



# SEPTEMBER 2021

## Elementary

**Nutritional Development Services**  
 Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

#### Labor Day

<p><b>6</b></p> <p><b>Labor Day</b></p>	<p><b>7</b></p> <p>322 Blueberry Muffin                      753 Orange Juice                      690 Apple crisps</p> <p>Pre-K: 339 Orange Cranberry Muffin</p>	<p><b>8</b></p> <p>369 Pillsbury Berry Blast Mini French Toast                      750 Apple Juice                      659 Watermelon Craisins</p> <p>Pre-K: 331 Corn Muffin</p>	<p><b>9</b></p> <p>323 Apple Cinnamon Muffin                      749 Apple-Cherry Juice                      645 Dole Pineapple Cup</p> <p>Pre-K: 349 Corn Chex</p>	<p><b>10</b></p> <p>334 Cinnamon Toast Crunch Cereal                      748 Grape Juice                      684 Mixed Berry Applesauce</p> <p>Pre-K: 332 Apple Cinnamon Muffin</p>
<p><b>13</b></p> <p>328 Chocolate Chip Muffin                      749 Apple-Cherry Juice                      647 Dole Mandarin Orange Cup                      Pre-K: 345 Honey Scooters Cereal</p>	<p><b>14</b></p> <p>327 Pillsbury Maple Mini Waffles                      750 Apple Juice                      645 Dole Pineapple Cup</p> <p>Pre-K: 335 Banana Muffin</p>	<p><b>15</b></p> <p>319 Orange Cranberry Muffin                      752 Fruit Punch Juice                      659 Watermelon Craisins</p> <p>Pre-K: 343 Rice Chex</p>	<p><b>16</b></p> <p>325 Cinnamon Chex Cup                      748 Grape Juice                      684 Mixed Berry Applesauce</p> <p>Pre-K: 366 Blueberry Bagel</p>	<p><b>17</b></p> <p>329 Trix Cereal Bar                      753 Orange Juice                      691 Strawberry Apple Crisps</p> <p>Pre-K: 331 Corn Muffin</p>
<p><b>20</b></p> <p>323 Apple Cinnamon Muffin                      752 Fruit Punch Juice                      608 Dole Tropical Fruit Cup</p> <p>Pre-K: 342 Cheerios</p>	<p><b>21</b></p> <p>369 Pillsbury Berry Blast Mini French Toast                      753 Orange Juice                      658 Cherry Craisins</p> <p>Pre-K: 339 Orange Cranberry Muffin</p>	<p><b>22</b></p> <p>334 Cinnamon Toast Crunch Cereal                      749 Apple-Cherry Juice                      690 Apple Crisps</p> <p>Pre-K: 367 Cinnamon Raisin Bagel</p>	<p><b>23</b></p> <p>321 Banana Muffin                      750 Apple Juice                      691 Strawberry Apple Crisps</p> <p>Pre-K: 330 Blueberry Muffin</p>	<p><b>24</b></p> <p>329 Trix Cereal Bar                      748 Grape Juice                      659 Watermelon Craisins</p> <p>Pre-K: 347 Cinnamon Chex Cereal</p>
<p><b>27</b></p> <p>325 Cinnamon Chex Cup                      753 Orange Juice                      658 Cherry Craisins</p> <p>Pre-K: 367 Cinnamon Raisin Bagel</p>	<p><b>28</b></p> <p>328 Chocolate Chip Muffin                      749 Apple-Cherry Juice                      684 Mixed Berry Applesauce</p> <p>Pre-K: 346 Cinnamon Toast Crunch Cereal</p>	<p><b>29</b></p> <p>366 Blueberry Bagel                      752 Fruit Punch Juice                      659 Watermelon Craisins</p> <p>Pre-K: 335 Banana Muffin</p>	<p><b>30</b></p> <p>333 Blueberry Chex Cereal                      748 Grape Juice                      645 Dole Pineapple Cup</p> <p>Pre-K: 341 Honey Bunches of Oats Cereal</p>	<p><b>1</b></p> <p>358 Kellogg's Frosted Flakes                      750 Apple Juice                      690 Apple Crisps</p> <p>Pre-K: 331 Corn Muffin</p>

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.