

FEBRUARY 2021 CHILD CARE SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/1/2021 936 WG VANILLA BEAR GRAHAMS 138 BLUEBERRY YOGURT	2/2/2021 988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK	2/3/2021 931 WHOLE GRAIN ANIMAL CRACKERS 136 VANILLA YOGURT	2/4/2021 928 PEPPERIDGE FARM WG GOLDFISH PRETZELS <i>or</i> 939 HEARTZELS PRETZELS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE)	2/5/2021 933 SWEET POTATO CRISPY WG CRACKERS 752 100% FRUIT JUICE BLEND (4 OUNCE) 444 100% FRUIT JUICE BLEND (6 OUNCE)
2/8/2021 929 WG KEEBLER CINNAMON ELF GRAHAMS 133 STRAWBERRY BANANA YOGURT	2/9/2021 989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK	2/10/2021 934 WG DINO BITES GRAHAMS 134 CHERRY VANILLA YOGURT	2/11/2021 927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 748 100% GRAPE JUICE (4 OUNCE) 441 100% GRAPE JUICE (6 OUNCE)	2/12/2021 930 WG CHEEZ-IT BAKED CRACKERS <i>or</i> 926 GARDEN SALSA SUNCHIPS 749 100% APPLE CHERRY JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE)
2/15/2021 931 WHOLE GRAIN ANIMAL CRACKERS 137 PEACH YOGURT	2/16/2021 988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK	2/17/2021 928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 753 100% ORANGE JUICE (4 OUNCE) 442 100% ORANGE JUICE (6 OUNCE)	2/18/2021 937 WG APPLE CINNAMON BEAR GRAHAMS 138 BLUEBERRY YOGURT	Chinese New Year 2/19/2021 938 WG SAVORY BITES WHEAT CRACKERS <i>or</i> 942 MULTIGRAIN SUNCHIPS 139 CHEDDAR CHEESE CUP <i>or</i> 543 RED PEPPER HUMMUS
Presidents' Day 2/22/2021 935 WG ALL SPORTS GRAHAMS 136 VANILLA YOGURT	2/23/2021 989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK	Ash Wednesday 2/24/2021 936 WG VANILLA BEAR GRAHAMS 133 STRAWBERRY BANANA YOGURT	2/25/2021 927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE)	2/26/2021 930 WG CHEEZ-IT BAKED CRACKERS <i>or</i> 940 PRETZELS & CHEDDAR SUNCHIPS MIX 752 100% FRUIT JUICE BLEND (4 OUNCE) 444 100% FRUIT JUICE BLEND (6 OUNCE)

SERVE 4 OUNCE JUICE TO CHILDREN AGES 1 THROUGH 5. SERVE 6 OUNCE JUICE TO CHILDREN AGE 6 & OLDER.

WHEN SERVING A GRAIN WITH YOGURT, SOY BUTTER CUP, HUMMUS OR CHEDDAR CHEESE CUP, YOU ARE ENCOURAGED TO SERVE WATER; NEITHER JUICE NOR MILK ARE PROVIDED FOR THESE SNACKS.

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

MENU SUBJECT TO CHANGE WG = WHOLE GRAIN-RICH REMINDER! Water must be OFFERED every day!

Nutritional Development Services - Archdiocese of Philadelphia, 222 N. 17th Street, Philadelphia, PA 19103 Phone: 215-895-3470