
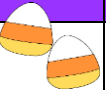





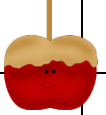













OCTOBER 2021 AFTERSCHOOL SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 10/4/2021 938 WG SAVORY BITES WHEAT CRACKERS 450 100% APPLE CHERRY JUICE (6 OUNCE)	10/5/2021 942 MULTIGRAIN SUNCHIPS 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE  	10/6/2021 930 WG CHEEZ-IT BAKED CRACKERS 444 100% FRUIT JUICE BLEND (6 OUNCE)	10/7/2021 936 WG VANILLA BEAR GRAHAMS 137 PEACH YOGURT  	10/8/2021 928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 126 LAND O LAKES CO-JACK CHEESE STICK  
10/11/2021 930 WG CHEEZ-IT BAKED CRACKERS 440 100% APPLE JUICE (6 OUNCE) 	10/12/2021 939 HEARTZELS PRETZELS 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 	10/13/2021 927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 444 100% FRUIT JUICE BLEND (6 OUNCE)	10/14/2021 937 WG APPLE CINNAMON BEAR GRAHAMS 134 CHERRY VANILLA YOGURT 	989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP 
Columbus Day				
10/18/2021 930 WG CHEEZ-IT BAKED CRACKERS 442 100% ORANGE JUICE (6 OUNCE) 	10/19/2021 928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 126 LAND O LAKES CO-JACK CHEESE STICK 	10/20/2021 988 WG CINNAMON GRAHAM CRACKERS 450 100% APPLE CHERRY JUICE (6 OUNCE)	10/21/2021 935 WG ALL SPORTS GRAHAMS 138 BLUEBERRY YOGURT  	10/22/2021 926 GARDEN SALSA SUNCHIPS 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 
10/25/2021 927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 444 100% FRUIT JUICE BLEND (6 OUNCE)	10/26/2021 938 WG SAVORY BITES WHEAT CRACKERS 126 LAND O LAKES CO-JACK CHEESE STICK 	10/27/2021 930 WG CHEEZ-IT BAKED CRACKERS 440 100% APPLE JUICE (6 OUNCE)	10/28/2021 934 WG DINO BITES GRAHAMS 136 VANILLA YOGURT 	10/29/2021 989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP 
DOUBLE ORDER DUE WEEKS OF NOV 15 & NOV 22				

WHEN SERVING A GRAIN WITH YOGURT, STRING CHEESE/CHEESE STICK OR SOY BUTTER CUP, YOU ARE ENCOURAGED TO SERVE WATER; JUICE IS NOT PROVIDED FOR THESE SNACKS.

Nutritional Development Services - Archdiocese of Philadelphia

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MENU SUBJECT TO CHANGE

REMINDER: Water must be OFFERED every day!

WG = WHOLE GRAIN-RICH



