

AUGUST 2021 CHILD CARE BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/2/2021	8/3/2021	8/4/2021	8/5/2021	8/6/2021
341 WG VANILLA HONEY BUNCHES OF OATS CEREAL 646 DOLE DICED PEACHES CUP 100 WHITE MILK	339 WG CRANBERRY ORANGE MUFFIN 670 FRESH FRUIT 100 WHITE MILK	338 WG FRENCH TOAST STICKS (individual package) 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	349 CORN CHEX CEREAL 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	332 WG APPLE CINNAMON MUFFIN 607 DOLE DICED MANGO CUP 100 WHITE MILK
8/9/2021	8/10/2021	8/11/2021	8/12/2021	8/13/2021
345 HONEY SCOOTERS CEREAL 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	335 WG BANANA MUFFIN 670 FRESH FRUIT 100 WHITE MILK	343 RICE CHEX CEREAL 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK	802 SCRAMBLED EGGS W/TURKEY HAM (4 servings/container) 634 HASH BROWNS (individual package) 100 WHITE MILK	366 WG BLUEBERRY SLICED BAGEL <i>or</i> 331 WG CORN MUFFIN 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK
8/16/2021	8/17/2021	8/18/2021	8/19/2021	8/20/2021
342 CHEERIOS CEREAL 670 FRESH FRUIT 100 WHITE MILK	339 WG CRANBERRY ORANGE MUFFIN 609 DOLE MIXED FRUIT CUP 100 WHITE MILK	307 PILLSBURY WG CHERRY BAKED FRUDEL (individual package) 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	330 WG BLUEBERRY MUFFIN 644 DOLE DICED PEARS CUP 100 WHITE MILK	347 CINNAMON CHEX CEREAL 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK
8/23/2021	8/24/2021	8/25/2021	8/26/2021	8/27/2021
336 PILLSBURY STRAWBERRY SPLASH MINI WG PANCAKES (individual package) 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK	346 CINNAMON TOAST CRUNCH CEREAL 670 FRESH FRUIT 100 WHITE MILK	367 WG CINNAMON RAISIN SLICED BAGEL <i>or</i> 335 WG BANANA MUFFIN 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	341 WG VANILLA HONEY BUNCHES OF OATS CEREAL 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	331 WG CORN MUFFIN 647 DOLE MANDARIN ORANGES CUP 100 WHITE MILK
8/30/2021	8/31/2021	9/1/2021	9/2/2021	9/3/2021
349 CORN CHEX CEREAL 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	332 WG APPLE CINNAMON MUFFIN 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK	345 HONEY SCOOTERS CEREAL 670 FRESH FRUIT 100 WHITE MILK	803 CHEESE OMELET (individual package) 609 DOLE MIXED FRUIT CUP 100 WHITE MILK	368 WG WHITE SLICED BAGEL <i>or</i> 330 WG BLUEBERRY MUFFIN 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK

MENU SUBJECT TO CHANGE

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER: Water must be OFFERED every day!

WG = WHOLE GRAIN-RICH

Nutritional Development Services - Archdiocese of Philadelphia, 222 North 17th Street, Philadelphia, PA 19103 Phone: 215-895-3470