

# OCTOBER 2021 CHILD CARE BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/4/2021 349 CORN CHEX CEREAL 670 FRESH FRUIT 100 WHITE MILK	10/5/2021 339 WG CRANBERRY ORANGE MUFFIN 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	10/6/2021 338 WG FRENCH TOAST STICKS (individual package) 646 DOLE DICED PEACHES CUP 100 WHITE MILK	10/7/2021 346 CINNAMON TOAST CRUNCH CEREAL 607 DOLE DICED MANGO CUP 100 WHITE MILK	10/8/2021 332 WG APPLE CINNAMON MUFFIN 670 FRESH FRUIT 100 WHITE MILK
10/11/2021 345 HONEY SCOOTERS CEREAL 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	10/12/2021 335 WG BANANA MUFFIN 670 FRESH FRUIT 100 WHITE MILK	10/13/2021 343 RICE CHEX CEREAL 670 FRESH FRUIT 100 WHITE MILK	10/14/2021 802 SCRAMBLED EGGS W/TURKEY HAM (4 servings/container) 634 HASH BROWNS (individual package) 100 WHITE MILK	10/15/2021 366 WG BLUEBERRY SLICED BAGEL <i>or</i> 331 WG CORN MUFFIN 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK
<b>Columbus Day</b> 10/18/2021	10/19/2021	10/20/2021	10/21/2021	10/22/2021
342 CHEERIOS CEREAL 670 FRESH FRUIT 100 WHITE MILK	339 WG CRANBERRY ORANGE MUFFIN 609 DOLE MIXED FRUIT CUP 100 WHITE MILK	307 PILLSBURY WG CHERRY BAKED FRUDEL (individual package) 670 FRESH FRUIT 100 WHITE MILK	330 WG BLUEBERRY MUFFIN 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	347 CINNAMON CHEX CEREAL 644 DOLE DICED PEARS CUP 100 WHITE MILK
10/25/2021	10/26/2021	10/27/2021	10/28/2021	10/29/2021
336 PILLSBURY STRAWBERRY SPLASH MINI WG PANCAKES (individual package) 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK	346 CINNAMON TOAST CRUNCH CEREAL 670 FRESH FRUIT 100 WHITE MILK	367 WG CINNAMON RAISIN SLICED BAGEL <i>or</i> 335 WG BANANA MUFFIN 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	341 WG VANILLA HONEY BUNCHES OF OATS CEREAL 647 DOLE MANDARIN ORANGES CUP 100 WHITE MILK	331 WG CORN MUFFIN 670 FRESH FRUIT 100 WHITE MILK

**MENU SUBJECT TO CHANGE**

**Milk:** 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

**REMINDER:** Water must be OFFERED every day!

**WG = WHOLE GRAIN-RICH**

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