



# JANUARY 2021

## Elementary

**Nutritional Development Services**

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**1**

**Happy New Year's Day!**

334 Cinnamon Toast Crunch Cereal **4**  
 752 Fruit Punch Juice  
 658 Cherry Craisins  
 Pre-K: 346 Cinnamon Toast Crunch Cereal

329 Trix Cereal Bar **5**  
 749 Apple-Cherry Juice  
 691 Strawberry Apple Crisps  
 Pre-K: 339 Orange Cranberry Muffin

323 Apple Cinnamon Muffin **6**  
 697 Bagged Sliced Apples  
 753 Orange Juice  
 Pre-K: 341 Honey Bunches of Oats

367 Cinnamon Raisin Bagel **7**  
 684 Mixed Berry Applesauce  
 748 Grape Juice  
 Pre-K: 349 Corn Chex

307 Cherry Baked Frudel **8**  
**OR**  
 319 Orange Cranberry Muffin  
 750 Apple Juice  
 647 Dole Mandarin Orange Cup  
 Pre-K: 332 Apple Cinnamon Muffin

328 Chocolate Chip Muffin **11**  
 659 Watermelon Craisins  
 748 Grape Juice  
 Pre-K: 342 Cheerios

325 Cinnamon Chex Cup **12**  
 684 Mixed Berry Applesauce  
 749 Apple-Cherry Juice  
 Pre-K: 330 Blueberry Muffin

369 Pillsbury Berry Blast Mini French Toast **13**  
 750 Apple Juice  
 690 Apple Crisps  
 Pre-K: 343 Rice Chex

321 Banana Muffin **14**  
 608 Dole Tropical Fruit Cup  
 752 Fruit Punch Juice  
 Pre-K: 368 Plain Bagel

366 Blueberry Bagel **15**  
**OR**  
 302 Egg, Cheese & Turkey Sausage Breakfast Wrap  
 658 Cherry Craisins  
 753 Orange Juice  
 Pre-K: 331 Corn Muffin

**18**  
**Martin Luther King Jr. Day**

309 Apple Jammer **19**  
 658 Cherry Craisins  
 753 Orange Juice  
 Pre-K: 345 Honey Scooters

334 Cinnamon Toast Crunch Cereal **20**  
 691 Strawberry Apple Crisps  
 750 Apple Juice  
 Pre-K: 335 Banana Muffin

323 Apple Cinnamon Muffin **21**  
 609 Dole Mixed Fruit Cup  
 749 Apple-Cherry Juice  
 Pre-K: 341 Honey Bunches of Oats

327 Pillsbury Maple Mini Waffles **22**  
 659 Watermelon Craisins  
 748 Grape Juice  
 Pre-K: 339 Orange Cranberry Muffin

325 Cinnamon Chex Cup **25**  
 690 Apple Crisps  
 748 Grape Juice  
 Pre-K: 367 Cinnamon Raisin Bagel

328 Chocolate Chip Muffin **26**  
 647 Dole Mandarin Orange Cup  
 749 Apple-Cherry Juice  
 Pre-K: 347 Cinnamon Chex

368 Plain Bagel **27**  
 658 Cherry Craisins  
 750 Apple Juice  
 Pre-K: 332 Apple Cinnamon Muffin

369 Pillsbury Berry Blast Mini French Toast **28**  
 684 Mixed Berry Applesauce  
 752 Fruit Punch Juice  
 Pre-K: 342 Cheerios

319 Orange Cranberry Muffin **29**  
 691 Strawberry Apple Crisps  
 753 Orange Juice  
 Pre-K: 330 Blueberry Muffin

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and

will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.