

APRIL 2021 CHILD CARE HOT LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/5/2021 827 HAMBURGER PATTY 815 MIXED VEGETABLES 809 MASHED POTATOES 904 1/2 SLICE WHEAT BREAD+++ or 914 WHEAT HAMBURGER BUN 100 WHITE MILK	4/6/2021 255 CHEESE STUFFED BREADSTICKS (individual package) 817 BROCCOLI 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	4/7/2021 872 WG BREADED CHICKEN PATTY (2 serv/cont) 865 CHEESY CAULIFLOWER 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	4/8/2021 841 CHEESE RAVIOLI WITH SAUCE (2 serv/cont) 506 CHOPPED ROMAINE SALAD or 822 SPINACH 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	4/9/2021 847 CHEESY CHICKEN, POTATO & BROCCOLI BAKE (2 serv/cont) 506 CHOPPED ROMAINE SALAD or 812 CORN 684 MIXED BERRY APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK
4/12/2021 839 WG MACARONI & CHEESE 815 MIXED VEGETABLES 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	4/13/2021 843 WG BREADED BAKED CHICKEN NUGGETS 864 DICED CARROTS or 611 BABY CARROTS PACK 684 MIXED BERRY APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	4/14/2021 830 WG SPAGHETTI WITH MEATBALLS (2 serv/cont) 825 GREEN BEANS 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	4/15/2021 264 4" X 6" WHOLE GRAIN CHEESE PIZZA (individual package) or 263 5" ROUND WG CHEESE PIZZA (individual package) 506 CHOPPED ROMAINE SALAD or 869 POTATO ROUNDS 697 BAGGED APPLE SLICES 100 WHITE MILK	4/16/2021 849 SWEDISH MEATBALLS 506 CHOPPED ROMAINE SALAD or 817 BROCCOLI 812 CORN 904 1/2 SLICE WHEAT BREAD+++ or 832 SPIRAL NOODLES 100 WHITE MILK
4/19/2021 872 WG BREADED CHICKEN PATTY (2 serv/cont) 867 GARDEN PEAS 809 MASHED POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	4/20/2021 835 FISH STICKS (2 serv/cont) 859 CORN & CARROTS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	4/21/2021 206 VEGGIE BURGER W/POTATO WEDGES (individual package) 825 GREEN BEANS 904 1/2 SLICE WHEAT BREAD+++ or 914 WHEAT HAMBURGER BUN 100 WHITE MILK	4/22/2021 828 MEATLOAF WITH GRAVY (2 serv/cont) 506 CHOPPED ROMAINE SALAD or 865 CHEESY CAULIFLOWER 684 MIXED BERRY APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	4/23/2021 856 CHICKEN PARMESAN (2 serv/cont) 506 CHOPPED ROMAINE SALAD or 822 SPINACH 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK
4/26/2021 857 SLOPPY JOE 864 DICED CARROTS or 611 BABY CARROTS PACK 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ or 914 WHEAT HAMBURGER BUN 100 WHITE MILK	4/27/2021 264 4" X 6" WHOLE GRAIN CHEESE PIZZA (individual package) or 263 5" ROUND WG CHEESE PIZZA (individual package) 869 POTATO ROUNDS 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	4/28/2021 831 WG ROTINI BAKE W/MEAT CRUMBLES & CHEESE (2 serv/cont) 822 SPINACH 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	4/29/2021 843 WG BREADED BAKED CHICKEN NUGGETS 506 CHOPPED ROMAINE SALAD or 815 MIXED VEGETABLES 854 SCALLOPED POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	4/30/2021 839 WG MACARONI & CHEESE 506 CHOPPED ROMAINE SALAD or 817 BROCCOLI 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN-RICH

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER: Water must be OFFERED every day!

Nutritional Development Services-Archdiocese of Philadelphia, 222 N. 17th St., Philadelphia, PA 19103 Phone: 215-895-3470