



January 2021



High School Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Nutritional Development Services Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.</p> <hr/> <p>Archdiocese of Philadelphia 222 N. 17th Street Philadelphia, PA 19103 215-895-3470</p> <p> SchoolMealsNDS NDSSchoolLunchProgram SchoolMealsNDS</p> <p>www.nutritionaldevelopmentservices.org</p> <p>PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.</p>	<p>4 263 5" Round Cheese Pizza 634 Hash Browns 631 Cherry Star Vegetable Juice 684 Mixed Berry Applesauce 690 Apple Crisps 990 Chocolate Chip Cookie</p>	<p>5 252 Cheeseburger Macaroni 623 Broccoli 632 Wango Mango Vegetable Juice 658 Cherry Craisins 608 Dole Tropical Fruit Cup 901 Honey Biscuit</p>	<p>6 253 Hot Dog with French Fries 603 Maple Baked Beans 691 Strawberry Apple Crisps 659 Watermelon Craisins 907 Hot Dog Bun</p>	<p>7 482 Grilled Chicken Filet 624 Garlic Green Beans 611 Bagged Baby Carrots 541 Chocolate Hummus 445 Mott's Fruit Punch Juice 658 Cherry Craisins 914 Hamburger Bun</p>	<p>8 294 Meatballs with Tomato Sauce 624 Garlic Green Beans 609 Dole Mixed Fruit Cup 446 Mott's Apple Juice 907 Hot Dog Bun</p>
	<p>11 217 Teriyaki Chicken with Brown Rice 603 Maple Baked Beans 632 Wango Mango Vegetable Juice 690 Apple Crisps 609 Dole Mixed Fruit Cup 903 Maple Biscuit</p>	<p>12 481 Hamburger 704 French Fries 631 Cherry Star Vegetable Juice 684 Mixed Berry Applesauce 658 Cherry Craisins 914 Hamburger Bun</p>	<p>13 269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds 636 Fiesta Corn 630 Dragon Punch Vegetable Juice 691 Strawberry Apple Crisps 685 Rosati Water Ice 992 Oatmeal Cookie</p>	<p>14 221 Two Cheese & Chicken Quesadilla 620 Salsa 623 Broccoli 608 Dole Tropical Fruit Cup 446 Mott's Apple Juice 941 Tostitos Scoops</p>	<p>15 226 Philly Cheesesteak Pinwheel 622 Marinara 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 659 Watermelon Craisins 447 Mott's Apple White Grape Juice</p>
	<p>18 Martin Luther King Jr. Day</p> <p>25 204 Chicken Parmesan 623 Broccoli 611 Bagged Baby Carrots 647 Dole Mandarin Orange Cup 446 Mott's Apple Juice 914 Hamburger Bun</p>	<p>19 275 BBQ Chicken Filet 611 Bagged Baby Carrots 545 Cranberry Orange Hummus 632 Wango Mango Vegetable Juice 684 Mixed Berry Applesauce 658 Cherry Craisins 914 Hamburger Bun</p> <p>26 215 Beef & Cheese Taco 639 Corn 631 Cherry Star Vegetable Juice 609 Dole Mixed Fruit Cup 691 Strawberry Apple Crisps</p>	<p>20 253 Hot Dog with French Fries 603 Maple Baked Beans 658 Cherry Craisins 446 Mott's Apple Juice 907 Hot Dog Bun</p> <p>27 292 Penne Pasta with Meat Sauce 623 Broccoli 445 Mott's Fruit Punch Juice 659 Watermelon Craisins 903 Maple Biscuit</p>	<p>21 286 Meatloaf with Gravy 610 Mashed Potatoes 630 Dragon Punch Vegetable Juice 694 Kiwi Strawberry Sidekick 691 Strawberry Apple Crisps 901 Honey Biscuit</p> <p>28 205 Popcorn Chicken 603 Maple Baked Beans 630 Dragon Punch Vegetable Juice 684 Mixed Berry Applesauce 659 Watermelon Craisins 928 Goldfish Pretzels</p>	<p>22 234 Chicken Tenders with Potato Wedges 623 Broccoli 608 Dole Tropical Fruit Cup 447 Mott's Apple White Grape Juice 941 Tostitos Scoops 620 Salsa</p> <p>29 264 4x6" Cheese Pizza 634 Hash Browns 631 Cherry Star Vegetable Juice 690 Apple Crisps 694 Kiwi Strawberry Sidekick 932 Cinnamon Scooby Snacks</p>