

Monday

Tuesday

Wednesday

Thursday

Friday

1

Happy New Year's Day!

4
Beef Bologna & Cheese on Wheat Bread
Bagged Baby Carrots
Cherry Star Vegetable Juice
Fresh Fruit
Mixed Berry Applesauce
Chocolate Chip Cookie
Milk

5
Grilled Chicken & Lettuce on a Whole Grain Bun
Celery Stix
Wango Mango Vegetable Juice
Fresh Fruit
Dole Tropical Fruit Cup
Milk

6
Macaroni Pasta Salad with Tuna
Fresh Spinach
Dragon Punch Vegetable Juice
Fresh Fruit
Strawberry Apple Crisps
Breadstick
Milk

7
American Hoagie on a Whole Grain Roll
Potato Salad
Bagged Baby Carrots
Fresh Fruit
Mott's Fruit Punch Juice
Milk

8
Turkey Cheese on Wheat Bread
Black Bean & Corn Salad
Wango Mango Vegetable Juice
Fresh Fruit
Dole Mixed Fruit Cup
Milk

11
Roast Beef & Cheese on Wheat Bread
Three Bean Salad
Wango Mango Vegetable Juice
Fresh Fruit
Dole Mixed Fruit Cup
Milk

12
Roasted Chicken & Tortellini Salad
Romaine Mix
Cherry Star Vegetable Juice
Fresh Fruit
Mixed Berry Applesauce
Dinner Roll
Milk

13
Chicken Salad on a Whole Grain Bun
Diced Tomato Salad
Dragon Punch Vegetable Juice
Fresh Fruit
Strawberry Apple Crisps
Milk

14
American Cheese Hoagie on a Whole Grain Hoagie Roll
Fiesta Corn Salsa
Fresh Fruit
Dole Tropical Fruit Cup
Tostitos Scoops
Salsa

15
Chipotle Turkey Wrap on a Whole Grain Tortilla
Cucumber Salad
Bagged Baby Carrots
Fresh Fruit
Mott's Apple White Grape Juice
Milk

18
Martin Luther King Jr. Day

19
Turkey Ham & Cheese on Wheat Bread
White Bean Salad
Wango Mango Vegetable Juice
Fresh Fruit
Cherry Craisins
Milk

20
Tuna Salad
Potato Salad
Dragon Punch Vegetable Juice
Fresh Fruit
Mott's Apple Juice
Whole Grain Flatbread
Milk

21
Pizza Protein Pack with Sauce & Cheese
Bagged Baby Carrots
Dragon Punch Vegetable Juice
Fresh Fruit
Strawberry Apple Crisps
Whole Grain Flatbread
Milk

22
Chicken Strawberry Salad
Fresh Spinach
Fresh Fruit
Dole Tropical Fruit Cup
Dinner Roll
Tostitos Scoops
Salsa
Milk

25
Turkey & Cheese on Wheat Bread
Black Bean & Corn Salad
Bagged Baby Carrots
Fresh Fruit
Mott's Apple Juice
Milk

26
Chicken Salad on a Pretzel Roll
Cole Slaw
Cherry Star Vegetable Juice
Fresh Fruit
Dole Mixed Fruit Cup
Milk

27
Southwest Chicken Fajita Wrap on a Whole Grain Tortilla
Fiesta Corn Salsa
Wango Mango Vegetable Juice
Fresh Fruit
Mott's Fruit Punch Juice
Milk

28
Taco Salad
Romaine Mix
Dragon Punch Vegetable Juice
Fresh Fruit
Mixed Berry Applesauce
Tortilla Chips
Milk

29
Chicken Caesar Wrap on a Whole Grain Tortilla
Carrot Raisin Salad
Cherry Star Vegetable Juice
Fresh Fruit
Apple Crisps
Cinnamon Scooby Snacks
Milk

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.