

MARCH 2021 CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|--|
| 3/1/2021 241 TURKEY HAM & AMERICAN CHEESE ON WG CROISSANT 630 100% DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK | 3/2/2021 261 SOY BUTTER & JELLY WG SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK | 3/3/2021 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 604 DUTCH POTATO SALAD 670 FRESH FRUIT 100 WHITE MILK | 3/4/2021 205 WG POPCORN CHICKEN 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS PACK 670 FRESH FRUIT 100 WHITE MILK | 3/5/2021 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 506 CHOPPED ROMAINE SALAD 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK |
| 3/8/2021 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK | 3/9/2021 251 WG BAKED CHICKEN NUGGETS 630 100% DRAGON PUNCH VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK | 3/10/2021 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 631 100% CHERRY STAR VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK | 3/11/2021 241 TURKEY HAM & AMERICAN CHEESE ON WG CROISSANT 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS PACK 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK | 3/12/2021 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK |
| 3/15/2021 205 WG POPCORN CHICKEN 632 100% WANGO MANGO VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK | 3/16/2021 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK | 3/17/2021 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 604 DUTCH POTATO SALAD 697 BAGGED APPLE SLICES 100 WHITE MILK Saint Patrick's Day | 3/18/2021 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS PACK 670 FRESH FRUIT 100 WHITE MILK | 3/19/2021 241 TURKEY HAM & AMERICAN CHEESE ON WG CROISSANT 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK |
| 3/22/2021 251 WG BAKED CHICKEN NUGGETS 631 100% CHERRY STAR VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK | 3/23/2021 241 TURKEY HAM & AMERICAN CHEESE ON WG CROISSANT 632 100% WANGO MANGO VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK | 3/24/2021 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK | 3/25/2021 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS PACK 670 FRESH FRUIT 100 WHITE MILK | 3/26/2021 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 506 CHOPPED ROMAINE SALAD 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK |
| 3/29/2021 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK | 3/30/2021 205 WG POPCORN CHICKEN 630 100% DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK | 3/31/2021 241 TURKEY HAM & AMERICAN CHEESE ON WG CROISSANT 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK | 4/1/2021 272 FOUR CHEESE WG PANINI 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS PACK 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK Holy Thursday | 4/2/2021 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 697 BAGGED APPLE SLICES 100 WHITE MILK Good Friday |

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

Nutritional Development Services - Archdiocese of Philadelphia, 222 North 17th Street, Philadelphia, PA 19103 Phone: 215-895-3470

MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN-RICH