

APRIL 2021 AFTERSCHOOL COLD SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/5/2021	4/6/2021	4/7/2021	4/8/2021	4/9/2021
118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 130 SUNFLOWER KERNELS 683 UNSWEETENED APPLESAUCE CUP 611 BABY CARROTS PACK 939 HEARTZELS PRETZELS 943 RANCH DRESSING 100 WHITE MILK <div style="text-align: right;">2402</div>	134 CHERRY VANILLA YOGURT 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 670 FRESH FRUIT 630 100% DRAGON PUNCH VEGETABLE JUICE 346 CINNAMON TOAST CRUNCH CEREAL 100 WHITE MILK <div style="text-align: right;">2407</div>	205 WG POPCORN CHICKEN 604 DUTCH POTATO SALAD 670 FRESH FRUIT 958 KETCHUP 100 WHITE MILK <div style="text-align: right;">2410</div>	240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 631 100% CHERRY STAR VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 963 MUSTARD 100 WHITE MILK <div style="text-align: right;">2424</div>	139 CHEDDAR CHEESE CUP 129 HONEY ROASTED SUNFLOWER KERNELS 620 RED GOLD SALSA CUP 697 BAGGED APPLE SLICES 941 TOSTITOS SCOOPS 100 WHITE MILK <div style="text-align: right;">2413</div>
ORDER DUE FOR WEEK OF		ORDER DUE FOR WEEK OF		ORDER DUE FOR WEEK OF
4/12/2021	4/13/2021	4/14/2021	4/15/2021	4/16/2021
118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 543 RED PEPPER HUMMUS 684 MIXED BERRY APPLESAUCE CUP 611 BABY CARROTS PACK 926 GARDEN SALSA SUNCHIPS 100 WHITE MILK <div style="text-align: right;">2402</div>	137 PEACH YOGURT 130 SUNFLOWER KERNELS 670 FRESH FRUIT 632 100% WANGO MANGO VEGETABLE JUICE 922 BAGGED WG PREMIUM GRANOLA 100 WHITE MILK <div style="text-align: right;">2407</div>	205 WG POPCORN CHICKEN 611 BABY CARROTS PACK 696 RAISINS 954 BARBECUE SAUCE 943 RANCH DRESSING 100 WHITE MILK <div style="text-align: right;">2410</div>	242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 697 BAGGED APPLE SLICES 957 MAYONNAISE 100 WHITE MILK <div style="text-align: right;">2415</div>	261 SOY BUTTER & JELLY WG SANDWICH 683 UNSWEETENED APPLESAUCE CUP 631 100% CHERRY STAR VEGETABLE JUICE 100 WHITE MILK <div style="text-align: right;">2433</div>
ORDER DUE FOR WEEK OF		ORDER DUE FOR WEEK OF		ORDER DUE FOR WEEK OF
4/19/2021	4/20/2021	4/21/2021	4/22/2021	4/23/2021
118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 546 CHEESY PIZZA HUMMUS 684 MIXED BERRY APPLESAUCE CUP 611 BABY CARROTS PACK 942 MULTIGRAIN SUNCHIPS 100 WHITE MILK <div style="text-align: right;">2402</div>	133 STRAWBERRY BANANA YOGURT 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 670 FRESH FRUIT 632 100% WANGO MANGO VEGETABLE JUICE 342 CHEERIOS CEREAL 100 WHITE MILK <div style="text-align: right;">2407</div>	205 WG POPCORN CHICKEN 604 DUTCH POTATO SALAD 670 FRESH FRUIT 965 HONEY MUSTARD 100 WHITE MILK <div style="text-align: right;">2410</div>	126 LAND O LAKES CO-JACK CHEESE 129 HONEY ROASTED SUNFLOWER KERNELS 611 BABY CARROTS PACK 697 BAGGED APPLE SLICES 927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 943 RANCH DRESSING 100 WHITE MILK <div style="text-align: right;">2402</div>	139 CHEDDAR CHEESE CUP 130 SUNFLOWER KERNELS 631 100% CHERRY STAR VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 939 HEARTZELS PRETZELS 100 WHITE MILK <div style="text-align: right;">2413</div>
ORDER DUE FOR WEEK OF		ORDER DUE FOR WEEK OF		ORDER DUE FOR WEEK OF
4/26/2021	4/27/2021	4/28/2021	4/29/2021	4/30/2021
118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 543 RED PEPPER HUMMUS 684 MIXED BERRY APPLESAUCE CUP 611 BABY CARROTS PACK 930 WG CHEEZ-IT BAKED CRACKERS 100 WHITE MILK <div style="text-align: right;">2402</div>	138 BLUEBERRY YOGURT 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 696 RAISINS 632 100% WANGO MANGO VEGETABLE JUICE 922 BAGGED WG PREMIUM GRANOLA 100 WHITE MILK <div style="text-align: right;">2407</div>	205 WG POPCORN CHICKEN 611 BABY CARROTS PACK 670 FRESH FRUIT 958 KETCHUP 943 RANCH DRESSING 100 WHITE MILK <div style="text-align: right;">2410</div>	139 CHEDDAR CHEESE CUP 130 SUNFLOWER KERNELS 620 RED GOLD SALSA CUP 683 UNSWEETENED APPLESAUCE CUP 941 TOSTITOS SCOOPS 100 WHITE MILK <div style="text-align: right;">2413</div>	261 SOY BUTTER & JELLY WG SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK <div style="text-align: right;">2433</div>
ORDER DUE FOR WEEK OF		ORDER DUE FOR WEEK OF		ORDER DUE FOR WEEK OF

Nutritional Development Services - Archdiocese of Philadelphia
 222 North 17th Street, Philadelphia, PA 19103
 Phone: 215-895-3470, OPTION 4 - FAX: 215-895-0832
 AFTERSCHOOLMEALS@NDSARCH.ORG

MEALS CONTAINING HIGHLIGHTED FRESH ITEMS CANNOT BE CHANGED OR CANCELLED.

Milk: Either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk must be served.

REMINDER: Water must be OFFERED every day!

WG = WHOLE GRAIN-RICH

MENU SUBJECT TO CHANGE