

JANUARY 2021 CHILD CARE HOT LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1/4/2021</p> <p>827 HAMBURGER PATTY 815 MIXED VEGETABLES 809 MASHED POTATOES 904 1/2 SLICE WHEAT BREAD+++ <i>or</i> 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p>	<p>1/5/2021</p> <p>255 CHEESE STUFFED BREADSTICKS (individual package) 817 BROCCOLI 683 UNSWEETENED APPLESauce CUP 100 WHITE MILK</p>	<p>1/6/2021</p> <p>872 WG BREADED CHICKEN PATTY (2 serv/cont) 865 CHEESY CAULIFLOWER 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>1/7/2021</p> <p>841 CHEESE RAVIOLI WITH SAUCE (2 serv/cont) 506 CHOPPED ROMAINE SALAD <i>or</i> 822 SPINACH 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>1/8/2021</p> <p>847 CHEESY CHICKEN, POTATO & BROCCOLI BAKE (2 serv/cont) 506 CHOPPED ROMAINE SALAD <i>or</i> 812 CORN 684 MIXED BERRY APPLESauce CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>
<p>1/11/2021</p> <p>272 FOUR CHEESE WG PANINI (individual package) 815 MIXED VEGETABLES 670 FRESH FRUIT 100 WHITE MILK</p>	<p>1/12/2021</p> <p>843 WG BREADED BAKED CHICKEN NUGGETS 864 DICED CARROTS <i>or</i> 611 BABY CARROTS PACK 684 MIXED BERRY APPLESauce CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>1/13/2021</p> <p>831 WG ROTINI BAKE W/MEAT CRUMBLES & CHEESE (2 serv/cont) 825 GREEN BEANS 683 UNSWEETENED APPLESauce CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>1/14/2021</p> <p>264 4" X 6" WHOLE GRAIN CHEESE PIZZA (individual package) <i>or</i> 263 5" ROUND WG CHEESE PIZZA (individual package) 506 CHOPPED ROMAINE SALAD <i>or</i> 869 POTATO ROUNDS 697 BAGGED APPLE SLICES 100 WHITE MILK</p>	<p>1/15/2021</p> <p>849 SWEDISH MEATBALLS 506 CHOPPED ROMAINE SALAD <i>or</i> 817 BROCCOLI 812 CORN 904 1/2 SLICE WHEAT BREAD+++ <i>or</i> 832 SPIRAL NOODLES 100 WHITE MILK</p>
<p>1/18/2021</p> <p>872 WG BREADED CHICKEN PATTY (2 serv/cont) 867 GARDEN PEAS 866 ROASTED SWEET POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p>Martin Luther King, Jr. Day</p>	<p>1/19/2021</p> <p>835 FISH STICKS (2 serv/cont) 859 CORN & CARROTS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>1/20/2021</p> <p>206 VEGGIE BURGER W/POTATO WEDGES (individual package) 825 GREEN BEANS 904 1/2 SLICE WHEAT BREAD+++ <i>or</i> 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p>	<p>1/21/2021</p> <p>828 MEATLOAF WITH GRAVY (2 serv/cont) 865 CHEESY CAULIFLOWER 684 MIXED BERRY APPLESauce CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>1/22/2021</p> <p>856 CHICKEN PARMESAN (2 serv/cont) 822 SPINACH 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>
<p>1/25/2021</p> <p>857 SLOPPY JOE 864 DICED CARROTS <i>or</i> 611 BABY CARROTS PACK 683 UNSWEETENED APPLESauce CUP 904 1/2 SLICE WHEAT BREAD+++ <i>or</i> 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p>	<p>1/26/2021</p> <p>264 4" X 6" WHOLE GRAIN CHEESE PIZZA (individual package) <i>or</i> 263 5" ROUND WG CHEESE PIZZA (individual package) 869 POTATO ROUNDS 697 BAGGED APPLE SLICES 100 WHITE MILK</p>	<p>1/27/2021</p> <p>830 WG SPAGHETTI WITH MEATBALLS (2 serv/cont) 822 SPINACH 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>1/28/2021</p> <p>843 WG BREADED BAKED CHICKEN NUGGETS 506 CHOPPED ROMAINE SALAD <i>or</i> 815 MIXED VEGETABLES 854 SCALLOPED POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>1/29/2021</p> <p>839 WG MACARONI & CHEESE 506 CHOPPED ROMAINE SALAD <i>or</i> 817 BROCCOLI 684 MIXED BERRY APPLESauce CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN-RICH

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

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