




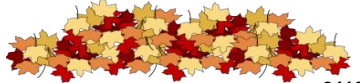





OCTOBER 2021 AFTERSCHOOL COLD SUPPER MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/4/2021 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 546 CHEESY PIZZA HUMMUS 611 BABY CARROTS PACK 683 UNSWEETENED APPLESAUCE CUP 942 MULTIGRAIN SUNCHIPS 100 WHITE MILK  2402	10/5/2021 134 CHERRY VANILLA YOGURT 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 630 100% DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 345 HONEY SCOOTERS CEREAL 100 WHITE MILK 2407	10/6/2021 205 WG POPCORN CHICKEN 611 BABY CARROTS PACK 670 FRESH FRUIT 958 KETCHUP 943 RANCH DRESSING 100 WHITE MILK  2410 ORDER DUE FOR WEEK OF OCT 25	10/7/2021 124 JENNIE-O SMOKE HOUSE TURKEY BREAST STICK 126 LAND O LAKES CO-JACK CHEESE STICK 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 939 HEARTZELS PRETZELS 100 WHITE MILK 2405	10/8/2021 139 CHEDDAR CHEESE CUP 129 HONEY ROASTED SUNFLOWER KERNELS 620 RED GOLD SALSA CUP 697 BAGGED APPLE SLICES 941 TOSTITOS SCOOPS 100 WHITE MILK  2413
10/11/2021 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 543 RED PEPPER HUMMUS 611 BABY CARROTS PACK 683 UNSWEETENED APPLESAUCE CUP 926 GARDEN SALSA SUNCHIPS 100 WHITE MILK Columbus Day 2402	10/12/2021 137 PEACH YOGURT 130 SUNFLOWER KERNELS 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 922 BAGGED WG PREMIUM GRANOLA 100 WHITE MILK 2407	10/13/2021 205 WG POPCORN CHICKEN 611 BABY CARROTS PACK 696 RAISINS 954 BARBECUE SAUCE 943 RANCH DRESSING 100 WHITE MILK 2410 ORDER DUE FOR WEEK OF NOV 1	10/14/2021 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 963 MUSTARD 100 WHITE MILK  2424	10/15/2021 126 LAND O LAKES CO-JACK CHEESE STICK 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 631 100% CHERRY STAR VEGETABLE JUICE 697 BAGGED APPLE SLICES 341 WG VANILLA HONEY BUNCHES OF OATS CEREAL 100 WHITE MILK 2402
10/18/2021 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 546 CHEESY PIZZA HUMMUS 611 BABY CARROTS PACK 684 MIXED BERRY APPLESAUCE CUP 942 MULTIGRAIN SUNCHIPS 100 WHITE MILK  2402	10/19/2021 133 STRAWBERRY BANANA YOGURT 129 HONEY ROASTED SUNFLOWER KERNELS 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 342 CHEERIOS CEREAL 100 WHITE MILK 2407	10/20/2021 205 WG POPCORN CHICKEN 611 BABY CARROTS PACK 670 FRESH FRUIT 965 HONEY MUSTARD 943 RANCH DRESSING 100 WHITE MILK  2410 ORDER DUE FOR WEEK OF NOV 8	10/21/2021 125 JENNIE-O SWEET BBQ TURKEY BREAST STICK 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 630 100% DRAGON PUNCH VEGETABLE JUICE 697 BAGGED APPLE SLICES 927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 100 WHITE MILK 2405	10/22/2021 139 CHEDDAR CHEESE CUP 130 SUNFLOWER KERNELS 631 100% CHERRY STAR VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 939 HEARTZELS PRETZELS 100 WHITE MILK  2413
10/25/2021 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 543 RED PEPPER HUMMUS 611 BABY CARROTS PACK 684 MIXED BERRY APPLESAUCE CUP 941 TOSTITOS SCOOPS 100 WHITE MILK 2402	10/26/2021 138 BLUEBERRY YOGURT 130 SUNFLOWER KERNELS 632 100% WANGO MANGO VEGETABLE JUICE 696 RAISINS 922 BAGGED WG PREMIUM GRANOLA 100 WHITE MILK 2407	10/27/2021 205 WG POPCORN CHICKEN 611 BABY CARROTS PACK 670 FRESH FRUIT 958 KETCHUP 943 RANCH DRESSING 100 WHITE MILK 2410 DOUBLE ORDER DUE WEEKS OF NOV 15 & NOV 22	10/28/2021 249 TURKEY HAM, TURKEY PEPPERONI & AMERICAN CHEESE ON WG BUN 630 100% DRAGON PUNCH VEGETABLE JUICE 697 BAGGED APPLE SLICES 963 MUSTARD 100 WHITE MILK  2437	10/29/2021 126 LAND O LAKES CO-JACK CHEESE STICK 129 HONEY ROASTED SUNFLOWER KERNELS 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 346 CINNAMON TOAST CRUNCH CEREAL 100 WHITE MILK  2402

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MEALS CONTAINING HIGHLIGHTED FRESH ITEMS CANNOT BE CHANGED OR CANCELLED.

Milk: Either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk must be served.

REMINDER: Water must be OFFERED every day!

WG = WHOLE GRAIN-RICH

MENU SUBJECT TO CHANGE

