



February 2021



High School Lunch

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Archdiocese of Philadelphia
222 N. 17th Street
Philadelphia, PA 19103
215-895-3470

SchoolMealsNDS

NDSSchoolLunchProgram

SchoolMealsNDS

www.nutritionaldevelopmentservices.org

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 253 Hot Dog with French Fries 603 Maple Baked Beans 690 Apple Crisps 445 Mott's Fruit Punch Juice 907 Hot Dog Bun</p>	<p>2 481 Hamburger 639 Corn 630 Dragon Punch Vegetable Juice 695 Strawberry-Mango Sidekick 684 Mixed Berry Applesauce 914 Hamburger Bun</p>	<p>3 255 Cheese Stuffed Breadsticks 622 Marinara Sauce 631 Cherry Star Vegetable Juice 658 Cherry Craisins 609 Dole Mixed Fruit Cup</p>	<p>4 269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds 623 Broccoli 611 Bagged Baby Carrots 691 Strawberry Apple Crisps 447 Mott's Apple White Grape Juice 992 Oatmeal Cookie</p>	<p>5 211 Sloppy Joe 610 Mashed Potatoes 609 Dole Mixed Fruit Cup 446 Mott's Apple Juice 914 Hamburger Bun</p>
<p>8 274 Curly Cheesy Lasagna 631 Cherry Star Vegetable Juice 684 Mixed Berry Applesauce 447 Mott's Apple White Grape Juice 908 Dinner Roll</p>	<p>9 205 Popcorn Chicken 704 French Fries 690 Apple Crisps 445 Mott's Fruit Punch Juice 941 Tostitos Scoops 540 Garlic Hummus</p>	<p>10 263 5" Round Cheese Pizza 624 Garlic Green Beans 611 Bagged Baby Carrots 684 Mixed Berry Applesauce 446 Mott's Apple Juice 932 Cinnamon Scooby Snacks</p>	<p>11 289 Pancakes with Sausage 634 Hash Browns 630 Dragon Punch Vegetable Juice 659 Watermelon Craisins 691 Strawberry Apple Crisps</p>	<p>12 482 Grilled Chicken Filet 623 Broccoli 633 Sunset Sip Vegetable Juice 608 Dole Tropical Fruit Cup 658 Cherry Craisins 914 Hamburger Bun</p>
<p>15 294 Meatballs with Tomato Sauce 624 Garlic Green Beans 609 Dole Mixed Fruit Cup 446 Mott's Apple Juice 907 Hot Dog Bun</p>	<p>16 253 Hot Dog with French Fries 603 Maple Baked Beans 691 Strawberry Apple Crisps 659 Watermelon Craisins 907 Hot Dog Bun</p>	<p>17 203 Macaroni & Cheese 623 Broccoli 632 Wango Mango Vegetable Juice 658 Cherry Craisins 608 Dole Tropical Fruit Cup 901 Honey Biscuit</p>	<p>18 482 Grilled Chicken Filet 624 Garlic Green Beans 611 Bagged Baby Carrots 541 Chocolate Hummus 658 Cherry Craisins 445 Mott's Fruit Punch Juice 914 Hamburger Bun</p>	<p>19 263 5" Round Cheese Pizza 634 Hash Browns 631 Cherry Star Vegetable Juice 684 Mixed Berry Applesauce 690 Apple Crisps 990 Chocolate Chip Cookie</p>
<p>22 217 Teriyaki Chicken with Brown Rice 603 Maple Baked Beans 632 Wango Mango Vegetable Juice 609 Dole Mixed Fruit Cup 690 Apple Crisps 903 Maple Biscuit</p>	<p>23 481 Hamburger 704 French Fries 631 Cherry Star Vegetable Juice 684 Mixed Berry Applesauce 658 Cherry Craisins 914 Hamburger Bun</p>	<p>24 269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds 636 Fiesta Corn 630 Dragon Punch Vegetable Juice 691 Strawberry Apple Crisps 685 Rosati Water Ice 992 Oatmeal Cookie</p>	<p>25 221 Two Cheese Chicken Quesadilla 620 Salsa 623 Broccoli 608 Dole Tropical Fruit Cup 446 Mott's Apple Juice 941 Tostitos Scoops</p>	<p>26 218 Mozzarella Pinwheel 622 Marinara 611 Bagged baby Carrots 546 Cheesy Pizza Hummus 659 Watermelon Craisins 447 Mott's Apple White Grape Juice</p>