APRIL 2023 AFTER SCHOOL COLD SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/3/2023 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 546 CHEESY PIZZA HUMMUS 611 BABY CARROTS PACK 683 UNSWEETENED APPLESAUCE CUP 942 MULTIGRAIN SUNCHIPS 100 WHITE MILK 2402	4/4/2023 136 VANILLA YOGURT 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 345 HONEY SCOOTERS CEREAL 100 WHITE MILK 2407 NO ORDER THIS WEEK	4/5/2023 124 JENNIE-O SMOKE HOUSE TURKEY BREAST STICK 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 611 BABY CARROTS PACK 670 FRESH FRUIT 339 WG ORANGE CRANBERRY MUFFIN 100 WHITE MILK 2430	4/6/2023 404 ITALIAN COMBO WRAP (cheese, Turkey Ham & Turkey Pepperoni, Turkey Salami on WG Tortilla) 631 100 % CHERRY STAR VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 963 MUSTARD 943 RANCH DRESSING 100 WHITE MILK HOLY THURSDAY 2405	4/7/2023 139 CHEDDAR CHEESE CUP 129 HONEY ROASTED SUNFLOWER KERNELS 620 RED GOLD SALSA CUP 670 FRESH FRUIT 941 TOSTITOS SCOOPS 100 WHITE MILK GOOD FRIDAY 2413
4/10/2023 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 543 RED PEPPER HUMMUS 611 BABY CARROTS PACK 683 UNSWEETENED APPLESAUCE CUP 939 HEARTZELS PRETZELS 100 WHITE MILK EASTER MONDAY 2402	4/11/2023 137 PEACH YOGURT 130 SUNFLOWER KERNELS 632 100% WANGO MANGO VEGETABLE JUICE 696 RAISINS 922 BAGGED WG PREMIUM GRANOLA 100 WHITE MILK ORDER DUE FOR WEEK OF MAY 1	4/12/2023 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 611 BABY CARROTS PACK 670 FRESH FRUIT 963 MUSTARD 943 RANCH DRESSING 100 WHITE MILK 2415	4/13/2023 139 CHEDDAR CHEESE CUP 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 708 ROMAINE & SPINACH SALAD W/CHICKPEAS 670 FRESH FRUIT 926 GARDEN SALSA SUNCHIPS 953 FRENCH DRESSING 100 WHITE MILK 2413	4/14/2023 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 129 HONEY ROASTED SUNFLOWER KERNELS 633 SUNSET SIP VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 344 BLUEBERRY CHEX CEREAL 100 WHITE MILK 2402
4/17/2023 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 546 CHEESY PIZZA HUMMUS 611 BABY CARROTS PACK 683 UNSWEETENED APPLESAUCE CUP 941 TOSTITOS SCOOPS 100 WHITE MILK 2402	4/18/2023 133 STRAWBERRY BANANA YOGURT 130 SUNFLOWER KERNELS 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 346 CINNAMON TOAST CRUNCH CEREAL 100 WHITE MILK 2407 ORDER DUE FOR WEEK OF MAY 8	4/19/2023 125 JENNIE-O SWEET BBQ TURKEY BREAST STICK 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 611 BABY CARROTS PACK 684 MIXED BERRY APPLESAUCE CUP 331 WG CORN MUFFIN 100 WHITE MILK 2433	4/20/2023 228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 633 100 % SUNSIP SIP VEGETABLE JUICE 670 FRESH FRUIT 943 RANCH DRESSING 100 WHITE MILK 2405	4/21/2023 139 CHEDDAR CHEESE CUP 129 HONEY ROASTED SUNFLOWER KERNELS 630 100% DRAGON PUNCH VEGETABLE JUICE 697 BAGGED APPLE SLICES 942 MULTIGRAIN SUNCHIPS 100 WHITE MILK 2413
4/24/2023 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 543 RED PEPPER HUMMUS 611 BABY CARROTS PACK 684 MIXED BERRY APPLESAUCE CUP 939 HEARTZELS PRETZELS 100 WHITE MILK 2402	4/25/2023 138 BLUEBERRY YOGURT 130 SUNFLOWER KERNELS 631 100% CHERRY STAR VEGETABLE 696 RAISINS 922 BAGGED WG PREMIUM GRANOLA 100 WHITE MILK 2407 ORDER DUE FOR WEEK OF MAY 15	4/26/2023 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 611 BABY CARROTS PACK 670 FRESH FRUIT 963 MUSTARD 943 RANCH DRESSING 100 WHITE MILK 2415	4/27/2023 139 CHEDDAR CHEESE CUP 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 620 RED GOLD SALSA CUP 697 BAGGED APPLE SLICES 941 TOSTITOS SCOOPS 100 WHITE MILK 2413	4/28/2023 118 LAND O LAKES LIGHT MOZZERELLA STRING CHEESE 129 HONEY ROASTED SUNFLOWER KERNELS 631 100 % CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 347 CINNAMON CHEX CEREAL 100 WHITE MILK 2402

FIRST IN FIRST OUT: MEALS LEFT OVER TODAY WILL BE SERVED TOMORROW

MENU SUBJECT TO CHANGE

Nutritional Development Services - Archdiocese of Philadelphia
222 North 17th Street, Philadelphia, PA 19103
Phone: 215-895-3470, OPTION 4 - FAX: 215-895-0832

MEALS CONTAINING HIGHLIGHTED FRESH ITEMS CANNOT BE CHANGED OR CANCELLED

Milk: Either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk must be served.

REMINDER: Water must be OFFERED every day! **WG=WHOLE GRAIN**

PLEASE READ CAREFULLY: PARENTS ARE STRONGLY ADVISED TO REVIEW THE MENU COMPLETELY TO ENSURE THAT EACH OF THE FOOD ITEMS IS SUITABLE FOR THEIR CHILDREN AND WILL NOT TRIGGER AN ALLERGIC REACTION OR RELATED ILLNESS. THE ARCHDIOCESE OF PHILADELPHIA, NUTRITIONAL DEVELOPMENT SERVICES AND YOUR CHILDREN'S SCHOOL/CENTER SHALL NOT BE RESPONSIBLE FOR ANY ALLERGIC REACTION OR RELATED ILLNESS CAUSED BY ANY FOOD ITEM. UPON REQUEST AND WITHOUT CHARGE, NUTRITIONAL DEVELOPMENT SERVICES WILL PROVIDE PARENTS WITH INFORMATION ON ANY FOOD ITEM WHICH HAS BEEN PROVIDED BY THE SUPPLIERS OF THE FOOD ITEM. TO REQUEST PRODUCT INFORMATION, PLEASE CALL (215) 895-3470 DURING NORMAL BUSINESS HOURS.