESE STICK 	1/26/2022 988 WG CINNAMON GRAHAM CRACKERS 442 100% ORANGE JUICE (6 OUNCE) ORDER DUE FOR WEEK OF FEB 14	1/27/2022 935 WG ALL SPORTS GRAHAMS 133 STRAWBERRY BANANA YOGURT 	1/28/2022 927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 

WHEN SERVING A GRAIN WITH YOGURT, STRING CHEESE/CHEESE STICK OR SOY BUTTER CUP, YOU ARE ENCOURAGED TO SERVE WATER; JUICE IS NOT PROVIDED FOR THESE SNACKS.

Nutritional Development Services - Archdiocese of Philadelphia

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MENU SUBJECT TO CHANGE

REMINDER: Water must be OFFERED every day!

WG = WHOLE GRAIN-RICH

JANUARY

