

SEPTEMBER 2021 CHILD CARE BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/6/2021 Labor Day	9/7/2021 339 WG CRANBERRY ORANGE MUFFIN 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	9/8/2021 338 WG FRENCH TOAST STICKS (individual package) 646 DOLE DICED PEACHES CUP 100 WHITE MILK	9/9/2021 349 CORN CHEX CEREAL 607 DOLE DICED MANGO CUP 100 WHITE MILK	9/10/2021 332 WG APPLE CINNAMON MUFFIN 670 FRESH FRUIT 100 WHITE MILK
9/13/2021 345 HONEY SCOOTERS CEREAL 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	9/14/2021 335 WG BANANA MUFFIN 670 FRESH FRUIT 100 WHITE MILK	9/15/2021 343 RICE CHEX CEREAL 670 FRESH FRUIT 100 WHITE MILK	9/16/2021 802 SCRAMBLED EGGS W/TURKEY HAM (4 servings/container) 634 HASH BROWNS (individual package) 100 WHITE MILK	9/17/2021 366 WG BLUEBERRY SLICED BAGEL <i>or</i> 331 WG CORN MUFFIN 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK
9/20/2021 342 CHEERIOS CEREAL 670 FRESH FRUIT 100 WHITE MILK	9/21/2021 339 WG CRANBERRY ORANGE MUFFIN 609 DOLE MIXED FRUIT CUP 100 WHITE MILK	9/22/2021 307 PILLSBURY WG CHERRY BAKED FRUDEL (individual package) 670 FRESH FRUIT 100 WHITE MILK	9/23/2021 330 WG BLUEBERRY MUFFIN 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	9/24/2021 347 CINNAMON CHEX CEREAL 644 DOLE DICED PEARS CUP 100 WHITE MILK
9/27/2021 336 PILLSBURY STRAWBERRY SPLASH MINI WG PANCAKES (individual package) 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK	9/28/2021 346 CINNAMON TOAST CRUNCH CEREAL 670 FRESH FRUIT 100 WHITE MILK	9/29/2021 367 WG CINNAMON RAISIN SLICED BAGEL <i>or</i> 335 WG BANANA MUFFIN 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	9/30/2021 341 WG VANILLA HONEY BUNCHES OF OATS CEREAL 647 DOLE MANDARIN ORANGES CUP 100 WHITE MILK	10/1/2021 331 WG CORN MUFFIN 670 FRESH FRUIT 100 WHITE MILK

MENU SUBJECT TO CHANGE

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER: Water must be OFFERED every day!

WG = WHOLE GRAIN-RICH

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