

JANUARY 2021

"Eat healthy food to bring up your mood!" by Nadia, grade 7
From St. Peter the Apostle School

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday

Tuesday

Wednesday

Thursday

Friday

263 5" Round Cheese Pizza
631 Cherry Star Vegetable Juice
749 Apple-Cherry Juice
990 Chocolate Chip Cookie

252 Cheeseburger Macaroni
623 Broccoli
632 Wango Mango Vegetable Juice
658 Cherry Craisins

253 Hot Dog with French Fries
603 Maple Baked Beans
691 Strawberry Apple Crisps
907 Hot Dog Bun

210 Crispy Chicken Filet
611 Bagged Baby Carrots
541 Chocolate Hummus
752 Fruit Punch Juice
914 Hamburger Bun

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Happy New Year's Day!

294 Meatballs with Sauce
624 Garlic Green Beans
609 Dole Mixed Fruit Cup
907 Hot Dog Bun

217 Teriyaki Chicken with Brown Rice
603 Maple Baked Beans
632 Wango Mango Vegetable Juice
690 Apple Crisps

200 Hamburger
704 French Fries
684 Mixed Berry Applesauce
914 Hamburger Bun

269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds
630 Dragon Punch Vegetable Juice
685 Rosati Water Ice
992 Oatmeal Cookie

221 Two Cheese Chicken Quesadilla
620 Salsa
623 Broccoli
608 Dole Tropical Fruit Cup
941 Tostitos Scoops

226 Philly Cheesesteak Pinwheel
611 Bagged Baby Carrots
546 Cheesy Pizza Hummus
749 Apple-Cherry Juice

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Martin Luther King Jr. Day

275 BBQ Chicken Filet
611 Bagged Baby Carrots
545 Cranberry Orange Hummus
684 Mixed Berry Applesauce
914 Hamburger Bun

253 Hot Dog with French Fries
603 Maple Baked Beans
658 Cherry Craisins
907 Hot Dog Bun

286 Meatloaf with Gravy
610 Mashed Potatoes
630 Dragon Punch Vegetable Juice
694 Kiwi Strawberry Sidekick
901 Honey Biscuit

224 Chicken Tenders with Potato Wedges
620 Salsa
749 Apple-Cherry Juice
941 Tostitos Scoops

204 Chicken Parmesan
623 Broccoli
647 Dole Mandarin Orange Cup
914 Hamburger Bun

215 Beef & Cheese Taco
639 Corn
631 Cherry Star Vegetable Juice
691 Strawberry Apple Crisps

292 Penne Pasta with Meat Sauce
752 Fruit Punch Juice
903 Maple Biscuit

205 Popcorn Chicken
603 Maple Baked Beans
630 Dragon Punch Vegetable Juice
659 Watermelon Craisins
928 Goldfish Pretzels

264 4x6" Cheese Pizza
634 Hash Browns
694 Kiwi Strawberry Sidekick
932 Cinnamon Scooby Snacks

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.