



SEPTEMBER 2021

Middle & High School

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday

Tuesday

Wednesday

Thursday

Friday



Labor Day **6**

322 Blueberry Muffin **7**
446 Mott's Apple Juice
690 Apple Crisps

369 Pillsbury Berry Blast **8**
Mini French Toast
684 Mixed Berry Applesauce
659 Watermelon Craisins

323 Apple Cinnamon **9**
Muffin
447 Mott's Apple White Grape
Juice
645 Dole Pineapple Cup

334 Cinnamon Toast **10**
Crunch Cereal
658 Cherry Craisins
684 Mixed Berry Applesauce

328 Chocolate Chip **13**
Muffin
446 Mott's Apple Juice
647 Dole Mandarin Orange
Cup

327 Maple Mini Waffles **14**
447 Mott's Apple White
Grape Juice
645 Dole Pineapple Cup

319 Orange Cranberry **15**
Muffin
697 Bagged Sliced Apples
659 Watermelon Craisins

325 Cinnamon Chex Cup **16**
445 Mott's Fruit Punch
Juice
684 Mixed Berry Applesauce

329 Trix Cereal Bar **17**
658 Cherry Craisins
691 Strawberry Apple Crisps

323 Apple Cinnamon **20**
Muffin
445 Mott's Fruit Punch Juice
608 Dole Tropical Fruit Cup

369 Pillsbury Berry Blast **21**
Mini French Toast
684 Mixed Berry Applesauce
658 Cherry Craisins

334 Cinnamon Toast **22**
Crunch Cereal
447 Mott's Apple White Grape
Juice
690 Apple Crisps

321 Banana Muffin **23**
645 Dole Pineapple Cup
691 Strawberry Apple Crisps

329 Trix Cereal Bar **24**
446 Mott's Apple Juice
659 Watermelon Craisins

325 Cinnamon Chex Cup **27**
445 Mott's Fruit Punch
Juice
658 Cherry Craisins

328 Chocolate Chip **28**
Muffin
697 Bagged Sliced Apples
684 Mixed Berry Applesauce

366 Blueberry Bagel **29**
447 Mott's Apple White
Grape Juice
659 Watermelon Craisins

333 Blueberry Chex **30**
Cereal
446 Mott's Apple Juice
645 Dole Pineapple Cup

358 Kellogg's Frosted **1**
Flakes Cereal
684 Mixed Berry
Applesauce
690 Apple Crisps

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.